

Alterklassen

14. Oktober 2007

edrukt 14.10.2007 16:41:31

Klasse M20

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-----------------------|----|-----|-----------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1 | Koch, Stefan | 84 | | TV Wattenscheid | 1 | 1 | 2:17:17 | 2:17:17 | 1:07:43 | 1:09:33 | 3:15 |
| 2 | 1013 | Petersen, Kevin | 85 | | *Essen | 3 | 3 | 2:34:47 | 2:34:48 | 1:13:40 | 1:21:07 | 3:40 |
| 3 | 1847 | Bergermann, Matthias | 80 | | EVONIK | 33 | 35 | 2:55:23 | 2:55:25 | 1:27:58 | 1:27:25 | 4:09 |
| 4 | 1221 | Schneider, Daniel | 84 | | TVK 1877 Essen | 34 | 36 | 2:55:26 | 2:55:35 | 1:28:54 | 1:26:31 | 4:09 |
| 5 | 772 | Baltes, Andre | 80 | | TSV Dieringhausen | 35 | 37 | 2:55:47 | 2:55:50 | 1:27:31 | 1:28:16 | 4:10 |
| 6 | 1143 | Stadie, René | 81 | | TuS Sythen | 41 | 43 | 2:56:42 | 2:56:43 | 1:26:36 | 1:30:06 | 4:11 |
| 7 | 300 | Brouwer, Philipp | 82 | | TB Burgsteinfurt | 55 | 58 | 2:58:50 | 2:59:00 | 1:28:53 | 1:29:57 | 4:14 |
| 8 | 956 | Korsten, Björn | 80 | | *Kempen | 108 | 112 | 3:06:12 | 3:06:24 | 1:28:52 | 1:37:20 | 4:25 |
| 9 | 1057 | Laukötter, Tobias | 81 | | SuS Westenholz | 119 | 125 | 3:07:35 | 3:07:44 | 1:29:23 | 1:38:12 | 4:27 |
| 10 | 2468 | Freyther, Roland | 81 | | SF Nordvelen | 206 | 216 | 3:16:59 | 3:17:11 | 1:38:53 | 1:38:05 | 4:40 |
| 11 | 2503 | Rüsenberg, Michael | 83 | | TV 1895 Steinheim | 228 | 242 | 3:19:04 | 3:19:14 | 1:35:29 | 1:43:35 | 4:43 |
| 12 | 1814 | Reuß, Alexander | 79 | | *Essen | 239 | 255 | 3:20:36 | 3:20:49 | 1:29:00 | 1:51:36 | 4:45 |
| 13 | 839 | Beckers, Denis | 80 | | Triathlonfreunde Waldfeucht | 296 | 316 | 3:24:48 | 3:25:14 | 1:37:24 | 1:47:23 | 4:51 |
| 14 | 1144 | Brief, Sebastian | 83 | | Runner Shop | 432 | 465 | 3:33:38 | 3:34:10 | 1:44:06 | 1:49:32 | 5:04 |
| 15 | 1672 | HAMSCH, BEN | 79 | | *Bochum | 439 | 474 | 3:34:28 | 3:35:01 | 1:42:11 | 1:52:17 | 5:05 |
| 16 | 1725 | Grundmann, Till | 78 | | *Essen | 445 | 480 | 3:34:54 | 3:35:18 | 1:44:31 | 1:50:23 | 5:06 |
| 17 | 1206 | Munzner, Sven | 79 | | DLRG LGDR-Werne | 460 | 496 | 3:36:23 | 3:36:53 | 1:44:25 | 1:51:58 | 5:08 |
| 18 | 329 | Pamp, Daniel | 78 | | LGO Bochum | 463 | 499 | 3:36:37 | 3:36:59 | 1:44:32 | 1:52:04 | 5:08 |
| 19 | 762 | Wiegering, Jörg | 78 | | Erlar Sportgemeinschaft | 486 | 524 | 3:38:04 | 3:38:30 | 1:43:12 | 1:54:51 | 5:10 |
| 20 | 751 | Gilles, Gereon | 80 | | VFR Unterbruch LG | 504 | 542 | 3:38:55 | 3:39:39 | 1:49:43 | 1:49:12 | 5:11 |
| 21 | 2069 | Bienert, Florian | 81 | | LC 92 Bad Salzuflen | 567 | 613 | 3:42:31 | 3:42:55 | 1:44:15 | 1:58:15 | 5:16 |
| 22 | 2473 | Truhlar, Markus | 78 | | *Duisburg | 587 | 634 | 3:43:24 | 3:44:07 | 1:51:09 | 1:52:15 | 5:18 |
| 23 | 840 | Straten, Dr. Matthias | 80 | | Sportive Sparflamme | 588 | 635 | 3:43:26 | 3:48:21 | 1:49:50 | 1:53:36 | 5:18 |
| 24 | 904 | Hüther, Timon | 82 | | *Essen | 600 | 648 | 3:43:53 | 3:44:21 | 1:44:14 | 1:59:39 | 5:18 |
| 25 | 2529 | Angenendt, Matthias | 83 | | *Xanten | 635 | 691 | 3:45:43 | 3:46:06 | 1:38:19 | 2:07:23 | 5:21 |
| 26 | 2417 | Zlocki, Adrian | 78 | | *Aachen | 662 | 718 | 3:47:19 | 3:48:21 | 1:39:12 | 2:08:06 | 5:23 |
| 27 | 2065 | Meis, Daniel | 80 | | Solinger LC | 668 | 724 | 3:47:40 | 3:48:55 | 1:50:35 | 1:57:04 | 5:24 |
| 28 | 1272 | Antonietti, Patrick | 87 | | *Bodenheim | 689 | 750 | 3:49:02 | 3:49:23 | 1:46:39 | 2:02:23 | 5:26 |
| 29 | 1958 | Schilling, Wolfgang | 79 | | *Bochum | 774 | 853 | 3:54:54 | 3:54:57 | 1:45:27 | 2:09:26 | 5:34 |
| 30 | 872 | Kipp, Andreas | 82 | | *Essen | 793 | 877 | 3:55:55 | 3:56:38 | 1:51:06 | 2:04:49 | 5:35 |
| 31 | 2458 | Fingerhut, Marcel | 81 | | *Mülheim | 807 | 896 | 3:56:30 | 3:57:16 | 1:51:26 | 2:05:04 | 5:36 |
| 32 | 1244 | Neuhaus, Benjamin | 85 | | LT Turnerbund Frintrop 03 | 828 | 922 | 3:57:22 | 3:57:58 | 1:54:51 | 2:02:30 | 5:38 |
| 33 | 2124 | Müller, Jan-Kristof | 79 | | *Witten | 834 | 929 | 3:57:26 | 3:58:48 | 1:58:45 | 1:58:40 | 5:38 |
| 34 | 1467 | Dopierala, Manuel | 79 | | EVONIK | 854 | 952 | 3:58:05 | 3:59:10 | 1:57:52 | 2:00:13 | 5:39 |
| 35 | 1289 | Bruns, Andi | 79 | | LT Cloversoft | 878 | 979 | 3:59:03 | 4:00:06 | 1:55:48 | 2:03:15 | 5:40 |
| 36 | 1982 | Allhoff, Patrick | 78 | | SV Holzen | 898 | 1000 | 4:00:10 | 4:00:38 | 1:43:57 | 2:16:12 | 5:42 |
| 37 | 1730 | Finocchiaro, Daniel | 78 | | Dream-Team-MG | 956 | 1068 | 4:05:19 | 4:06:10 | 1:52:51 | 2:12:28 | 5:49 |
| 38 | 1529 | Kutsch, Ingo | 78 | | EVONIK | 963 | 1077 | 4:06:17 | 4:06:39 | 1:42:42 | 2:23:35 | 5:50 |
| 39 | 756 | Resch, Nico | 83 | | *Marl | 1013 | 1137 | 4:10:35 | 4:11:41 | 1:58:44 | 2:11:51 | 5:56 |
| 40 | 1700 | Walendy, Andreas | 82 | | *Hilden | 1031 | 1160 | 4:11:53 | 4:13:28 | 2:04:19 | 2:07:34 | 5:58 |
| 41 | 1097 | van de Reydt, Ingo | 78 | | Team Die Happy | 1084 | 1228 | 4:17:42 | 4:19:13 | 2:04:41 | 2:13:00 | 6:06 |
| 42 | 1126 | Eilebrecht, Sebastian | 79 | | *Hattingen | 1090 | 1236 | 4:18:25 | 4:20:15 | 2:04:36 | 2:13:49 | 6:07 |
| 43 | 2490 | Overhamm, Philipp | 81 | | *Düsseldorf | 1133 | 1291 | 4:22:58 | 4:23:33 | 2:03:41 | 2:19:16 | 6:14 |
| 44 | 1243 | Hötting, Marco | 86 | | *Essen | 1156 | 1318 | 4:26:11 | 4:27:10 | 2:07:06 | 2:19:05 | 6:19 |
| 45 | 1173 | Malik, Martin | 83 | | *Oberhausen | 1157 | 1319 | 4:26:19 | 4:27:04 | 1:58:48 | 2:27:30 | 6:19 |
| 46 | 1309 | Burghardt, Lars | 82 | | *Gießen | 1159 | 1321 | 4:26:32 | 4:27:51 | 2:07:45 | 2:18:47 | 6:19 |
| 47 | 992 | Simonovici, Alexander | 81 | | *Dortmund | 1172 | 1334 | 4:27:39 | 4:29:30 | 2:09:02 | 2:18:37 | 6:21 |
| 48 | 747 | Witulski, Sven | 81 | | *Essen | 1175 | 1341 | 4:28:01 | 4:29:55 | 2:13:20 | 2:14:41 | 6:21 |
| 49 | 1254 | Makowski, Daniel | 86 | | FC HuF | 1177 | 1346 | 4:28:13 | 4:29:15 | 2:11:47 | 2:16:26 | 6:21 |
| 50 | 1928 | Puchler, Marc | 86 | | *Minden | 1202 | 1376 | 4:29:37 | 4:29:57 | 1:51:35 | 2:38:02 | 6:23 |
| 51 | 1407 | Weil, Matthias | 83 | | bsky.de | 1207 | 1382 | 4:30:27 | 4:31:41 | 2:08:22 | 2:22:04 | 6:25 |
| 52 | 1174 | Kirchner, Matthias | 83 | | *Oberhausen | 1217 | 1398 | 4:32:50 | 4:33:35 | 1:58:48 | 2:34:02 | 6:28 |
| 53 | 2457 | Kühn, Gero | 78 | | *Essen | 1250 | 1444 | 4:41:01 | 4:42:34 | 2:04:19 | 2:36:42 | 6:40 |
| 54 | 674 | Zehrt, Jörg | 78 | | *essen | 1257 | 1452 | 4:42:18 | 4:42:52 | 1:57:58 | 2:44:19 | 6:41 |
| 55 | 1699 | Vipotnik, Carsten | 80 | | *Essen | 1275 | 1478 | 4:47:49 | 4:48:57 | 1:58:42 | 2:49:06 | 6:49 |
| 56 | 736 | Becker, Emanuel | 87 | | *Velbert | 1280 | 1484 | 4:49:54 | 4:50:27 | 1:54:09 | 2:55:45 | 6:52 |
| 57 | 1870 | Möllenhoff, Klaus | 83 | | *Dortmund | 1291 | 1500 | 4:52:55 | 4:54:46 | 2:12:45 | 2:40:10 | 6:57 |
| 58 | 996 | Bürger, Stefan | 84 | | CoolRunnings | 1292 | 1501 | 4:53:30 | 4:54:46 | 2:13:03 | 2:40:26 | 6:57 |
| 59 | 746 | Ludwig, Stefan | 81 | | *Essen | 1322 | 1540 | 5:16:20 | 5:18:15 | 2:15:22 | 3:00:58 | 7:30 |
| 60 | 953 | Mai, Michael | 80 | | *Dortmund | 1323 | 1541 | 5:16:24 | 5:18:14 | 2:12:39 | 3:03:44 | 7:30 |

Alterklassen

14. Oktober 2007

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Klasse M30

| Platz | St-Nr. | Name | JG | NAT | Verein/Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-------------------------|----|-----|-------------------|-------|------|---------|---------|---------|---------|--------|
| 72 | 516 | Itter, Martin | 74 | | TSV Kabel 1882 | 1033 | 1162 | 4:12:01 | 4:13:07 | 1:57:54 | 2:14:07 | 5:58 |
| 73 | 1398 | BoBeler, Volker | 73 | | Med Aix | 1046 | 1179 | 4:13:27 | 4:14:12 | 2:05:02 | 2:08:24 | 6:00 |
| 74 | 1096 | Thau, Marcel | 77 | | Team Die Happy | 1083 | 1227 | 4:17:41 | 4:19:12 | 2:04:41 | 2:13:00 | 6:06 |
| 75 | 1352 | Tourna, Karsten | 76 | | SAG MOers | 1087 | 1232 | 4:18:04 | 4:19:41 | 2:04:16 | 2:13:47 | 6:07 |
| 76 | 2145 | Hülsken, Thomas | 76 | | *Bochum | 1093 | 1239 | 4:18:27 | 4:20:15 | 2:04:31 | 2:13:55 | 6:08 |
| 77 | 1620 | Ulbrich-Gebauer, Daniel | 74 | | EVONIK | 1108 | 1260 | 4:20:01 | 4:21:12 | 1:58:23 | 2:21:38 | 6:10 |
| 78 | 699 | Torkhani, Imad | 74 | TUN | TC Kray 1892 | 1123 | 1278 | 4:21:47 | 4:22:00 | 1:37:59 | 2:43:47 | 6:12 |
| 79 | 2115 | Klingelhöfer, Markus | 73 | | LC Duisburg | 1126 | 1283 | 4:21:54 | 4:23:36 | 2:13:39 | 2:08:14 | 6:12 |
| 80 | 1224 | Zorembs, Bernhard | 73 | | *Meerbusch | 1144 | 1304 | 4:24:16 | 4:25:41 | 1:56:50 | 2:27:25 | 6:16 |
| 81 | 951 | Dzaeck, Thomas | 73 | | *Essen | 1163 | 1325 | 4:26:46 | 4:27:54 | 1:58:41 | 2:28:05 | 6:19 |
| 82 | 864 | Oles, Adam | 75 | | *Essen | 1167 | 1329 | 4:26:54 | 4:28:18 | 2:16:52 | 2:10:01 | 6:20 |
| 83 | 873 | Kories, Dr. Christian | 76 | | *Essen | 1184 | 1357 | 4:28:40 | 4:29:51 | 2:04:15 | 2:24:24 | 6:22 |
| 84 | 764 | König, Karsten | 74 | | *Essen | 1233 | 1420 | 4:36:25 | 4:37:32 | 1:58:39 | 2:37:45 | 6:33 |
| 85 | 1241 | Schaefer, Martin | 74 | | *Essen | 1236 | 1423 | 4:36:44 | 4:38:21 | 2:05:19 | 2:31:25 | 6:34 |
| 86 | 1678 | te Paß, Torsten | 74 | | jaseclub.com | 1272 | 1474 | 4:46:49 | 4:48:40 | 2:13:42 | 2:33:06 | 6:48 |
| 87 | 879 | Häger, Marco | 77 | | *Gelsenkirchen | 1282 | 1486 | 4:50:28 | 4:52:18 | 2:01:45 | 2:48:42 | 6:53 |
| 88 | 1797 | Niemeyer, Jörg | 74 | | Polizei Bielefeld | 1287 | 1496 | 4:52:30 | 4:54:18 | 2:07:19 | 2:45:11 | 6:56 |
| 89 | 2178 | Bernemann, Markus | 73 | | *Velen-Ramsdorf | 1312 | 1527 | 5:01:16 | 5:02:45 | 2:05:43 | 2:55:32 | 7:08 |
| 90 | 1048 | Karakus, Bülent | 73 | | Kumgang-Sok | 1327 | 1545 | 5:20:42 | 5:21:43 | 2:16:31 | 3:04:11 | 7:36 |

Klasse M40

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-------------------------|----|-----|----------------------------|-------|-----|---------|---------|---------|---------|--------|
| 143 | 2467 | Plasmeier, Frank | 67 | | *Oberhausen | 457 | 493 | 3:36:08 | 3:36:34 | 1:44:21 | 1:51:46 | 5:07 |
| 144 | 1665 | Roggenbuck, Frank | 64 | | LT Haumannplatz Essen | 459 | 495 | 3:36:21 | 3:36:53 | 1:45:15 | 1:51:05 | 5:08 |
| 145 | 1195 | Braumann, Uli | 66 | | DJK TuS Rotthausen | 465 | 501 | 3:36:52 | 3:37:24 | 1:46:06 | 1:50:45 | 5:08 |
| 146 | 1594 | Seel, Andre | 65 | | EVONIK | 466 | 502 | 3:36:57 | 3:37:26 | 1:44:26 | 1:52:31 | 5:09 |
| 147 | 1040 | Stelte, Dr. Veit | 66 | | *Meerbusch | 472 | 508 | 3:37:08 | 3:37:50 | 1:50:55 | 1:46:12 | 5:09 |
| 148 | 1468 | Dörper, Michael | 66 | | EVONIK | 475 | 512 | 3:37:24 | 3:37:35 | 1:44:08 | 1:53:15 | 5:09 |
| 149 | 2107 | Kriwet, Elmar | 65 | | *Köln | 481 | 519 | 3:37:50 | 3:37:57 | 1:44:07 | 1:53:42 | 5:10 |
| 150 | 677 | Kaffka, Michael | 64 | | *Rheinberg | 483 | 521 | 3:37:54 | 3:38:49 | 1:44:07 | 1:53:46 | 5:10 |
| 151 | 964 | Priese, Thomas | 67 | | Sparkasse Dortmund | 490 | 528 | 3:38:12 | 3:39:39 | 1:46:11 | 1:52:01 | 5:10 |
| 152 | 2199 | Schiweck, Andreas | 64 | | Gelsenkirchen | 491 | 529 | 3:38:20 | 3:38:38 | 1:38:26 | 1:59:53 | 5:10 |
| 153 | 886 | Schröder, Torsten | 64 | | Lauf Team Unna | 502 | 540 | 3:38:53 | 3:39:14 | 1:41:26 | 1:57:27 | 5:11 |
| 154 | 950 | Eggemeier, Michael | 64 | | DJK Arminia Ibbenbüren | 503 | 541 | 3:38:55 | 3:39:37 | 1:44:41 | 1:54:14 | 5:11 |
| 155 | 2097 | Eissing, Manfred | 64 | | *Coesfeld | 507 | 546 | 3:39:02 | 3:39:18 | 1:44:44 | 1:54:18 | 5:11 |
| 156 | 1463 | Diez, Norbert | 64 | | EVONIK | 508 | 547 | 3:39:03 | 3:39:31 | 1:44:26 | 1:54:37 | 5:12 |
| 157 | 1486 | Genske, Frank | 64 | | EVONIK | 509 | 548 | 3:39:04 | 3:39:37 | 1:45:10 | 1:53:53 | 5:12 |
| 158 | 1078 | Steinhauer, Achim | 65 | | LG RWE Power | 510 | 549 | 3:39:09 | 3:39:54 | 1:47:20 | 1:51:48 | 5:12 |
| 159 | 1832 | Mayer, Reiner | 64 | | *Heiligenhaus | 514 | 553 | 3:39:14 | 3:39:37 | 1:44:34 | 1:54:39 | 5:12 |
| 160 | 562 | Emmerich, Uwe | 67 | | Neenah Lahnstein | 518 | 557 | 3:39:23 | 3:40:00 | 1:48:51 | 1:50:31 | 5:12 |
| 161 | 2513 | Hurtmanns, Thomas | 63 | | Athletik Waldniel | 523 | 564 | 3:39:44 | 3:40:00 | 1:43:59 | 1:55:44 | 5:12 |
| 162 | 686 | Schwentker, Thomas | 66 | | *Herten | 524 | 565 | 3:39:46 | 3:40:26 | 1:49:25 | 1:50:21 | 5:13 |
| 163 | 1038 | DREXHAGE, MARTIN | 63 | | SV 06 Oetinghausen | 531 | 572 | 3:40:06 | 3:40:36 | 1:44:19 | 1:55:47 | 5:13 |
| 164 | 1165 | Brehm, Matthias | 65 | | SC Steele 03/20 | 534 | 576 | 3:40:16 | 3:40:50 | 1:43:04 | 1:57:12 | 5:13 |
| 165 | 1762 | Dewes, Peter | 67 | | *Hückelhoven | 536 | 579 | 3:40:35 | 3:41:06 | 1:46:47 | 1:53:48 | 5:14 |
| 166 | 1362 | Reckersdrees, Olaf | 65 | | Tus Friedrichsdorf | 539 | 582 | 3:40:38 | 3:41:24 | 1:50:31 | 1:50:06 | 5:14 |
| 167 | 1774 | stucke, christian | 65 | | dülmen läuft | 541 | 584 | 3:40:48 | 3:41:33 | 1:50:54 | 1:49:54 | 5:14 |
| 168 | 1937 | Jahnke, Olaf | 65 | | dülmen läuft | 551 | 595 | 3:41:30 | 3:42:11 | 1:50:43 | 1:50:46 | 5:15 |
| 169 | 2174 | Foreman, Stefan | 66 | | TSV Weeze | 556 | 600 | 3:42:02 | 3:42:53 | 1:47:39 | 1:54:22 | 5:16 |
| 170 | 1825 | Wormland, Dr. Berthold | 63 | | *Essen | 561 | 606 | 3:42:12 | 3:42:51 | 1:44:17 | 1:57:55 | 5:16 |
| 171 | 2446 | Verweyer, Christian | 64 | | BTC - Trinker Company | 564 | 609 | 3:42:22 | 3:43:18 | 1:47:55 | 1:54:27 | 5:16 |
| 172 | 673 | Martin, Thomas | 64 | | *Sprockhövel | 565 | 610 | 3:42:22 | 3:42:47 | 1:47:01 | 1:55:21 | 5:16 |
| 173 | 999 | mallek, christoph | 65 | | rsv düsseldorf-rath | 566 | 611 | 3:42:28 | 3:43:20 | 1:50:05 | 1:52:22 | 5:16 |
| 174 | 559 | Perpeet, Dr. Stephan | 64 | | LSF Münster | 569 | 616 | 3:42:41 | 3:43:14 | 1:46:19 | 1:56:22 | 5:17 |
| 175 | 636 | Lewandowska, Hillmar | 65 | | Schiedsrichtervereinig.Do. | 573 | 620 | 3:42:52 | 3:43:44 | 1:52:59 | 1:49:52 | 5:17 |
| 176 | 2179 | Störmer, Manfred | 65 | | *Schwerte | 574 | 621 | 3:42:55 | 3:43:05 | 1:45:01 | 1:57:53 | 5:17 |
| 177 | 1629 | Wentz, Jürgen | 63 | | EVONIK | 575 | 623 | 3:42:56 | 3:44:04 | 1:43:42 | 1:59:14 | 5:17 |
| 178 | 2439 | Lau, Stephan | 63 | | Hemer - Deilinghofen | 577 | 624 | 3:42:58 | 3:43:16 | 1:46:23 | 1:56:34 | 5:17 |
| 179 | 1071 | Stalitz, Arno | 64 | | DJK Elmar Kohlscheid | 580 | 627 | 3:43:02 | 3:43:48 | 1:51:02 | 1:51:59 | 5:17 |
| 180 | 1387 | Schoit, Martin | 64 | | LC Duisburg | 583 | 630 | 3:43:09 | 3:44:12 | 1:50:45 | 1:52:23 | 5:17 |
| 181 | 1940 | Pasckert, Prof. Andreas | 65 | | Hochschule Aschaffenburg | 585 | 632 | 3:43:17 | 3:43:41 | 1:44:26 | 1:58:50 | 5:18 |
| 182 | 1795 | Genender, Hans-Wilhelm | 64 | | *Geldern | 589 | 636 | 3:43:28 | 3:44:37 | 1:49:55 | 1:53:32 | 5:18 |
| 183 | 1371 | Röhle, Wolfgang | 66 | | *Wuppertal | 591 | 638 | 3:43:37 | 3:44:11 | 1:51:11 | 1:52:26 | 5:18 |
| 184 | 1876 | Kolonko, Peter | 67 | | Marathon-Club Menden | 596 | 644 | 3:43:45 | 3:44:15 | 1:44:04 | 1:59:41 | 5:18 |
| 185 | 1296 | Sutmann, Godehard | 65 | | LT Beverau Aachen | 603 | 654 | 3:44:16 | 3:44:41 | 1:43:51 | 2:00:25 | 5:19 |
| 186 | 1320 | Otto, Wolfgang | 63 | | Stadt Bochum Team | 604 | 655 | 3:44:18 | 3:44:46 | 1:47:04 | 1:57:13 | 5:19 |
| 187 | 888 | Lodenkämper, Klaus | 63 | | BSG Jugendamt 96 | 605 | 656 | 3:44:18 | 3:44:46 | 1:47:04 | 1:57:13 | 5:19 |
| 188 | 1668 | Hoder, Dirk | 67 | | LG Hamm | 612 | 664 | 3:44:27 | 3:45:08 | 1:52:50 | 1:51:36 | 5:19 |
| 189 | 663 | NuBbaum, Frank | 67 | | TV 1862 Hasslinghausen | 620 | 674 | 3:45:01 | 3:45:59 | 1:51:25 | 1:53:36 | 5:20 |
| 190 | 638 | Butzer, Martin | 67 | | FC Stoppenberg LT | 625 | 679 | 3:45:11 | 3:45:46 | 1:46:05 | 1:59:05 | 5:20 |
| 191 | 616 | Gehrke, Klaus | 66 | | *Velbert | 626 | 680 | 3:45:14 | 3:45:55 | 1:50:50 | 1:54:24 | 5:20 |
| 192 | 2135 | Bajon, Ralf | 64 | | *Bochum | 629 | 684 | 3:45:17 | 3:45:58 | 1:50:50 | 1:54:27 | 5:20 |
| 193 | 780 | Seebass, Simon | 65 | | *Düsseldorf | 631 | 686 | 3:45:21 | 3:45:46 | 1:43:52 | 2:01:29 | 5:20 |
| 194 | 1405 | telahr, andreas | 65 | | djk-tri-rhede | 632 | 687 | 3:45:21 | 3:45:52 | 1:44:08 | 2:01:13 | 5:20 |
| 195 | 2056 | Sturm, Martin | 66 | | *Grevenbroich | 634 | 690 | 3:45:41 | 3:46:13 | 1:47:52 | 1:57:49 | 5:21 |
| 196 | 1813 | Kolodziej, Jürgen | 67 | | Marathon Mülheim | 636 | 692 | 3:45:44 | 3:46:35 | 1:51:35 | 1:54:08 | 5:21 |
| 197 | 1338 | Schmitz, Torsten | 65 | | Bacardi Club Heiligenhaus | 644 | 700 | 3:46:04 | 3:46:37 | 1:48:42 | 1:57:22 | 5:21 |
| 198 | 1062 | Addo, Ralph | 64 | | *Straelen | 651 | 707 | 3:46:42 | 3:47:11 | 1:42:25 | 2:04:16 | 5:22 |
| 199 | 1571 | Probst, Christoph | 66 | | EVONIK | 654 | 710 | 3:46:50 | 3:47:16 | 1:44:33 | 2:02:17 | 5:23 |
| 200 | 1421 | Pohl, Andreas | 65 | | Commerzbank Berlin | 660 | 716 | 3:47:14 | 3:47:42 | 1:48:33 | 1:58:40 | 5:23 |
| 201 | 1650 | Ossig, Rainer | 65 | | LC Duisburg | 667 | 723 | 3:47:38 | 3:47:58 | 1:45:23 | 2:02:14 | 5:24 |
| 202 | 1122 | Schreiber, Axel | 65 | | *Herne | 673 | 730 | 3:47:48 | 3:48:20 | 1:44:07 | 2:03:41 | 5:24 |
| 203 | 2152 | Mitrovic, Milorad | 67 | | *Bochum | 682 | 742 | 3:48:25 | 3:49:03 | 1:45:41 | 2:02:44 | 5:25 |
| 204 | 1643 | Grotenhuis, Karl | 64 | | SV Viktoria Goch | 684 | 745 | 3:48:34 | 3:49:21 | 1:52:26 | 1:56:08 | 5:25 |
| 205 | 819 | Podschwadek, Axel | 65 | | GE Energy Deutschland | 691 | 752 | 3:49:13 | 3:50:28 | 1:58:07 | 1:51:05 | 5:26 |
| 206 | 2056 | Nelle, Wilfried | 63 | | PSV Zum Alten Römer e.v. | 701 | 763 | 3:49:32 | 3:50:14 | 1:50:45 | 1:58:46 | 5:26 |
| 207 | 542 | Willmann, Günter | 66 | | *Osnabrück | 706 | 770 | 3:50:11 | 3:50:42 | 1:43:48 | 2:06:22 | 5:27 |
| 208 | 2076 | Metzger, Frank | 64 | | TSV Leopoldstal | 716 | 783 | 3:51:14 | 3:52:04 | 1:49:49 | 2:01:24 | 5:29 |
| 209 | 1489 | Grabowski, Michael | 64 | | EVONIK | 732 | 800 | 3:52:13 | 3:53:06 | 1:52:55 | 1:59:18 | 5:30 |
| 210 | 857 | Pfeiffer, Martin | 66 | | LAV Essen | 739 | 809 | 3:52:53 | 3:53:55 | 1:54:48 | 1:58:04 | 5:31 |
| 211 | 1765 | Pamotat, Ralf | 63 | | LT Bittermark Dortmund | 752 | 827 | 3:54:01 | 3:54:53 | 1:50:59 | 2:03:02 | 5:33 |
| 212 | 967 | Kornfeld, Torsten | 65 | | LG Fries Kamp | 761 | 838 | 3:54:16 | 3:55:03 | 1:55:03 | 1:59:13 | 5:33 |
| 213 | 1637 | Wittig, Helge | 65 | | EVONIK | 765 | 842 | 3:54:26 | 3:55:15 | 1:50:59 | 2:03:26 | 5:33 |

Klasse M40

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|---------------------------|----|-----|-------------------------------|-------|------|---------|---------|---------|---------|--------|
| 214 | 1127 | Mikolajczyk, Bogdan | 64 | | *Velbert | 775 | 854 | 3:54:54 | 3:55:55 | 1:53:30 | 2:01:24 | 5:34 |
| 215 | 1033 | Windbrake, Heiner | 67 | | Sportfreunde Rhade | 777 | 858 | 3:55:06 | 3:55:43 | 1:50:45 | 2:04:21 | 5:34 |
| 216 | 2491 | Janßen, Frank | 66 | | *Steinheim | 781 | 863 | 3:55:10 | 3:56:23 | 1:50:16 | 2:04:54 | 5:34 |
| 217 | 1739 | Weeske, Günter | 64 | | *Essen | 784 | 866 | 3:55:23 | 3:56:35 | 1:55:56 | 1:59:27 | 5:35 |
| 218 | 1019 | Kasfeld, Holger | 65 | | *Herford | 788 | 871 | 3:55:37 | 3:56:46 | 1:58:36 | 1:57:00 | 5:35 |
| 219 | 518 | Miskiw, Alexander | 66 | | Running Team Ratingen | 790 | 873 | 3:55:48 | 3:56:25 | 1:50:38 | 2:05:09 | 5:35 |
| 220 | 1348 | Frychel, Adrian | 66 | | FC Huf | 797 | 882 | 3:56:09 | 3:57:10 | 1:56:51 | 1:59:18 | 5:36 |
| 221 | 1533 | Letmathe, Andreas | 63 | | EVONIK | 799 | 884 | 3:56:13 | 3:57:35 | 1:56:10 | 2:00:02 | 5:36 |
| 222 | 1059 | Waffner, Jürgen | 64 | | RWE | 802 | 890 | 3:56:25 | 3:57:44 | 1:59:35 | 1:56:49 | 5:36 |
| 223 | 1505 | Jäckel, Frank | 63 | | EVONIK | 812 | 903 | 3:56:38 | 3:57:04 | 1:46:23 | 2:10:14 | 5:36 |
| 224 | 1618 | Thiesling, Joerg | 63 | | EVONIK | 816 | 907 | 3:56:43 | 3:57:53 | 1:58:15 | 1:58:28 | 5:37 |
| 225 | 1853 | Kinzel, Thomas | 65 | | EVONIK | 819 | 910 | 3:56:58 | 3:57:47 | 1:53:10 | 2:03:47 | 5:37 |
| 226 | 1830 | Havemann, Frank | 66 | | Radevormwalder SV 1925 | 822 | 914 | 3:57:09 | 3:57:47 | 1:52:03 | 2:05:05 | 5:37 |
| 227 | 1980 | Seipelt, Ferdy | 66 | NLD | Leichtathletik Nütterden e.V. | 825 | 917 | 3:57:10 | 3:57:18 | 1:47:51 | 2:09:19 | 5:37 |
| 228 | 1663 | Hülsbeck, Andreas | 65 | | Marathon Soest | 828 | 921 | 3:57:22 | 3:58:22 | 1:50:55 | 2:06:27 | 5:38 |
| 229 | 707 | Prange, Ulrich | 63 | | *Recklinghausen | 830 | 923 | 3:57:24 | 3:58:11 | 1:50:41 | 2:06:42 | 5:38 |
| 230 | 538 | König, Arne | 67 | | SV Hamminkeln | 832 | 927 | 3:57:26 | 3:58:08 | 1:54:33 | 2:02:53 | 5:38 |
| 231 | 1696 | Thömmes, Roland | 64 | | *Wülfrath | 835 | 930 | 3:57:29 | 3:57:39 | 1:53:54 | 2:03:35 | 5:38 |
| 232 | 1546 | Michels, Ralf | 64 | | EVONIK | 837 | 932 | 3:57:32 | 3:59:06 | 1:58:15 | 1:59:16 | 5:38 |
| 233 | 1207 | van Husen, Manfred | 66 | | RP Marathonteam | 850 | 948 | 3:58:00 | 3:59:04 | 1:57:13 | 2:00:46 | 5:38 |
| 234 | 1655 | Robertz, Klaus | 63 | | *Herzogenrath | 851 | 949 | 3:58:01 | 3:58:45 | 1:56:21 | 2:01:40 | 5:38 |
| 235 | 988 | Grieseler, Dirk | 64 | | *Mülheim an der Ruhr | 860 | 959 | 3:58:13 | 3:59:17 | 1:56:38 | 2:01:34 | 5:39 |
| 236 | 1756 | Seipelt, Martin | 63 | | TEAM-ERDINGER-ALKOHOLF | 861 | 960 | 3:58:16 | 3:59:33 | 1:58:31 | 1:59:45 | 5:39 |
| 237 | 1659 | Snaadt, Martin | 65 | | *Beesten | 862 | 961 | 3:58:18 | 3:59:02 | 1:51:05 | 2:07:12 | 5:39 |
| 238 | 646 | Asbeck, Jörg | 63 | | *bochum | 867 | 967 | 3:58:27 | 3:59:32 | 1:58:43 | 1:59:44 | 5:39 |
| 239 | 1656 | Roelen, Udo | 65 | | *Mönchengladbach | 869 | 969 | 3:58:28 | 3:58:51 | 1:44:22 | 2:14:05 | 5:39 |
| 240 | 1305 | Faßbender, Markus | 67 | | *Selm | 871 | 971 | 3:58:35 | 3:59:52 | 1:58:33 | 2:00:02 | 5:39 |
| 241 | 1562 | Ostendorf, Jürgen | 63 | | EVONIK | 872 | 972 | 3:58:39 | 3:59:17 | 1:47:54 | 2:10:44 | 5:39 |
| 242 | 1211 | Budo-Marek, Andrej | 64 | | Hermann-Harry-Runners | 877 | 978 | 3:59:03 | 4:00:06 | 1:55:47 | 2:03:15 | 5:40 |
| 243 | 1791 | Rittner, Rüdiger | 67 | | *Bochum | 888 | 989 | 3:59:32 | 4:00:55 | 1:57:55 | 2:01:37 | 5:41 |
| 244 | 1777 | Oberkötter, Georg | 67 | | *Essen | 890 | 992 | 3:59:42 | 4:00:41 | 1:56:34 | 2:03:08 | 5:41 |
| 245 | 1574 | Rathgeber, Dirk | 66 | | EVONIK | 904 | 1006 | 4:00:31 | 4:01:41 | 2:00:01 | 2:00:30 | 5:42 |
| 246 | 1046 | Christöphler, Karsten | 63 | | *Essen | 909 | 1012 | 4:00:48 | 4:01:32 | 1:51:08 | 2:09:40 | 5:42 |
| 247 | 829 | Reinhardt, Dr. Jens-Peter | 67 | | *Frankfurt am Main | 912 | 1015 | 4:00:58 | 4:01:00 | 1:50:57 | 2:10:01 | 5:43 |
| 248 | 1831 | Busemann, Michael | 65 | | Team MACH3 Wesel | 916 | 1019 | 4:01:07 | 4:01:45 | 1:44:47 | 2:16:20 | 5:43 |
| 249 | 1841 | Fladung, Matthias | 63 | | RWE Westfalen wesen-Ems | 917 | 1020 | 4:01:16 | 4:02:41 | 1:57:05 | 2:04:10 | 5:43 |
| 250 | 1424 | Casella, Marco | 63 | ITA | *essen | 918 | 1021 | 4:01:16 | 4:02:31 | 1:57:48 | 2:03:28 | 5:43 |
| 251 | 2074 | Grohmann, Volker | 67 | | Troisdorfer LG M.N.T | 921 | 1027 | 4:01:59 | 4:03:11 | 1:58:34 | 2:03:24 | 5:44 |
| 252 | 1782 | Dertenkötter, Thomas | 66 | | SC Falke Saerbeck | 930 | 1037 | 4:02:37 | 4:03:46 | 1:57:58 | 2:04:38 | 5:45 |
| 253 | 2486 | Mehlem, Klaus | 67 | | *Erkelenz | 934 | 1041 | 4:02:48 | 4:04:14 | 1:57:24 | 2:05:23 | 5:45 |
| 254 | 1065 | Keuchel, Peter | 66 | | LG Sebastianstrasse | 938 | 1046 | 4:03:18 | 4:04:28 | 1:56:03 | 2:07:15 | 5:46 |
| 255 | 1519 | Kollin, Lutz | 66 | | EVONIK | 940 | 1050 | 4:03:45 | 4:05:27 | 1:58:08 | 2:05:37 | 5:47 |
| 256 | 920 | Stroh, Thomas | 63 | | DJK Freigericht | 946 | 1057 | 4:04:13 | 4:05:16 | 1:57:22 | 2:06:50 | 5:47 |
| 257 | 1119 | Meinrich, Dirk | 67 | | TC Borbeck | 947 | 1058 | 4:04:13 | 4:04:50 | 1:51:12 | 2:13:00 | 5:47 |
| 258 | 2083 | Jaegers, Thomas | 64 | | *Bonn | 948 | 1059 | 4:04:17 | 4:05:39 | 1:59:40 | 2:04:36 | 5:47 |
| 259 | 870 | Pauli, Frank | 65 | | RP Marathonteam | 949 | 1060 | 4:04:20 | 4:05:25 | 1:57:12 | 2:07:07 | 5:47 |
| 260 | 659 | Huettmann, Georg | 65 | | LC Weilerswist | 951 | 1062 | 4:04:24 | 4:04:57 | 1:49:14 | 2:15:10 | 5:48 |
| 261 | 1346 | Thivessen, Manfred | 65 | | RRS Anrath | 958 | 1071 | 4:05:38 | 4:07:07 | 2:01:40 | 2:03:57 | 5:49 |
| 262 | 796 | Schrader, Michael | 66 | | *Mülheim an der Ruhr | 960 | 1074 | 4:06:05 | 4:07:00 | 1:58:51 | 2:07:13 | 5:50 |
| 263 | 841 | Walter, Michael | 67 | | Running Team Berger Feld | 967 | 1082 | 4:06:39 | 4:07:53 | 1:57:48 | 2:08:51 | 5:51 |
| 264 | 948 | Lückerath, Volker | 64 | | Wuppertal | 968 | 1084 | 4:06:50 | 4:07:26 | 1:51:14 | 2:15:36 | 5:51 |
| 265 | 535 | Voß, Volker | 65 | | WTV | 969 | 1085 | 4:06:51 | 4:08:05 | 2:00:26 | 2:06:25 | 5:51 |
| 266 | 1354 | Wallisch, Harald | 64 | | TUS Eltville-Raenthal | 973 | 1089 | 4:07:18 | 4:07:30 | 1:43:24 | 2:23:54 | 5:52 |
| 267 | 1395 | Kubischek, Frank | 64 | | *Mönchengladbach | 975 | 1091 | 4:07:24 | 4:09:01 | 2:04:19 | 2:03:04 | 5:52 |
| 268 | 1306 | Tombrink, Michael | 64 | | LSF Münster | 978 | 1096 | 4:07:48 | 4:08:51 | 1:58:14 | 2:09:33 | 5:52 |
| 269 | 834 | Budde, Thomas | 65 | | sparta nordhorn | 985 | 1104 | 4:08:21 | 4:09:17 | 1:53:00 | 2:15:21 | 5:53 |
| 270 | 1606 | Steidl, Bernhard | 64 | | EVONIK | 987 | 1106 | 4:08:29 | 4:09:48 | 2:01:45 | 2:06:44 | 5:53 |
| 271 | 1201 | Volkmer, Andreas | 63 | | *Schwalmthal | 988 | 1107 | 4:08:30 | 4:10:07 | 2:04:01 | 2:04:29 | 5:53 |
| 272 | 1837 | Cubick, Heiner | 64 | | SV -Spexard | 990 | 1110 | 4:08:38 | 4:09:52 | 1:56:27 | 2:12:11 | 5:54 |
| 273 | 1087 | Szczepanik, Ireneusz | 64 | | LG-Mülheim | 996 | 1117 | 4:09:18 | 4:10:21 | 1:56:18 | 2:12:59 | 5:55 |
| 274 | 1787 | Peppmüller, Karsten | 65 | | Polizei Bielefeld | 999 | 1120 | 4:09:21 | 4:10:53 | 2:04:27 | 2:04:53 | 5:55 |
| 275 | 1921 | Gödde, Frank | 66 | | *Witten | 1009 | 1133 | 4:09:50 | 4:11:18 | 1:52:51 | 2:16:59 | 5:55 |
| 276 | 1948 | Esser, Udo | 64 | | *Bergheim | 1012 | 1136 | 4:10:28 | 4:11:46 | 2:05:17 | 2:05:11 | 5:56 |
| 277 | 1275 | Büscher, Alexander | 67 | | KJP Rückenwind | 1014 | 1138 | 4:10:47 | 4:11:38 | 1:51:37 | 2:19:09 | 5:57 |
| 278 | 732 | Fergon, Zbigniew | 64 | | *Duisburg | 1019 | 1144 | 4:11:07 | 4:12:09 | 2:06:57 | 2:04:09 | 5:57 |
| 279 | 2527 | Siekmann, Jürgen | 63 | | TUS Eintracht Bielefeld | 1024 | 1151 | 4:11:31 | 4:11:52 | 1:47:15 | 2:24:15 | 5:58 |
| 280 | 1869 | Herbig, Mario | 66 | | *Dortmund | 1026 | 1153 | 4:11:34 | 4:12:40 | 1:56:11 | 2:15:23 | 5:58 |
| 281 | 2012 | Salawarda, Jürgen | 66 | | *Dinslaken | 1036 | 1168 | 4:12:21 | 4:13:36 | 1:55:40 | 2:16:40 | 5:59 |
| 282 | 415 | Willems, André | 67 | | MUT Troisdorf | 1044 | 1177 | 4:13:06 | 4:14:43 | 2:04:19 | 2:08:47 | 6:00 |
| 283 | 1329 | Fehring, Ralf | 64 | | *Bielefeld | 1047 | 1180 | 4:13:28 | 4:14:03 | 1:54:30 | 2:18:58 | 6:00 |
| 284 | 1191 | Brunsmann, Dirk | 65 | | *Münster | 1049 | 1182 | 4:13:49 | 4:15:29 | 2:04:18 | 2:09:30 | 6:01 |

Klasse M40

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------------|----|-----|-------------------------------|-------|------|---------|---------|---------|---------|--------|
| 285 | 1827 | Dahl, Knuth | 67 | | *Meckenheim | 1057 | 1195 | 4:14:41 | 4:16:25 | 2:04:45 | 2:09:55 | 6:02 |
| 286 | 970 | Theike, Carsten | 66 | | DJK Wacker Mecklenbeck | 1062 | 1202 | 4:15:18 | 4:16:28 | 2:00:00 | 2:15:17 | 6:03 |
| 287 | 1704 | Capelle, Hanno | 65 | | TSV Leopoldstal | 1067 | 1206 | 4:15:33 | 4:16:22 | 1:59:23 | 2:16:09 | 6:03 |
| 288 | 1433 | Bauhus, Peter | 63 | | EVONIK | 1069 | 1208 | 4:15:45 | 4:17:02 | 1:58:23 | 2:17:22 | 6:04 |
| 289 | 1445 | Boelter, Ralph | 67 | | EVONIK | 1071 | 1210 | 4:16:22 | 4:17:07 | 1:53:22 | 2:22:59 | 6:05 |
| 290 | 605 | Kühn, Uwe | 66 | | *Bochum | 1080 | 1224 | 4:17:30 | 4:18:55 | 2:01:29 | 2:16:00 | 6:06 |
| 291 | 2023 | Niehues, Dettel | 66 | | Kuckelmann aus Essen | 1089 | 1235 | 4:18:25 | 4:19:45 | 1:58:30 | 2:19:54 | 6:07 |
| 292 | 1860 | Jungmann, Marcus | 65 | | *Wuppertal | 1094 | 1240 | 4:18:29 | 4:19:57 | 1:59:37 | 2:18:52 | 6:08 |
| 293 | 1569 | Preilowski, Peter | 63 | | EVONIK | 1098 | 1244 | 4:18:55 | 4:20:20 | 2:04:50 | 2:14:05 | 6:08 |
| 294 | 1359 | Rettberg, Dirk | 67 | | Cat-Lauftreff | 1103 | 1254 | 4:19:38 | 4:19:43 | 2:07:20 | 2:12:18 | 6:09 |
| 295 | 1258 | Blasey, Jürgen | 65 | | LT Lippehasen | 1106 | 1257 | 4:19:56 | 4:21:34 | 2:07:11 | 2:12:45 | 6:10 |
| 296 | 855 | Gronski-Schaefer, Uwe | 65 | | Laufende Geometer | 1112 | 1266 | 4:20:27 | 4:22:05 | 2:07:11 | 2:13:15 | 6:10 |
| 297 | 1226 | Steinhoff, Rüdiger | 66 | | *Bochum | 1116 | 1270 | 4:20:59 | 4:22:08 | 1:57:46 | 2:23:12 | 6:11 |
| 298 | 1563 | Paulukat, Ralf | 64 | | EVONIK | 1117 | 1272 | 4:21:01 | 4:22:30 | 1:58:41 | 2:22:20 | 6:11 |
| 299 | 784 | Noetzel, Dirk | 67 | | *Jülich | 1119 | 1273 | 4:21:09 | 4:22:47 | 1:57:18 | 2:23:50 | 6:11 |
| 300 | 1324 | Marschall, Michael | 66 | | *Wuppertal | 1122 | 1276 | 4:21:40 | 4:22:33 | 1:56:55 | 2:24:44 | 6:12 |
| 301 | 1960 | Jost, David | 67 | | *Hattingen | 1124 | 1280 | 4:21:51 | 4:21:54 | 1:51:15 | 2:30:36 | 6:12 |
| 302 | 1479 | Fuchs, Michael | 65 | | EVONIK | 1128 | 1285 | 4:22:21 | 4:23:25 | 1:58:53 | 2:23:27 | 6:13 |
| 303 | 1278 | Bueker, Uwe | 63 | | SV Ubbedissen | 1135 | 1293 | 4:23:06 | 4:24:20 | 2:05:05 | 2:18:00 | 6:14 |
| 304 | 1079 | Esser, Helmut | 66 | | LG RWE Power | 1140 | 1298 | 4:23:40 | 4:25:13 | 2:04:26 | 2:19:14 | 6:15 |
| 305 | 1358 | Klobedanitz, Klaus Uwe | 66 | | Kölnher Club für Wassersport | 1151 | 1312 | 4:25:41 | 4:27:06 | 1:58:04 | 2:27:37 | 6:18 |
| 306 | 1954 | Papenfuß, Guido | 66 | | LG RWE Power | 1152 | 1313 | 4:25:48 | 4:26:32 | 1:56:23 | 2:29:24 | 6:18 |
| 307 | 2442 | Wiesweg, Peter | 63 | | *Bochum | 1154 | 1315 | 4:26:05 | 4:26:51 | 1:51:03 | 2:35:01 | 6:18 |
| 308 | 1573 | Brandenburg, Robert | 67 | | EVONIK | 1164 | 1326 | 4:26:48 | 4:27:20 | 2:04:53 | 2:21:55 | 6:19 |
| 309 | 833 | BruX, Thomas | 66 | | Kempener TV | 1166 | 1328 | 4:26:53 | 4:28:40 | 2:08:40 | 2:18:12 | 6:20 |
| 310 | 1435 | Becker, Hermann | 65 | | EVONIK | 1169 | 1331 | 4:27:10 | 4:27:22 | 1:39:29 | 2:47:41 | 6:20 |
| 311 | 2143 | Nitschke, Thomas | 63 | | *Düsseldorf | 1171 | 1333 | 4:27:34 | 4:29:13 | 2:04:51 | 2:22:43 | 6:20 |
| 312 | 430 | Günster, Peter | 65 | | Marathon Steinfurt | 1179 | 1348 | 4:28:17 | 4:30:08 | 2:13:42 | 2:14:34 | 6:22 |
| 313 | 1728 | Jendrowiak, Dr. Torsten | 67 | | *Essen | 1186 | 1360 | 4:28:56 | 4:30:40 | 2:13:53 | 2:15:03 | 6:22 |
| 314 | 515 | Ladzik, Thomas | 63 | | SV Aktiv Bad Westernkotten | 1190 | 1364 | 4:29:07 | 4:29:22 | 2:05:10 | 2:23:56 | 6:23 |
| 315 | 804 | Pukrop, Ronald | 66 | | *Herne | 1191 | 1365 | 4:29:09 | 4:29:14 | 2:07:19 | 2:21:49 | 6:23 |
| 316 | 1023 | Stratmann, Frank | 66 | | *Oer-Erkenschwick | 1195 | 1369 | 4:29:23 | 4:30:34 | 1:58:50 | 2:30:32 | 6:23 |
| 317 | 2530 | Brade, Günter | 65 | | GÜMI | 1204 | 1379 | 4:29:50 | 4:31:03 | 1:55:12 | 2:34:38 | 6:24 |
| 318 | 608 | Paardekooper, René Erwin | 64 | NLD | *Westbroek | 1206 | 1381 | 4:30:22 | 4:32:14 | 2:10:56 | 2:19:25 | 6:24 |
| 319 | 1130 | Herzmann, Udo | 67 | | HG-Schweißtechnik | 1208 | 1384 | 4:30:42 | 4:32:14 | 2:06:24 | 2:24:18 | 6:25 |
| 320 | 1769 | Heuser, Michael | 66 | | BP GE Runningteam | 1210 | 1387 | 4:30:52 | 4:31:34 | 1:56:02 | 2:34:50 | 6:25 |
| 321 | 1355 | Hämmerling, Bodo | 64 | | *Nordkirchen | 1211 | 1388 | 4:30:54 | 4:32:05 | 1:58:07 | 2:32:46 | 6:25 |
| 322 | 1871 | Welters, Klaus | 64 | | Borussia Mönchengladbach | 1212 | 1389 | 4:31:06 | 4:32:30 | 2:05:47 | 2:25:18 | 6:26 |
| 323 | 550 | Ellibnghoven, Günter | 66 | | *Eschweiler | 1215 | 1395 | 4:32:23 | 4:34:19 | 2:10:51 | 2:21:32 | 6:27 |
| 324 | 429 | Edeler, Thorsten | 67 | | *Essen | 1218 | 1399 | 4:33:15 | 4:35:08 | 2:13:50 | 2:19:25 | 6:29 |
| 325 | 1792 | Schwartz, Volker | 66 | | FDG Herne | 1219 | 1400 | 4:33:38 | 4:35:05 | 2:07:20 | 2:26:17 | 6:29 |
| 326 | 1857 | Rudnik, Christian | 63 | | EVONIK | 1221 | 1403 | 4:34:09 | 4:35:29 | 2:11:03 | 2:23:06 | 6:30 |
| 327 | 606 | Lorenz, Rainer | 65 | | *Recklinghausen | 1224 | 1408 | 4:34:22 | 4:36:13 | 2:12:16 | 2:22:06 | 6:30 |
| 328 | 795 | Otto, Christof | 64 | | Rainbow Fitness Niedernhausen | 1225 | 1409 | 4:35:12 | 4:36:57 | 2:13:48 | 2:21:24 | 6:31 |
| 329 | 694 | Kaluza, Josef | 63 | | LG RWE Power | 1239 | 1428 | 4:37:12 | 4:37:59 | 1:51:08 | 2:46:03 | 6:34 |
| 330 | 916 | Burgstaler, Holger | 65 | | SV Beeckenwerth | 1240 | 1429 | 4:38:09 | 4:39:54 | 2:13:29 | 2:24:40 | 6:36 |
| 331 | 853 | Motzkau, Michael | 63 | | Unstabiler Strassenrand | 1241 | 1430 | 4:38:10 | 4:40:03 | 2:13:20 | 2:24:49 | 6:36 |
| 332 | 2033 | Trelenberg, Jörg | 65 | | Hemer | 1243 | 1432 | 4:38:27 | 4:39:06 | 1:50:53 | 2:47:34 | 6:36 |
| 333 | 1323 | Zorenböhrer, Dietmar | 64 | | *Reken | 1244 | 1434 | 4:39:33 | 4:40:04 | 1:55:02 | 2:44:31 | 6:38 |
| 334 | 739 | Schröter, Ralph | 63 | | TG Lage | 1245 | 1436 | 4:39:49 | 4:41:33 | 2:12:28 | 2:27:20 | 6:38 |
| 335 | 1891 | van Bevern, Thomas | 67 | | *Münster | 1246 | 1438 | 4:40:07 | 4:41:24 | 2:08:17 | 2:31:50 | 6:38 |
| 336 | 1035 | Schranz, Jörg | 65 | | Borbecker Raketen | 1248 | 1441 | 4:40:30 | 4:42:25 | 2:16:58 | 2:23:32 | 6:39 |
| 337 | 2538 | Strauch, Marc | 67 | | *Grefrath | 1252 | 1446 | 4:41:27 | 4:43:09 | 2:13:56 | 2:27:31 | 6:40 |
| 338 | 1411 | Beckmann, Giselher | 65 | | *Paderborn | 1263 | 1459 | 4:42:54 | 4:43:22 | 2:00:33 | 2:42:21 | 6:42 |
| 339 | 1269 | Blümer, Christoph | 63 | | Germania Vossenack | 1265 | 1463 | 4:44:28 | 4:45:58 | 2:09:53 | 2:34:34 | 6:45 |
| 340 | 1719 | Klein, Wolfgang | 65 | | *Düsseldorf | 1274 | 1476 | 4:46:59 | 4:48:54 | 2:09:52 | 2:37:07 | 6:48 |
| 341 | 624 | Schröder, Carsten | 67 | | *Oer Erkenschwick | 1278 | 1482 | 4:49:23 | 4:50:38 | 2:07:15 | 2:42:07 | 6:51 |
| 342 | 597 | Schäfer, Thomas | 63 | | *Bottrop | 1279 | 1483 | 4:49:43 | 4:51:29 | 2:05:28 | 2:44:14 | 6:52 |
| 343 | 1307 | Barwenczik, Reiner | 64 | | *Oberhausen | 1281 | 1485 | 4:50:21 | 4:52:10 | 2:09:57 | 2:40:23 | 6:53 |
| 344 | 529 | May, Achim | 64 | | TV-Witzhelden | 1295 | 1504 | 4:54:14 | 4:55:49 | 2:06:48 | 2:47:26 | 6:58 |
| 345 | 1461 | Dappert, Reinhold | 63 | | EVONIK | 1303 | 1516 | 4:56:47 | 4:56:50 | 2:02:43 | 2:54:04 | 7:02 |
| 346 | 1734 | Winter, Dirk | 64 | | TG Lage | 1313 | 1528 | 5:01:32 | 5:03:15 | 2:19:41 | 2:41:50 | 7:09 |
| 347 | 2003 | Bergmann, Matthias | 63 | | *Essen | 1314 | 1529 | 5:01:57 | 5:02:13 | 2:15:57 | 2:45:59 | 7:09 |
| 348 | 1744 | Graeff, Michael | 65 | | *Dülmen | 1331 | 1549 | 5:26:32 | 5:28:43 | 2:36:55 | 2:49:36 | 7:44 |

Alterklassen

14. Oktober 2007

edrukt 14.10.2007 16:41:31

Klasse M45

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|------------------------|----|-----|-------------------------------|-------|-----|---------|---------|---------|---------|--------|
| 1 | 1198 | Voll, Ulrich | 62 | | *Duisburg | 26 | 28 | 2:52:10 | 2:52:22 | 1:24:49 | 1:27:20 | 4:05 |
| 2 | 1933 | Hausdorf, Uwe | 62 | | Marathon-Club Menden | 36 | 38 | 2:56:21 | 2:56:24 | 1:26:33 | 1:29:47 | 4:11 |
| 3 | 816 | Trebels, Michael | 61 | | Blue-Waters-Team Germany | 61 | 64 | 2:58:59 | 2:59:09 | 1:28:27 | 1:30:31 | 4:15 |
| 4 | 1936 | Stammer, Dr. Achim | 62 | | Delphin Grünstadt | 66 | 69 | 2:59:26 | 2:59:31 | 1:28:34 | 1:30:52 | 4:15 |
| 5 | 959 | Flemming, Bernhard | 62 | | FeRoJa Team | 68 | 71 | 2:59:31 | 2:59:37 | 1:27:12 | 1:32:19 | 4:15 |
| 6 | 1647 | Haubrok, Dietmar | 61 | | TSVE 1890 Bielefeld | 71 | 74 | 2:59:41 | 2:59:51 | 1:28:52 | 1:30:49 | 4:16 |
| 7 | 1686 | Borrasch, Michael | 58 | | SUS Schalke 96 | 72 | 75 | 2:59:48 | 2:59:59 | 1:28:46 | 1:31:01 | 4:16 |
| 8 | 1383 | Feicht, Gunnar | 62 | | LC Solbad Ravensberg | 73 | 76 | 3:00:00 | 3:00:10 | 1:28:53 | 1:31:06 | 4:16 |
| 9 | 1918 | Iacona, Antonio | 62 | ITA | TSV Solingen | 84 | 87 | 3:01:45 | 3:01:45 | 1:27:03 | 1:34:42 | 4:18 |
| 10 | 2447 | Meuer, Josef | 58 | | TV Büschergrund | 96 | 99 | 3:03:59 | 3:04:00 | 1:29:31 | 1:34:28 | 4:22 |
| 11 | 2542 | Flottmann, Wolfgang | 59 | | Tri Team Dissen | 101 | 105 | 3:05:16 | 3:05:19 | 1:28:36 | 1:36:39 | 4:23 |
| 12 | 1503 | Hien, Peter | 59 | | EVONIK | 105 | 109 | 3:05:52 | 3:06:07 | 1:32:34 | 1:33:18 | 4:24 |
| 13 | 1072 | Vorsteher, Reiner | 60 | | LC Keulen und Keuler Ronsdorf | 106 | 110 | 3:05:53 | 3:05:55 | 1:28:29 | 1:37:24 | 4:24 |
| 14 | 1945 | Schaaf, Matthias | 62 | | LSF Werne.de | 111 | 115 | 3:06:26 | 3:06:37 | 1:31:23 | 1:35:03 | 4:25 |
| 15 | 1755 | Frentz, Lex | 61 | NLD | AV 34 | 115 | 120 | 3:06:44 | 3:06:46 | 1:27:27 | 1:39:16 | 4:26 |
| 16 | 647 | Gansera, Klaus | 62 | | Tus Eintracht Minden | 121 | 127 | 3:07:50 | 3:08:01 | 1:29:22 | 1:38:27 | 4:27 |
| 17 | 1331 | Schumacher, Ulrich | 61 | | Freiräume Eckardtsheim | 123 | 129 | 3:08:00 | 3:08:18 | 1:31:04 | 1:36:56 | 4:27 |
| 18 | 785 | Hartmann, Hajo | 58 | | *Rheinberg | 128 | 134 | 3:08:29 | 3:08:42 | 1:32:05 | 1:36:24 | 4:28 |
| 19 | 1759 | Weigelt, Dr. Stefan | 58 | | SG Neukirchen-Hülchrath | 130 | 136 | 3:08:43 | 3:08:48 | 1:31:29 | 1:37:14 | 4:28 |
| 20 | 1291 | Kirsch, Alfred | 60 | | VFR Unterbruch LG | 132 | 138 | 3:08:50 | 3:09:04 | 1:33:42 | 1:35:08 | 4:29 |
| 21 | 2075 | Korytowski, Frank | 62 | | BSG Sparkasse Essen | 134 | 140 | 3:08:52 | 3:08:58 | 1:35:28 | 1:33:23 | 4:29 |
| 22 | 1234 | KLATT, Alexander | 62 | | Leipzigiger Triathlon e.V. | 136 | 142 | 3:09:11 | 3:09:17 | 1:28:56 | 1:40:15 | 4:29 |
| 23 | 1649 | Krautmacher, Rolf | 61 | | *Hilden | 139 | 145 | 3:10:01 | 3:10:14 | 1:31:33 | 1:38:28 | 4:30 |
| 24 | 596 | Vogt, Wolfgang | 59 | | Feuerwehr SV Düsseldorf | 142 | 148 | 3:10:05 | 3:10:22 | 1:33:13 | 1:36:52 | 4:30 |
| 25 | 1710 | Allwermann, Bernd | 61 | | Ayyo Team-Essen | 145 | 152 | 3:10:32 | 3:10:38 | 1:32:43 | 1:37:48 | 4:31 |
| 26 | 1664 | Böhle, Dirk | 61 | | TV Werne 03 | 156 | 164 | 3:12:00 | 3:12:05 | 1:35:16 | 1:36:43 | 4:33 |
| 27 | 2049 | Döring, Ralf | 60 | | *Wülfrath | 160 | 168 | 3:12:16 | 3:12:30 | 1:33:14 | 1:39:01 | 4:33 |
| 28 | 1259 | Leemhuis, Jens | 59 | | LTV Kiel-Ost | 169 | 177 | 3:13:09 | 3:13:17 | 1:29:26 | 1:43:43 | 4:35 |
| 29 | 710 | Beib, Klaus | 60 | | FC Streithausen | 182 | 191 | 3:14:25 | 3:14:44 | 1:37:10 | 1:37:15 | 4:36 |
| 30 | 2519 | Jürries, Uwe | 58 | | LT Hengsteysee Hagen | 192 | 201 | 3:15:22 | 3:15:42 | 1:36:59 | 1:38:22 | 4:38 |
| 31 | 1499 | Henning, Jörg | 62 | | EVONIK | 194 | 203 | 3:15:59 | 3:16:17 | 1:31:38 | 1:44:20 | 4:39 |
| 32 | 1969 | Feldkamp, Wilhelm | 62 | | LT Wischlingen | 200 | 209 | 3:16:43 | 3:16:57 | 1:34:58 | 1:41:45 | 4:40 |
| 33 | 1779 | liesche, ralf | 58 | | Ig mönchengladbach | 201 | 210 | 3:16:45 | 3:17:03 | 1:37:09 | 1:39:35 | 4:40 |
| 34 | 1845 | Tokarek, Thomas | 59 | | Team Erdinger Alkoholfrei | 214 | 225 | 3:17:57 | 3:18:08 | 1:37:37 | 1:40:19 | 4:41 |
| 35 | 611 | Bungarz, Dirk | 62 | | RockStore-Wuppertal.de | 218 | 229 | 3:18:10 | 3:18:29 | 1:36:53 | 1:41:16 | 4:42 |
| 36 | 2484 | van Haren, Marcel | 62 | | AS Neukirchen-Vluyn | 219 | 230 | 3:18:13 | 3:18:22 | 1:30:09 | 1:48:03 | 4:42 |
| 37 | 1682 | Barbulla, Wolfgang | 61 | | *Düsseldorf | 223 | 236 | 3:18:34 | 3:18:53 | 1:38:41 | 1:39:52 | 4:42 |
| 38 | 1314 | Poddig, Dr. Frank | 62 | | *Remagen | 226 | 240 | 3:19:00 | 3:19:16 | 1:39:58 | 1:39:02 | 4:43 |
| 39 | 1729 | Bergmann, Klaus | 61 | | *Mülheim/Ruhr | 227 | 241 | 3:19:02 | 3:19:19 | 1:40:10 | 1:38:51 | 4:43 |
| 40 | 2520 | Menzel, Udo | 61 | | LG Emsdetten | 229 | 243 | 3:19:14 | 3:19:31 | 1:37:03 | 1:42:11 | 4:43 |
| 41 | 1277 | Weckwarth, Peter | 60 | | *Solingen | 234 | 249 | 3:20:08 | 3:20:24 | 1:36:11 | 1:43:56 | 4:45 |
| 42 | 1927 | Saßenbach, Helmut | 59 | | LT TuS Mondorf | 237 | 253 | 3:20:24 | 3:20:41 | 1:37:21 | 1:43:03 | 4:45 |
| 43 | 1216 | Stuckart, Bernd | 60 | | *Velbert-Nevigis | 246 | 262 | 3:20:52 | 3:21:14 | 1:36:47 | 1:44:04 | 4:46 |
| 44 | 766 | Bergmann, Frank | 60 | | *Essen | 248 | 264 | 3:20:56 | 3:21:15 | 1:37:03 | 1:43:53 | 4:46 |
| 45 | 1098 | Eiteneuer, Bernd | 58 | | LG Hünxe | 251 | 268 | 3:21:16 | 3:21:37 | 1:40:50 | 1:40:26 | 4:46 |
| 46 | 1909 | Wibberg, Henry | 61 | | Marathon-Club Menden | 258 | 275 | 3:21:40 | 3:22:09 | 1:43:18 | 1:38:22 | 4:47 |
| 47 | 1037 | Rüffer, Gerd | 62 | | LTNeuenrade | 262 | 280 | 3:22:02 | 3:22:11 | 1:37:18 | 1:44:44 | 4:47 |
| 48 | 1156 | Strathoff, Jürgen | 58 | | LG Habbeskamp | 270 | 288 | 3:22:37 | 3:22:58 | 1:41:28 | 1:41:08 | 4:48 |
| 49 | 734 | Krömer, Heinz-Werner | 59 | | 1. FC Spich | 273 | 291 | 3:22:56 | 3:23:11 | 1:35:26 | 1:47:29 | 4:49 |
| 50 | 1542 | Mayer, Hans-Jürgen | 59 | | EVONIK | 277 | 295 | 3:23:16 | 3:23:27 | 1:32:56 | 1:50:19 | 4:49 |
| 51 | 548 | Kilian, Walter | 58 | | Triathlon Team Witten | 281 | 299 | 3:23:32 | 3:23:50 | 1:35:15 | 1:48:16 | 4:49 |
| 52 | 1402 | Bierschbach, Rainer | 59 | | Oberhausener TV | 282 | 300 | 3:23:33 | 3:24:01 | 1:42:56 | 1:40:37 | 4:49 |
| 53 | 2512 | Ohlenbusch, Dirk | 62 | | OT Bremen | 284 | 302 | 3:23:56 | 3:24:03 | 1:37:44 | 1:46:12 | 4:50 |
| 54 | 2489 | Rehberger, Ralf | 61 | | Vitalschule | 285 | 303 | 3:23:58 | 3:24:14 | 1:37:03 | 1:46:54 | 4:50 |
| 55 | 1931 | Brinkmann, Werner | 59 | | SC DJK Everswinkel | 288 | 307 | 3:24:12 | 3:24:40 | 1:40:45 | 1:43:26 | 4:50 |
| 56 | 1687 | Böhle, Prof. Martin | 61 | | SUS Schalke 96 | 293 | 312 | 3:24:25 | 3:24:52 | 1:44:29 | 1:39:56 | 4:51 |
| 57 | 1357 | Stellbrink, Jörg | 62 | | *Aachen | 295 | 314 | 3:24:39 | 3:24:57 | 1:35:55 | 1:48:44 | 4:51 |
| 58 | 1901 | Quinkert, Michael | 61 | | Turboschnecken Lüdenscheid | 301 | 321 | 3:25:20 | 3:26:42 | 1:42:59 | 1:42:20 | 4:52 |
| 59 | 700 | Andrzejewski, Ralf | 60 | | *Herne | 302 | 322 | 3:25:20 | 3:25:37 | 1:37:06 | 1:48:14 | 4:52 |
| 60 | 1414 | Michollek, Wolfgang | 60 | | GSV Porz Köln | 304 | 324 | 3:25:27 | 3:25:48 | 1:42:47 | 1:42:39 | 4:52 |
| 61 | 1731 | Bukohl, Hans-Werner | 58 | | LT Union Wessum | 313 | 333 | 3:25:56 | 3:26:16 | 1:41:07 | 1:44:49 | 4:53 |
| 62 | 2151 | Korinski, Wolfgang | 60 | | TUS-Sorgenloch | 314 | 334 | 3:26:01 | 3:26:07 | 1:38:44 | 1:47:16 | 4:53 |
| 63 | 1978 | Preuß, Andreas | 62 | | Borussia Düsseldorf | 315 | 335 | 3:26:02 | 3:26:10 | 1:37:15 | 1:48:47 | 4:53 |
| 64 | 1581 | Rohe, Wolfgang | 60 | | DJK TTC Langern | 324 | 345 | 3:26:55 | 3:27:15 | 1:38:29 | 1:48:26 | 4:54 |
| 65 | 1896 | KLOSE, JÜRGEN | 59 | | LT-WISCHLINGEN | 326 | 348 | 3:27:15 | 3:27:29 | 1:34:36 | 1:52:39 | 4:55 |
| 66 | 1426 | Miese, Joachim | 61 | | TV Arnsberg | 330 | 352 | 3:27:25 | 3:27:51 | 1:44:17 | 1:43:08 | 4:55 |
| 67 | 714 | Godehardt, Michael | 60 | | shr herdecke | 334 | 356 | 3:27:38 | 3:27:57 | 1:37:05 | 1:50:33 | 4:55 |
| 68 | 1318 | Reese, Stefan | 62 | | Ratingen | 344 | 367 | 3:28:29 | 3:28:52 | 1:42:25 | 1:46:04 | 4:56 |
| 69 | 1478 | Fröse, Karl-Heinz | 59 | | Adler Langlauf Bottrop | 346 | 370 | 3:28:31 | 3:28:50 | 1:43:36 | 1:44:54 | 4:57 |
| 70 | 1740 | Schulte-Zweck, Michael | 60 | | BSG WAZ Essen | 349 | 373 | 3:28:34 | 3:28:52 | 1:37:01 | 1:51:32 | 4:57 |
| 71 | 1506 | Jauer, Uli | 59 | | EVONIK | 355 | 379 | 3:28:50 | 3:29:14 | 1:40:34 | 1:48:16 | 4:57 |

Klasse M45

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------------------|----|-----|-----------------------------|-------|-----|---------|---------|---------|---------|--------|
| 72 | 1964 | Berenbrink, Gerold | 62 | | Varensell | 357 | 381 | 3:28:56 | 3:29:00 | 1:39:48 | 1:49:07 | 4:57 |
| 73 | 1172 | Theuerkorn, Thomas | 61 | | Grüne Handschuhe Bielefeld | 368 | 396 | 3:29:17 | 3:29:33 | 1:37:00 | 1:52:17 | 4:58 |
| 74 | 2482 | Klahr, Werner | 60 | | *Duisburg | 370 | 398 | 3:29:19 | 3:29:24 | 1:39:06 | 1:50:12 | 4:58 |
| 75 | 1922 | Drechsler, Hans-Jürgen | 61 | | LT Bittermark Dortmund | 371 | 399 | 3:29:19 | 3:29:42 | 1:44:19 | 1:44:59 | 4:58 |
| 76 | 800 | Kraft, Prof. Gerhard | 60 | | TUS Eintracht Bielefeld | 373 | 401 | 3:29:21 | 3:29:54 | 1:45:49 | 1:43:31 | 4:58 |
| 77 | 521 | Schnitzler, Wilfried | 58 | | SG Zons | 375 | 403 | 3:29:30 | 3:29:59 | 1:46:04 | 1:43:26 | 4:58 |
| 78 | 821 | Nemeth, Dr. Reinhard | 59 | AUT | *Düsseldorf | 376 | 405 | 3:29:35 | 3:29:56 | 1:42:22 | 1:47:12 | 4:58 |
| 79 | 1692 | Brune, Rudolf | 60 | | Lauffreunde Buer | 377 | 406 | 3:29:41 | 3:30:09 | 1:44:29 | 1:45:11 | 4:58 |
| 80 | 1867 | Nekel, Gerhard | 62 | | LT DJK Andernach | 382 | 411 | 3:29:47 | 3:30:10 | 1:43:27 | 1:46:20 | 4:58 |
| 81 | 1781 | Gellings, Jürgen | 62 | | SV Viktoria Winnekendonk | 389 | 419 | 3:30:27 | 3:30:54 | 1:44:26 | 1:46:00 | 4:59 |
| 82 | 1443 | Bloch, Volker | 59 | | EVONIK | 390 | 420 | 3:30:34 | 3:31:01 | 1:43:21 | 1:47:13 | 4:59 |
| 83 | 1745 | Wunder, Ulrich | 61 | | *Wuppertal | 395 | 425 | 3:31:00 | 3:31:30 | 1:44:08 | 1:46:51 | 5:00 |
| 84 | 667 | Koch, Joachim | 59 | | *Köln | 402 | 432 | 3:31:13 | 3:31:18 | 1:42:59 | 1:48:13 | 5:00 |
| 85 | 1136 | Ostermann, Dr. georg | 62 | | Desperados Dortmund | 407 | 437 | 3:31:47 | 3:32:10 | 1:39:50 | 1:51:56 | 5:01 |
| 86 | 882 | Schmidtman, Ralf | 60 | | *Bochum | 411 | 441 | 3:31:58 | 3:32:16 | 1:40:05 | 1:51:52 | 5:01 |
| 87 | 1817 | Straßburger, Dr. Christoph | 62 | | *Düsseldorf | 421 | 452 | 3:32:56 | 3:33:22 | 1:43:57 | 1:48:59 | 5:03 |
| 88 | 2430 | Wittrock, Thomas | 62 | | *Hilden | 422 | 453 | 3:32:57 | 3:33:24 | 1:44:29 | 1:48:27 | 5:03 |
| 89 | 653 | Burkert, Andreas | 60 | | AS-Neukirchen-Vluyn | 424 | 456 | 3:33:03 | 3:33:34 | 1:45:54 | 1:47:09 | 5:03 |
| 90 | 942 | Kaulen, Peter | 59 | | LG Donatus Erftstadt | 425 | 457 | 3:33:04 | 3:33:34 | 1:44:25 | 1:48:39 | 5:03 |
| 91 | 567 | Schünemann, Dr. Uwe | 59 | | ASV Duisburg | 427 | 459 | 3:33:19 | 3:33:45 | 1:42:58 | 1:50:21 | 5:03 |
| 92 | 1636 | Witt, Ralf | 62 | | EVONIK | 428 | 460 | 3:33:19 | 3:33:46 | 1:41:11 | 1:52:07 | 5:03 |
| 93 | 1466 | Dombrowski, Leon | 58 | | EVONIK | 430 | 462 | 3:33:31 | 3:33:41 | 1:29:21 | 2:04:09 | 5:04 |
| 94 | 1685 | Roters, Detlef | 61 | | DJK Trie Rhede | 435 | 469 | 3:34:01 | 3:34:33 | 1:44:05 | 1:49:56 | 5:04 |
| 95 | 727 | Sprung, Jörg | 60 | | Lupus Team Zehdenick | 438 | 472 | 3:34:11 | 3:34:37 | 1:42:35 | 1:51:35 | 5:05 |
| 96 | 1007 | Nüsse-Maas, Ludger | 62 | | *Duisburg | 443 | 478 | 3:34:48 | 3:34:53 | 1:39:04 | 1:55:43 | 5:05 |
| 97 | 865 | Rochlitz, Dr. Karl-Heinz | 59 | | *Mettmann | 448 | 484 | 3:35:08 | 3:35:39 | 1:44:37 | 1:50:31 | 5:06 |
| 98 | 1003 | Schlattmann, Winand | 60 | | TSV Raesfeld | 451 | 487 | 3:35:42 | 3:36:05 | 1:42:32 | 1:53:09 | 5:07 |
| 99 | 2078 | Tröger, Ludger | 61 | | Radbod Runners | 454 | 490 | 3:35:50 | 3:36:08 | 1:42:30 | 1:53:19 | 5:07 |
| 100 | 1088 | Becker, Thomas | 61 | | Haxterlauffreunde Paderborn | 458 | 494 | 3:36:14 | 3:36:28 | 1:43:43 | 1:52:31 | 5:07 |
| 101 | 812 | Schmidt, Peter | 59 | | *Bochum | 467 | 503 | 3:36:58 | 3:37:44 | 1:46:45 | 1:50:13 | 5:09 |
| 102 | 533 | Minning, Jürgen | 59 | | BSG Spingorum E.V. | 482 | 520 | 3:37:53 | 3:38:20 | 1:44:27 | 1:53:26 | 5:10 |
| 103 | 637 | Netz, Harald | 61 | | *Herne | 484 | 522 | 3:37:54 | 3:38:37 | 1:50:51 | 1:47:02 | 5:10 |
| 104 | 1736 | Bendixen, Thomas | 62 | | *Duisburg | 487 | 525 | 3:38:07 | 3:38:45 | 1:47:46 | 1:50:21 | 5:10 |
| 105 | 1802 | Kniesburgesch, Burkhard | 60 | | *Gütersloh | 499 | 537 | 3:38:40 | 3:38:59 | 1:42:37 | 1:56:03 | 5:11 |
| 106 | 1510 | Junker, Dr. Martin | 60 | | EVONIK | 505 | 543 | 3:38:56 | 3:39:35 | 1:45:55 | 1:53:00 | 5:11 |
| 107 | 787 | Ader, Lutz | 59 | | BSG Aon Jauch & Hübener | 506 | 545 | 3:39:00 | 3:39:32 | 1:43:35 | 1:55:25 | 5:11 |
| 108 | 579 | Wünsche, Frank | 59 | | VfR Unterbruch LG | 512 | 551 | 3:39:11 | 3:39:55 | 1:51:04 | 1:48:06 | 5:12 |
| 109 | 1993 | Voith, Michael | 60 | | LT Mattlerbusch | 526 | 567 | 3:39:48 | 3:40:14 | 1:47:11 | 1:52:37 | 5:13 |
| 110 | 737 | Pudenz, Jörg | 62 | | *Duisburg | 527 | 568 | 3:39:55 | 3:40:50 | 1:44:09 | 1:55:46 | 5:13 |
| 111 | 2123 | von Wirth, Franz | 62 | | *Ratingen | 530 | 571 | 3:40:04 | 3:40:32 | 1:45:24 | 1:54:39 | 5:13 |
| 112 | 1561 | Osadnik, Klaus | 60 | | EVONIK | 533 | 575 | 3:40:13 | 3:40:43 | 1:44:20 | 1:55:53 | 5:13 |
| 113 | 1175 | Lösing, Martin | 58 | | LG RWE Power | 535 | 577 | 3:40:21 | 3:40:52 | 1:45:02 | 1:55:18 | 5:13 |
| 114 | 1160 | dolejsch, martin | 62 | | *Kamen | 538 | 581 | 3:40:37 | 3:41:07 | 1:44:56 | 1:55:40 | 5:14 |
| 115 | 1219 | Klarholz, Peter | 62 | | DVV Coburg | 546 | 589 | 3:40:57 | 3:41:01 | 1:41:12 | 1:59:45 | 5:14 |
| 116 | 963 | Hertrich, Thomas | 62 | | SV Welschingen | 549 | 593 | 3:41:20 | 3:41:43 | 1:44:45 | 1:56:34 | 5:15 |
| 117 | 2198 | Schmaling, Jürgen | 62 | | Marathon Steinfurt | 555 | 599 | 3:42:01 | 3:42:52 | 1:51:04 | 1:50:56 | 5:16 |
| 118 | 1716 | Borchardt, Thomas | 60 | | Laufteam Wolfhagen | 557 | 602 | 3:42:07 | 3:43:01 | 1:48:29 | 1:53:37 | 5:16 |
| 119 | 2059 | Müller, Edzard | 60 | | LAG Wesertal | 559 | 604 | 3:42:09 | 3:42:25 | 1:35:37 | 2:06:31 | 5:16 |
| 120 | 1803 | Trefon, Peter | 62 | | *Bochum | 568 | 615 | 3:42:40 | 3:43:07 | 1:44:30 | 1:58:10 | 5:17 |
| 121 | 1276 | Müller, Andreas | 58 | | TSVE 1890 Bielefeld | 570 | 617 | 3:42:47 | 3:43:11 | 1:46:44 | 1:56:02 | 5:17 |
| 122 | 503 | Enke, Axel | 59 | | *Sinzig | 572 | 619 | 3:42:49 | 3:43:13 | 1:44:40 | 1:58:09 | 5:17 |
| 123 | 1946 | Schäfer, Willi | 61 | | Neuenrade | 582 | 629 | 3:43:05 | 3:43:42 | 1:51:12 | 1:51:53 | 5:17 |
| 124 | 1586 | Schamel, Klaus | 59 | | EVONIK | 584 | 631 | 3:43:12 | 3:43:47 | 1:46:05 | 1:57:07 | 5:17 |
| 125 | 346 | Hünemann, Christoph | 61 | | LG Emsdetten | 593 | 641 | 3:43:43 | 3:44:24 | 1:51:07 | 1:52:36 | 5:18 |
| 126 | 345 | Ahmann, Franz | 62 | | Marathon Steinfurt | 594 | 642 | 3:43:43 | 3:44:24 | 1:51:07 | 1:52:36 | 5:18 |
| 127 | 1365 | Hildebrandt, Wolfgang | 61 | | Marathon Dinslaken | 595 | 643 | 3:43:44 | 3:44:26 | 1:50:58 | 1:52:46 | 5:18 |
| 128 | 1006 | Trede, Volker | 62 | | www.wildwuchs.biz | 607 | 659 | 3:44:24 | 3:45:09 | 1:50:41 | 1:53:42 | 5:19 |
| 129 | 587 | Kunter, Uwe | 58 | | TSVE 1890 Bielefeld | 609 | 661 | 3:44:25 | 3:45:39 | 1:48:01 | 1:56:23 | 5:19 |
| 130 | 1681 | Panitz, Ralf | 60 | | RSV Mülheim | 615 | 668 | 3:44:34 | 3:45:01 | 1:44:27 | 2:00:07 | 5:19 |
| 131 | 1994 | Reumann-Claßen, Dietmar | 61 | | TUS Neumühl | 616 | 669 | 3:44:35 | 3:44:55 | 1:48:26 | 1:56:08 | 5:19 |
| 132 | 1669 | Riege, Dr. Karsten | 60 | | *Neuenrade | 619 | 673 | 3:44:49 | 3:45:27 | 1:47:45 | 1:57:04 | 5:20 |
| 133 | 1288 | Deppe, Matthias | 58 | | *Wuppertal | 622 | 676 | 3:45:07 | 3:46:00 | 1:51:54 | 1:53:12 | 5:20 |
| 134 | 1228 | Weiss, Dr. Thomas | 59 | | *Bochum | 623 | 678 | 3:45:08 | 3:45:40 | 1:40:26 | 2:04:42 | 5:20 |
| 135 | 1315 | Komescher, Gregor | 58 | | RC Tornado Rees | 638 | 694 | 3:45:48 | 3:46:29 | 1:46:38 | 1:59:10 | 5:21 |
| 136 | 984 | Teune, Jens | 58 | | VfL Ahaus | 640 | 696 | 3:45:53 | 3:46:40 | 1:51:09 | 1:54:44 | 5:21 |
| 137 | 692 | fischer, ralf | 62 | | *bothel | 642 | 698 | 3:46:01 | 3:46:44 | 1:48:07 | 1:57:54 | 5:21 |
| 138 | 1049 | Stöhr, Uli | 61 | | LT BSG Grohe | 643 | 699 | 3:46:03 | 3:46:50 | 1:48:36 | 1:57:27 | 5:21 |
| 139 | 1004 | Klemm, Wilfried | 62 | | *Gronau | 646 | 702 | 3:46:07 | 3:46:50 | 1:49:07 | 1:56:59 | 5:22 |
| 140 | 2475 | Budzahl, Remo | 61 | | *Ratingen | 647 | 703 | 3:46:24 | 3:46:57 | 1:48:28 | 1:57:56 | 5:22 |
| 141 | 1118 | Verholt, Udo | 59 | | Lippepiraten | 648 | 704 | 3:46:25 | 3:46:53 | 1:44:11 | 2:02:14 | 5:22 |
| 142 | 767 | Kania, Andreas | 62 | | *Hattingen | 652 | 708 | 3:46:48 | 3:47:14 | 1:48:26 | 1:58:21 | 5:23 |

Klasse M45

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------------------|----|-----|-----------------------------|-------|------|---------|---------|---------|---------|--------|
| 143 | 1965 | Schulte, Andreas | 60 | | *Bielefeld | 658 | 714 | 3:47:07 | 3:47:26 | 1:46:58 | 2:00:09 | 5:23 |
| 144 | 979 | Höber, Volker | 62 | | LT Wischlingen | 659 | 715 | 3:47:10 | 3:47:35 | 1:44:33 | 2:02:37 | 5:23 |
| 145 | 1400 | Dahm, Wolfgang | 60 | | *Köln | 661 | 717 | 3:47:19 | 3:48:26 | 1:51:41 | 1:55:37 | 5:23 |
| 146 | 860 | Bieker, Christoph | 61 | | LT Lustige Schleicher Essen | 663 | 719 | 3:47:20 | 3:48:32 | 1:56:33 | 1:50:47 | 5:23 |
| 147 | 560 | Holst, Hansi | 61 | | *Schwerte | 664 | 720 | 3:47:28 | 3:48:18 | 1:51:58 | 1:55:29 | 5:23 |
| 148 | 1889 | Taubert, Günter | 62 | | TSF 1986 Latum | 665 | 721 | 3:47:28 | 3:47:54 | 1:44:29 | 2:02:58 | 5:23 |
| 149 | 2476 | Meier, Andreas | 62 | | *Iserlohn | 666 | 722 | 3:47:37 | 3:48:34 | 1:50:54 | 1:56:42 | 5:24 |
| 150 | 631 | Lange, Thomas | 62 | | TG Lage | 672 | 729 | 3:47:48 | 3:48:11 | 1:43:39 | 2:04:09 | 5:24 |
| 151 | 1047 | Hessenmüller, Rainer | 60 | | *Waiblingen | 676 | 735 | 3:48:00 | 3:48:30 | 1:50:53 | 1:57:06 | 5:24 |
| 152 | 508 | Petrik, Michael | 62 | | *Cochem | 683 | 743 | 3:48:31 | 3:48:54 | 1:47:06 | 2:01:25 | 5:25 |
| 153 | 1393 | Cegiël, Dirk | 62 | | *Stubben | 688 | 749 | 3:48:57 | 3:49:20 | 1:44:11 | 2:04:46 | 5:26 |
| 154 | 1394 | Hermes, Siegfried | 58 | | LT Gruiten-Neandertal | 692 | 753 | 3:49:16 | 3:50:05 | 1:52:57 | 1:56:18 | 5:26 |
| 155 | 2470 | Baum, Theo | 59 | | Neenah Lahnstein | 699 | 761 | 3:49:31 | 3:50:08 | 1:48:52 | 2:00:39 | 5:26 |
| 156 | 1316 | Beyer, Harald | 60 | | *Essen | 700 | 762 | 3:49:31 | 3:50:33 | 1:54:48 | 1:54:43 | 5:26 |
| 157 | 613 | Hahn, Raimund | 58 | | trimteam wanne-eickel 06 | 702 | 766 | 3:49:51 | 3:50:22 | 1:45:02 | 2:04:49 | 5:27 |
| 158 | 2127 | Mergen, Michael | 61 | | *Mettmann | 704 | 768 | 3:50:00 | 3:50:22 | 1:46:35 | 2:03:25 | 5:27 |
| 159 | 2153 | Quast, Thomas | 62 | | Blau-Weiß-Bochum | 708 | 773 | 3:50:23 | 3:50:50 | 1:44:19 | 2:06:03 | 5:28 |
| 160 | 2499 | Soetewey, Patrick | 61 | | *Essen | 712 | 778 | 3:50:43 | 3:50:53 | 1:46:47 | 2:03:56 | 5:28 |
| 161 | 1544 | Meyer, Paul | 59 | | EVONIK | 717 | 784 | 3:51:17 | 3:51:46 | 1:46:25 | 2:04:51 | 5:29 |
| 162 | 2481 | Heyer, Jürgen | 61 | | *Essen | 718 | 785 | 3:51:19 | 3:52:42 | 1:51:24 | 1:59:54 | 5:29 |
| 163 | 1996 | Dorobeck, Burkhard | 61 | | DMT Düsseldorf | 719 | 786 | 3:51:31 | 3:52:06 | 1:54:18 | 1:57:13 | 5:29 |
| 164 | 1763 | Finkensiep, Dirk | 59 | | LWT Umminger See / Bochum | 720 | 787 | 3:51:32 | 3:52:36 | 1:53:54 | 1:57:37 | 5:29 |
| 165 | 1265 | Abel, Ulrich | 59 | | LT Rhein Herne Kanal 1988 | 723 | 790 | 3:51:45 | 3:52:20 | 1:52:11 | 1:59:34 | 5:30 |
| 166 | 918 | Stolterfoht, Uwe | 60 | | LV EINHEIT GREIZ | 730 | 798 | 3:52:07 | 3:53:42 | 1:53:45 | 1:58:21 | 5:30 |
| 167 | 1621 | van der Heyden, Ralf | 59 | | EVONIK | 734 | 802 | 3:52:29 | 3:53:38 | 1:56:03 | 1:56:25 | 5:31 |
| 168 | 1532 | Leismann, Claus | 59 | | EVONIK | 736 | 805 | 3:52:48 | 3:53:41 | 1:52:57 | 1:59:51 | 5:31 |
| 169 | 1388 | Glomp, Günter | 61 | | *Bergkamen | 737 | 807 | 3:52:51 | 3:53:47 | 1:53:40 | 1:59:11 | 5:31 |
| 170 | 1651 | Boerenkamp, Rainer | 60 | | *Nettetal | 741 | 812 | 3:53:10 | 3:54:27 | 1:56:28 | 1:56:42 | 5:32 |
| 171 | 1423 | Neth, Thorsten | 61 | | Marathon Dinslaken | 743 | 816 | 3:53:29 | 3:54:11 | 1:50:58 | 2:02:30 | 5:32 |
| 172 | 566 | Mothes, Rafael | 59 | | FS Rheinkamp | 747 | 821 | 3:53:48 | 3:54:42 | 1:54:49 | 1:58:59 | 5:32 |
| 173 | 1113 | Arendt, Andre | 61 | | *Münster | 749 | 823 | 3:53:50 | 3:54:57 | 1:55:52 | 1:57:57 | 5:33 |
| 174 | 2190 | Lesaar, Gerd | 58 | | Marathon Soest | 754 | 829 | 3:54:05 | 3:55:05 | 1:53:54 | 2:00:10 | 5:33 |
| 175 | 788 | Lösch, Reinhard | 62 | | Die Waldgazellen | 755 | 830 | 3:54:06 | 3:54:54 | 1:58:05 | 1:56:00 | 5:33 |
| 176 | 1602 | Spinner, Joachim | 59 | | EVONIK | 769 | 847 | 3:54:43 | 3:56:05 | 1:56:31 | 1:58:11 | 5:34 |
| 177 | 1584 | Schade, Michael | 59 | | EVONIK | 772 | 850 | 3:54:50 | 3:56:03 | 1:57:15 | 1:57:34 | 5:34 |
| 178 | 1768 | Neuhaus, Friedrich-Wilhelm | 58 | | SSV Allendorf | 773 | 851 | 3:54:52 | 3:55:01 | 1:43:47 | 2:11:04 | 5:34 |
| 179 | 1877 | Lausberg, Toni | 62 | | *Aachen | 776 | 856 | 3:54:57 | 3:55:41 | 1:49:52 | 2:05:05 | 5:34 |
| 180 | 1588 | Schlesier, Michael | 60 | | EVONIK | 778 | 860 | 3:55:08 | 3:56:20 | 1:57:16 | 1:57:51 | 5:34 |
| 181 | 1773 | Pilgram, Hans-Peter | 59 | | *Köln | 782 | 864 | 3:55:18 | 3:56:28 | 1:58:50 | 1:56:27 | 5:35 |
| 182 | 1587 | Schikorr, Lothar | 62 | | EVONIK | 787 | 869 | 3:55:36 | 3:56:46 | 1:56:57 | 1:58:39 | 5:35 |
| 183 | 1480 | Fuchs, Volker | 58 | | EVONIK | 789 | 872 | 3:55:40 | 3:55:52 | 1:48:19 | 2:07:20 | 5:35 |
| 184 | 664 | Schuster, Ralf | 61 | | TLV Germania Überruhr | 791 | 874 | 3:55:49 | 3:56:58 | 1:56:40 | 1:59:09 | 5:35 |
| 185 | 1513 | Keller, Ralf | 59 | | EVONIK | 795 | 880 | 3:56:06 | 3:56:54 | 1:56:37 | 1:59:28 | 5:36 |
| 186 | 1639 | Zirkel, Peter | 62 | | EVONIK | 798 | 883 | 3:56:11 | 3:56:58 | 1:56:38 | 1:59:33 | 5:36 |
| 187 | 2157 | Fust, Ulrich | 61 | | *Essen | 801 | 888 | 3:56:23 | 3:57:52 | 2:00:08 | 1:56:14 | 5:36 |
| 188 | 1552 | Munkes, Jürgen | 62 | | EVONIK | 815 | 906 | 3:56:40 | 3:57:55 | 1:57:41 | 1:58:58 | 5:37 |
| 189 | 2534 | Schmeing, Ralf | 60 | | LSF Münster | 817 | 908 | 3:56:51 | 3:57:33 | 1:51:08 | 2:05:43 | 5:37 |
| 190 | 683 | Schugart, Andreas | 60 | | BSG Schüco | 818 | 909 | 3:56:53 | 3:58:06 | 1:51:06 | 2:05:46 | 5:37 |
| 191 | 1483 | Garbe, Michael | 62 | | EVONIK | 823 | 915 | 3:57:09 | 3:58:15 | 1:56:35 | 2:00:34 | 5:37 |
| 192 | 1124 | ruf, christian | 59 | | hsg rheydt-geistenbeck | 824 | 916 | 3:57:10 | 3:58:19 | 1:58:34 | 1:58:36 | 5:37 |
| 193 | 1630 | Westbomke, Bernd | 61 | | EVONIK | 831 | 924 | 3:57:24 | 3:58:12 | 1:56:38 | 2:00:46 | 5:38 |
| 194 | 856 | Knappe, Hans-Gerd | 60 | | TTC BW Grevenbroich | 833 | 928 | 3:57:26 | 3:58:58 | 1:58:17 | 1:59:08 | 5:38 |
| 195 | 989 | Groß, Stefan | 62 | | *Velbert | 838 | 933 | 3:57:34 | 3:58:38 | 1:56:38 | 2:00:55 | 5:38 |
| 196 | 718 | Bachmann, Ralf | 62 | | BSG Team EVAG | 844 | 939 | 3:57:47 | 3:58:29 | 1:51:08 | 2:06:39 | 5:38 |
| 197 | 1771 | Flohre, Ferdi | 60 | | *Belm | 847 | 945 | 3:57:57 | 3:58:28 | 1:42:41 | 2:15:16 | 5:38 |
| 197 | 400 | Menzel, Jürgen | 61 | | Marathon Steinfurt | 847 | 944 | 3:57:57 | 3:59:04 | 1:58:39 | 1:59:18 | 5:38 |
| 199 | 401 | Olbrisch, Wolfgang | 62 | | *Datteln | 853 | 951 | 3:58:03 | 3:59:10 | 1:58:42 | 1:59:21 | 5:39 |
| 200 | 1799 | Kunkel, Uwe | 61 | | LC Duisburg | 859 | 957 | 3:58:11 | 3:59:29 | 1:58:30 | 1:59:41 | 5:39 |
| 201 | 1886 | Kluge, Dietmar | 61 | | *Schlangen | 863 | 963 | 3:58:21 | 3:59:19 | 1:55:38 | 2:02:42 | 5:39 |
| 202 | 1256 | Laubach, Thomas | 62 | | www.logopraxis-vhm.de | 864 | 964 | 3:58:22 | 3:59:10 | 1:50:50 | 2:07:31 | 5:39 |
| 203 | 1701 | Behnisch-Wittig, Martin | 61 | | SV Neukirchen Handball | 873 | 973 | 3:58:48 | 3:59:42 | 1:52:46 | 2:06:01 | 5:40 |
| 204 | 1404 | Giese, Hermann | 62 | | TV Roetgen | 880 | 981 | 3:59:11 | 4:00:04 | 1:56:50 | 2:02:20 | 5:40 |
| 205 | 1389 | Schneider, Dr. Uwe | 62 | | TV Roetgen | 884 | 985 | 3:59:15 | 4:00:08 | 1:56:51 | 2:02:24 | 5:40 |
| 206 | 1500 | Herfurth, Wolfgang | 61 | | EVONIK | 886 | 987 | 3:59:20 | 4:00:30 | 1:58:40 | 2:00:39 | 5:40 |
| 207 | 828 | Deubler, Peter | 60 | | SV Spexard | 894 | 996 | 3:59:52 | 4:01:06 | 1:56:27 | 2:03:25 | 5:41 |
| 208 | 1805 | Wichert, Achim | 60 | | PUR Running - Team | 895 | 997 | 3:59:53 | 4:00:43 | 1:56:14 | 2:03:38 | 5:41 |
| 209 | 1031 | Wysocki, Wolfgang | 60 | | SV 19 Straelen | 896 | 998 | 3:59:53 | 4:00:51 | 1:54:44 | 2:05:08 | 5:41 |
| 210 | 1565 | Pienkoß, Michael | 61 | | EVONIK | 899 | 1001 | 4:00:11 | 4:00:44 | 1:57:11 | 2:03:00 | 5:42 |
| 211 | 1675 | Schwarz, Ralf | 62 | | *Holzwickede | 902 | 1004 | 4:00:26 | 4:01:00 | 1:48:20 | 2:12:05 | 5:42 |
| 212 | 1878 | wagner, uli | 62 | | gekommenumzubleibenoberwert | 903 | 1005 | 4:00:26 | 4:02:13 | 2:00:27 | 1:59:59 | 5:42 |
| 213 | 1712 | Koppitz, Dr. Michael | 60 | | Team DMT | 908 | 1011 | 4:00:48 | 4:01:28 | 1:49:59 | 2:10:49 | 5:42 |

Klasse M45

| Platz | St-Nr. | Name | JG | NAT | Verein/"Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|---------------------------|----|-----|-----------------------------|-------|------|---------|---------|---------|---------|--------|
| 214 | 1084 | Hölting, Rainer | 61 | | *Bottrop | 910 | 1013 | 4:00:53 | 4:01:50 | 1:57:35 | 2:03:17 | 5:43 |
| 215 | 1715 | Gorißen, Dietmar | 58 | | Lauftreff Dürerstraße | 926 | 1032 | 4:02:30 | 4:03:56 | 1:58:27 | 2:04:03 | 5:45 |
| 216 | 1836 | Hoffmann, Ernst | 60 | | TUS Herscheid | 931 | 1038 | 4:02:40 | 4:03:27 | 1:53:25 | 2:09:14 | 5:45 |
| 217 | 1436 | Becker-Lechtenfeld, Peter | 60 | | EVONIK | 936 | 1044 | 4:03:01 | 4:04:17 | 1:58:23 | 2:04:37 | 5:46 |
| 218 | 540 | Lieser, Frank | 60 | | *Wuppertal | 937 | 1045 | 4:03:16 | 4:04:21 | 1:57:50 | 2:05:26 | 5:46 |
| 219 | 1661 | Schönig, Jürgen | 62 | | Purmetall | 942 | 1052 | 4:03:53 | 4:04:43 | 1:50:58 | 2:12:54 | 5:47 |
| 220 | 921 | Mels, Stefan | 60 | | LC Duisburg | 943 | 1053 | 4:03:55 | 4:05:03 | 1:55:32 | 2:08:22 | 5:47 |
| 221 | 1654 | Hesse, Detlef | 58 | | DJK Rasensport Aachen Brand | 945 | 1056 | 4:04:10 | 4:05:03 | 1:50:28 | 2:13:42 | 5:47 |
| 222 | 1950 | Wiefermann, Heinz | 58 | | *Münster | 954 | 1066 | 4:04:52 | 4:06:12 | 1:58:31 | 2:06:21 | 5:48 |
| 223 | 1873 | Pinter, Rudolf | 62 | | RRS Anrath | 957 | 1070 | 4:05:37 | 4:07:07 | 2:01:39 | 2:03:57 | 5:49 |
| 224 | 908 | Berwing, Friedhelm | 58 | | DJK Rasensport Aachen-Brand | 959 | 1073 | 4:05:44 | 4:06:29 | 1:56:20 | 2:09:23 | 5:49 |
| 225 | 581 | Binias, Jürgen | 60 | | LC Duisburg | 966 | 1080 | 4:06:35 | 4:07:38 | 1:55:38 | 2:10:57 | 5:51 |
| 226 | 986 | Kopf, Klaus - Jörg | 62 | | Lauftreff Butzbach | 970 | 1086 | 4:07:10 | 4:07:57 | 1:49:42 | 2:17:27 | 5:51 |
| 227 | 1904 | Hiesgen, Klaus | 59 | | HSP Münster | 982 | 1101 | 4:08:05 | 4:09:16 | 1:58:05 | 2:09:59 | 5:53 |
| 228 | 1541 | Max, Michael | 60 | | EVONIK | 991 | 1111 | 4:08:39 | 4:09:50 | 1:58:21 | 2:10:17 | 5:54 |
| 229 | 842 | Rohrmann, Bernd | 59 | | LT Hagen-Emst | 992 | 1112 | 4:08:40 | 4:10:20 | 2:04:17 | 2:04:23 | 5:54 |
| 230 | 1015 | Hildebrand, Dr. Uwe | 62 | | *Meerbusch | 1000 | 1121 | 4:09:23 | 4:10:06 | 1:51:12 | 2:18:11 | 5:55 |
| 231 | 2053 | Kaup, Friedhelm | 58 | | LG-Beelen | 1010 | 1134 | 4:10:12 | 4:11:03 | 1:54:18 | 2:15:53 | 5:56 |
| 232 | 2020 | Niedergesaess, Frank | 60 | | LC Duisburg | 1011 | 1135 | 4:10:14 | 4:11:50 | 2:04:20 | 2:05:54 | 5:56 |
| 233 | 1619 | Tollasz, Siegfried | 62 | | EVONIK | 1017 | 1142 | 4:11:06 | 4:11:19 | 1:54:27 | 2:16:39 | 5:57 |
| 234 | 1861 | Wolters, Heinz-Jürgen | 60 | | *Wiehl | 1023 | 1150 | 4:11:31 | 4:12:39 | 1:58:00 | 2:13:31 | 5:58 |
| 235 | 1133 | GAIDA, PETER | 62 | | FC HuF | 1027 | 1154 | 4:11:39 | 4:12:40 | 1:57:37 | 2:14:02 | 5:58 |
| 236 | 511 | Kluge, Klaus | 60 | | Tri-Geckos Dortmund | 1028 | 1155 | 4:11:41 | 4:13:23 | 2:04:38 | 2:07:03 | 5:58 |
| 237 | 830 | Hentrich, Thomas | 60 | | *Köln | 1029 | 1156 | 4:11:50 | 4:13:18 | 1:58:24 | 2:13:25 | 5:58 |
| 238 | 824 | Bielefeld, Ludger | 58 | | DJK Tus Stenern | 1042 | 1174 | 4:12:51 | 4:14:13 | 2:05:52 | 2:06:58 | 6:00 |
| 239 | 949 | Maus, Michael | 62 | | Alemannia Aachen | 1043 | 1176 | 4:12:57 | 4:13:48 | 1:56:11 | 2:16:46 | 6:00 |
| 240 | 1697 | Wilhelm, Jürgen | 58 | | *Mülheim a.d. Ruhr | 1051 | 1187 | 4:14:07 | 4:15:17 | 1:57:46 | 2:16:21 | 6:01 |
| 241 | 1930 | kempen, Ulrich | 61 | | *Köln | 1054 | 1191 | 4:14:27 | 4:15:47 | 1:54:19 | 2:20:08 | 6:02 |
| 242 | 1094 | Ossmann, Martin | 59 | | *Aachen | 1059 | 1198 | 4:14:53 | 4:16:29 | 2:02:24 | 2:12:29 | 6:02 |
| 243 | 1778 | Swoboda, Rüdiger | 59 | | *Gelsenkirchen | 1064 | 1203 | 4:15:26 | 4:16:02 | 1:54:52 | 2:20:34 | 6:03 |
| 244 | 1419 | Schwiderowski, Dr. Peter | 59 | | *Essen | 1066 | 1205 | 4:15:31 | 4:16:41 | 1:59:58 | 2:15:33 | 6:03 |
| 245 | 2138 | Hohenberg, Achim | 58 | | EVONIK | 1068 | 1207 | 4:15:38 | 4:16:40 | 1:53:24 | 2:22:13 | 6:04 |
| 246 | 1808 | Bayer, Thorsten | 62 | | SV Teutonia Riemke | 1075 | 1217 | 4:17:04 | 4:18:54 | 2:04:09 | 2:12:54 | 6:06 |
| 247 | 704 | Süssenbach, Reinhard | 61 | | LG RWE Power | 1076 | 1219 | 4:17:07 | 4:18:38 | 2:06:29 | 2:10:37 | 6:06 |
| 248 | 1720 | Strotmann, Karl-Heinz | 61 | | *Aachen | 1080 | 1225 | 4:17:30 | 4:18:15 | 2:05:03 | 2:12:27 | 6:06 |
| 249 | 525 | Gawrisch, Bernd | 60 | | LT Siebengebirge | 1086 | 1231 | 4:18:03 | 4:19:10 | 1:58:42 | 2:19:21 | 6:07 |
| 250 | 2444 | Reckmann, Thomas | 61 | | *Münster | 1088 | 1234 | 4:18:22 | 4:19:34 | 1:59:22 | 2:19:00 | 6:07 |
| 251 | 1703 | Wienholt, Bernd | 61 | | *Duisburg | 1091 | 1237 | 4:18:26 | 4:19:06 | 1:57:32 | 2:20:53 | 6:07 |
| 252 | 660 | Strack, Frank | 62 | | *Tönisvorst | 1097 | 1243 | 4:18:50 | 4:19:51 | 2:09:39 | 2:09:11 | 6:08 |
| 253 | 1240 | Scholz, Klaus | 59 | | TSF Bracht | 1099 | 1245 | 4:18:57 | 4:20:06 | 1:58:44 | 2:20:12 | 6:08 |
| 254 | 2162 | Schneider, Michael | 62 | | LT Wischlingen | 1100 | 1246 | 4:19:10 | 4:20:18 | 1:58:39 | 2:20:31 | 6:09 |
| 255 | 770 | Lauer, Dr. Martin | 60 | | SG Dülken | 1101 | 1251 | 4:19:21 | 4:20:42 | 2:03:48 | 2:15:33 | 6:09 |
| 256 | 1470 | Dworniczak, Ralf | 60 | | EVONIK | 1115 | 1269 | 4:20:54 | 4:22:30 | 2:04:50 | 2:16:04 | 6:11 |
| 257 | 1975 | Märten, Ralf | 58 | | *Osnabrück | 1120 | 1274 | 4:21:09 | 4:22:57 | 2:11:49 | 2:09:19 | 6:11 |
| 258 | 1952 | Huth, Thorsten | 62 | | *Duisburg | 1125 | 1282 | 4:21:54 | 4:23:36 | 2:13:39 | 2:08:14 | 6:12 |
| 259 | 1770 | Löschner, Uwe | 60 | | TriTeam TSG Sprockhövel | 1127 | 1284 | 4:22:16 | 4:22:34 | 1:34:54 | 2:47:22 | 6:13 |
| 260 | 1906 | Böker, Peter | 62 | | Total Chaos Runners | 1136 | 1294 | 4:23:17 | 4:24:53 | 2:01:55 | 2:21:22 | 6:14 |
| 261 | 771 | Holle, Stefan | 61 | | *Viersen | 1138 | 1296 | 4:23:34 | 4:24:56 | 2:03:47 | 2:19:47 | 6:15 |
| 262 | 629 | Reimann, Matthias | 62 | | ASG Teutoburgerwald | 1148 | 1308 | 4:25:23 | 4:26:25 | 1:59:12 | 2:26:11 | 6:17 |
| 263 | 1635 | Wirwalski, Jürgen | 58 | | EVONIK | 1155 | 1316 | 4:26:07 | 4:27:25 | 2:05:48 | 2:20:19 | 6:18 |
| 264 | 1408 | Thelen, Dieter | 60 | | Trills forever | 1165 | 1327 | 4:26:50 | 4:28:14 | 1:55:39 | 2:31:10 | 6:19 |
| 265 | 1188 | Fuchs, Andreas | 62 | | *Solingen | 1173 | 1335 | 4:27:40 | 4:29:29 | 2:13:47 | 2:13:52 | 6:21 |
| 266 | 2400 | Przypadlo, Jan | 59 | | *Essen | 1176 | 1342 | 4:28:10 | 4:29:28 | 1:59:19 | 2:28:50 | 6:21 |
| 267 | 974 | Bothen, Hans | 61 | | PV-Triathlon Witten | 1185 | 1358 | 4:28:46 | 4:30:37 | 2:27:28 | 2:01:18 | 6:22 |
| 268 | 1732 | Klauke, Helmut | 58 | | TV Flerke/Welver | 1189 | 1363 | 4:29:05 | 4:29:43 | 1:50:19 | 2:38:46 | 6:23 |
| 269 | 1053 | Petry, Dr. Knut | 59 | | *Nümbrecht | 1192 | 1366 | 4:29:16 | 4:30:32 | 2:09:11 | 2:20:05 | 6:23 |
| 270 | 530 | Schulz, Matthias | 61 | | *Köln | 1196 | 1370 | 4:29:26 | 4:31:17 | 2:03:58 | 2:25:27 | 6:23 |
| 271 | 1487 | Gorczyca, Thomas | 62 | | EVONIK | 1197 | 1371 | 4:29:27 | 4:30:51 | 2:05:14 | 2:24:13 | 6:23 |
| 272 | 541 | Wolf, Andreas | 58 | | *Leipzig | 1199 | 1373 | 4:29:29 | 4:31:01 | 2:10:05 | 2:19:24 | 6:23 |
| 273 | 807 | kögel, karl | 62 | | TSG Grünstadt | 1201 | 1375 | 4:29:34 | 4:30:59 | 2:04:19 | 2:25:14 | 6:23 |
| 274 | 1634 | Winkler, Klaus-Peter | 60 | | EVONIK | 1205 | 1380 | 4:30:09 | 4:31:04 | 2:11:54 | 2:18:15 | 6:24 |
| 275 | 1347 | Stücker, Hans | 60 | | RP Marathonteam | 1209 | 1386 | 4:30:52 | 4:31:57 | 2:14:27 | 2:16:25 | 6:25 |
| 276 | 2120 | Zerzucha, Peter | 60 | | *Duisburg | 1220 | 1401 | 4:34:02 | 4:35:12 | 2:02:27 | 2:31:34 | 6:30 |
| 277 | 1260 | Hastrich, Bruno | 61 | | *Bergisch Gladbach | 1228 | 1413 | 4:35:27 | 4:35:55 | 2:12:59 | 2:22:27 | 6:32 |
| 278 | 2052 | Beaupoil, Thomas | 60 | | SV Viktoria Goch | 1234 | 1421 | 4:36:25 | 4:37:12 | 1:51:52 | 2:44:33 | 6:33 |
| 279 | 1076 | BüBen, Volker | 61 | | LT Mismahlshof | 1256 | 1451 | 4:41:57 | 4:42:38 | 1:51:11 | 2:50:45 | 6:41 |
| 280 | 414 | Becker, Mattin | 60 | | MUT Troisdorf | 1259 | 1454 | 4:42:27 | 4:44:22 | 2:19:50 | 2:22:37 | 6:42 |
| 281 | 1694 | Müller, Rolf | 62 | | *Mönchengladbach | 1260 | 1456 | 4:42:31 | 4:44:07 | 2:00:49 | 2:41:41 | 6:42 |
| 282 | 2412 | Boeddinghaus, Kai | 59 | | *Kassel | 1267 | 1465 | 4:45:06 | 4:46:32 | 2:02:08 | 2:42:57 | 6:45 |
| 283 | 1534 | Lewin, Rainer | 60 | | EVONIK | 1268 | 1466 | 4:45:21 | 4:47:07 | 2:18:28 | 2:26:52 | 6:46 |
| 284 | 1132 | Gratkowski, Michael | 61 | | DJK Preussen 1911 Bochum | 1269 | 1468 | 4:45:39 | 4:47:04 | 2:12:01 | 2:33:38 | 6:46 |

Alterklassen

14. Oktober 2007

edrukt 14.10.2007 16:41:31

Klasse M45

| Platz | St-Nr. | Name | JG | NAT | Verein/"Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-----------------------|----|-----|-----------------------------|-------|------|---------|---------|---------|---------|--------|
| 285 | 1212 | Neugebauer, Andreas | 62 | | *Büren | 1271 | 1472 | 4:46:30 | 4:47:57 | 2:08:59 | 2:37:30 | 6:47 |
| 286 | 1020 | Enck, Thomas | 61 | | Commerzbank Berlin | 1277 | 1481 | 4:48:29 | 4:49:57 | 2:10:10 | 2:38:18 | 6:50 |
| 287 | 1482 | Gaemlich, Bernd | 59 | | EVONIK | 1285 | 1492 | 4:51:18 | 4:53:19 | 2:07:37 | 2:43:40 | 6:54 |
| 288 | 827 | Schmitz, Arno | 58 | | Sartorius Aachen | 1300 | 1513 | 4:56:11 | 4:58:04 | 2:10:08 | 2:46:03 | 7:01 |
| 289 | 1913 | Stratmann, Gerhard | 58 | | *Dortmund | 1302 | 1515 | 4:56:29 | 4:58:18 | 2:19:56 | 2:36:32 | 7:02 |
| 290 | 983 | Neuer, Andreas | 60 | | *Dortmund | 1316 | 1531 | 5:05:30 | 5:07:22 | 2:21:01 | 2:44:29 | 7:14 |
| 291 | 1582 | Rudnik, Horst-Michael | 62 | | EVONIK | 1324 | 1542 | 5:16:55 | 5:18:15 | 2:11:03 | 3:05:51 | 7:31 |
| 292 | 2493 | Hess, Waldemar | 61 | | *Essen | 1325 | 1543 | 5:17:59 | 5:21:03 | 2:01:27 | 3:16:31 | 7:32 |
| 293 | 1979 | Dickel, Michael | 60 | | Team Laufcampus - Remscheid | 1326 | 1544 | 5:18:29 | 5:20:18 | 2:19:14 | 2:59:15 | 7:33 |
| 294 | 2488 | Schauder, Gerd | 58 | | *Kempen | 1328 | 1546 | 5:21:49 | 5:23:42 | 2:17:42 | 3:04:06 | 7:38 |
| 295 | 534 | Heye, Dirk | 59 | | *Wülfrath | 1329 | 1547 | 5:21:50 | 5:23:43 | 2:19:48 | 3:02:02 | 7:38 |
| 296 | 1009 | Kopplin, Karl-Heinz | 58 | | *Essen | 1332 | 1552 | 5:27:43 | 5:29:38 | 2:23:10 | 3:04:33 | 7:46 |

Klasse M50

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------------|----|-----|----------------------------|-------|-----|---------|---------|---------|---------|--------|
| 1 | 301 | Giehler, Günter | 57 | | Marathon Steinfurt | 47 | 49 | 2:58:10 | 2:58:20 | 1:28:53 | 1:29:17 | 4:13 |
| 2 | 2106 | Schneider, Christoph | 57 | | TB Hassels | 82 | 85 | 3:01:31 | 3:01:43 | 1:28:52 | 1:32:39 | 4:18 |
| 3 | 1943 | Schaaf, Norbert | 57 | | LSF Werne | 92 | 95 | 3:03:24 | 3:03:34 | 1:28:53 | 1:34:31 | 4:21 |
| 4 | 2175 | Blesken, Michael | 57 | | DJK Rasensport Aachen/Bra | 118 | 124 | 3:07:17 | 3:07:20 | 1:30:10 | 1:37:07 | 4:26 |
| 5 | 1484 | Gaudschun, Kurt-Alfred | 56 | | EVONIK | 126 | 132 | 3:08:20 | 3:08:33 | 1:29:24 | 1:38:56 | 4:28 |
| 6 | 1543 | Mehne, Manfred | 57 | | Spvgg. Herten | 140 | 146 | 3:10:02 | 3:10:13 | 1:29:45 | 1:40:17 | 4:30 |
| 7 | 1299 | van Marwick, Klaus | 56 | | OT Bremen | 141 | 147 | 3:10:04 | 3:10:16 | 1:31:01 | 1:39:03 | 4:30 |
| 8 | 731 | Schleicher, Uwe | 57 | | LAC Erdgas Chemnitz | 155 | 163 | 3:11:58 | 3:12:04 | 1:29:26 | 1:42:31 | 4:33 |
| 9 | 1180 | Köntgen, Rudolf | 57 | | LG RWE Power | 176 | 184 | 3:14:15 | 3:14:28 | 1:36:22 | 1:37:52 | 4:36 |
| 10 | 1882 | Schimowski, Thomas | 56 | | SF Ennepetal | 217 | 228 | 3:18:08 | 3:18:11 | 1:30:35 | 1:47:32 | 4:42 |
| 11 | 2429 | Neumann, Reiner | 57 | | Laubach BGC | 224 | 237 | 3:18:36 | 3:19:01 | 1:40:22 | 1:38:13 | 4:42 |
| 12 | 1875 | Cardeneo, Jörk | 57 | | *Düsseldorf | 247 | 263 | 3:20:53 | 3:21:08 | 1:35:55 | 1:44:58 | 4:46 |
| 13 | 1099 | Ziemons, André | 56 | | *Gelsenkirchen | 253 | 270 | 3:21:25 | 3:21:45 | 1:41:03 | 1:40:21 | 4:46 |
| 14 | 876 | Hülshorst, Hermann-Josef | 55 | | PSC-Verl e.V. | 261 | 279 | 3:22:00 | 3:22:28 | 1:39:57 | 1:42:02 | 4:47 |
| 15 | 1613 | Stuth, Dieter | 56 | | EVONIK | 269 | 287 | 3:22:34 | 3:23:24 | 1:41:06 | 1:41:28 | 4:48 |
| 16 | 1266 | Lech, Hardy | 54 | | Laufend Beraten Hardy Lech | 291 | 310 | 3:24:14 | 3:24:40 | 1:42:55 | 1:41:18 | 4:50 |
| 17 | 2537 | Rother, Jürgen | 56 | | TUS Eintracht Bielefeld | 294 | 313 | 3:24:29 | 3:24:51 | 1:41:29 | 1:42:59 | 4:51 |
| 18 | 947 | Gerlach, Reinhard | 56 | | *Oberhausen | 317 | 338 | 3:26:10 | 3:26:31 | 1:37:00 | 1:49:09 | 4:53 |
| 19 | 2067 | Kösters, Herbert | 57 | | LT Union Wessum | 327 | 349 | 3:27:17 | 3:27:48 | 1:44:18 | 1:42:58 | 4:55 |
| 20 | 2496 | Dieterich, Volker | 56 | | Jukadio Heidelberg | 328 | 350 | 3:27:23 | 3:27:51 | 1:43:02 | 1:44:20 | 4:55 |
| 21 | 1439 | Bergermann, Ludger | 56 | | EVONIK | 348 | 372 | 3:28:31 | 3:28:51 | 1:44:21 | 1:44:10 | 4:57 |
| 22 | 2161 | Müller, Werner | 57 | | Essen | 351 | 375 | 3:28:41 | 3:28:58 | 1:37:04 | 1:51:36 | 4:57 |
| 23 | 1780 | Eicher, Horst | 54 | | LT Ultra-Heinis | 353 | 377 | 3:28:46 | 3:29:31 | 1:48:01 | 1:40:45 | 4:57 |
| 24 | 1363 | Nuyken, Thomas | 57 | | TSVE 1890 Bielefeld | 359 | 383 | 3:28:58 | 3:29:02 | 1:42:50 | 1:46:08 | 4:57 |
| 25 | 1051 | Göpel, Detlev | 53 | | Viermärker Dortmund | 367 | 395 | 3:29:14 | 3:29:34 | 1:42:45 | 1:46:29 | 4:58 |
| 26 | 1625 | Walther, Edgar | 57 | | EVONIK | 369 | 397 | 3:29:18 | 3:29:58 | 1:44:07 | 1:45:10 | 4:58 |
| 27 | 738 | Anders, Peter | 57 | | TG Lage | 387 | 417 | 3:30:12 | 3:30:54 | 1:44:18 | 1:45:53 | 4:59 |
| 28 | 695 | Rixen, Friedel | 56 | | LG RWE Power | 398 | 428 | 3:31:02 | 3:31:29 | 1:43:36 | 1:47:26 | 5:00 |
| 29 | 1474 | Fischer, Jürgen | 57 | | EVONIK | 416 | 447 | 3:32:29 | 3:33:03 | 1:43:26 | 1:49:03 | 5:02 |
| 30 | 1016 | Rensinghoff, Dieter | 54 | | Viermärker Dortmund | 419 | 450 | 3:32:50 | 3:33:16 | 1:43:26 | 1:49:24 | 5:03 |
| 31 | 1149 | Widner, Klaus | 53 | | AS Neukirchen-Vluyn | 426 | 458 | 3:33:07 | 3:33:37 | 1:44:15 | 1:48:52 | 5:03 |
| 32 | 2497 | Bockel, Jürgen | 56 | | TUS Uentrop | 447 | 483 | 3:35:07 | 3:35:25 | 1:44:08 | 1:50:58 | 5:06 |
| 33 | 573 | Gromzig, Dr. Werner | 57 | | LG Hart am Limit | 464 | 500 | 3:36:48 | 3:37:37 | 1:50:51 | 1:45:57 | 5:08 |
| 34 | 848 | Klatt, Dirk | 57 | | Klattis Clan | 469 | 505 | 3:37:01 | 3:37:20 | 1:44:27 | 1:52:34 | 5:09 |
| 35 | 1293 | Heinermann, Jörg | 53 | | LT Ennert Bonn | 470 | 506 | 3:37:06 | 3:37:30 | 1:45:41 | 1:51:24 | 5:09 |
| 36 | 1339 | Barfuß, Heinz-Peter | 57 | | *Castrop-Rauxel | 476 | 513 | 3:37:31 | 3:38:26 | 1:42:29 | 1:55:01 | 5:09 |
| 37 | 1081 | Becker, Klaus-Jürgen | 56 | | LG RWE Power | 478 | 516 | 3:37:39 | 3:38:22 | 1:47:12 | 1:50:26 | 5:09 |
| 38 | 2510 | Lange, Michael | 57 | | TG Oberlahnstein | 485 | 523 | 3:38:02 | 3:38:06 | 1:41:12 | 1:56:49 | 5:10 |
| 39 | 881 | Olejniczak, Stefan | 54 | | Siemens VDO Dortmund | 488 | 526 | 3:38:10 | 3:38:36 | 1:45:58 | 1:52:11 | 5:10 |
| 40 | 2105 | Roth, Richard | 54 | | *Bonn | 494 | 532 | 3:38:27 | 3:39:18 | 1:47:56 | 1:50:31 | 5:11 |
| 41 | 1751 | Menge, Michael | 55 | | SV Horst 19 | 501 | 539 | 3:38:48 | 3:39:24 | 1:48:51 | 1:49:56 | 5:11 |
| 42 | 1403 | Weiß, Johannes | 57 | | Tura Brügggen | 515 | 554 | 3:39:14 | 3:39:39 | 1:43:03 | 1:56:11 | 5:12 |
| 43 | 1292 | Schmitz, Werner | 53 | | Athletik Waldniel | 516 | 555 | 3:39:20 | 3:39:45 | 1:44:32 | 1:54:48 | 5:12 |
| 44 | 1899 | Spinger, Peter | 53 | | DSD Düsseldorf | 520 | 560 | 3:39:38 | 3:40:05 | 1:45:45 | 1:53:53 | 5:12 |
| 45 | 906 | Spilke, Walter | 55 | | BaumbergerTSC | 521 | 561 | 3:39:39 | 3:39:55 | 1:44:30 | 1:55:08 | 5:12 |
| 46 | 775 | Meyer, Frank | 55 | | *Duisburg | 525 | 566 | 3:39:48 | 3:40:41 | 1:48:10 | 1:51:38 | 5:13 |
| 47 | 680 | Behroz, A.Wahied | 55 | | BSG Team Evag | 529 | 570 | 3:39:58 | 3:40:34 | 1:46:59 | 1:52:59 | 5:13 |
| 48 | 2057 | Kratz, Manfred | 56 | | *Mülheim An Der Ruhr | 537 | 580 | 3:40:36 | 3:41:04 | 1:45:57 | 1:54:39 | 5:14 |
| 49 | 1600 | Sörgel, Hans-Joachim | 56 | | EVONIK | 540 | 583 | 3:40:38 | 3:41:05 | 1:44:28 | 1:56:10 | 5:14 |
| 50 | 1966 | Lieder, Wilfried | 54 | | *Senden | 543 | 586 | 3:40:51 | 3:41:30 | 1:47:18 | 1:53:33 | 5:14 |
| 51 | 1525 | Krajewski, Roman | 54 | | EVONIK | 545 | 588 | 3:40:56 | 3:41:27 | 1:51:37 | 1:49:19 | 5:14 |
| 52 | 1422 | Vier, Wilhelm | 54 | | Vbc Kray | 548 | 592 | 3:41:07 | 3:41:51 | 1:46:59 | 1:54:08 | 5:14 |
| 53 | 758 | Nicklaus, Ulrich | 56 | | KLB2000 | 550 | 594 | 3:41:23 | 3:42:11 | 1:51:03 | 1:50:19 | 5:15 |
| 54 | 1752 | Trebes, Karl | 54 | | Gerscheder SV Essen | 552 | 596 | 3:41:47 | 3:41:55 | 1:37:56 | 2:03:51 | 5:15 |
| 55 | 665 | Thome, Meinrad | 56 | | *Bochum | 563 | 608 | 3:42:15 | 3:42:54 | 1:48:46 | 1:53:28 | 5:16 |
| 56 | 2502 | Rüsenberg, Michael | 56 | | TV Steinheim | 590 | 637 | 3:43:36 | 3:44:08 | 1:48:53 | 1:54:43 | 5:18 |
| 57 | 1653 | Schäfer, Wilhelm | 57 | | Henkel | 598 | 646 | 3:43:51 | 3:44:12 | 1:46:13 | 1:57:38 | 5:18 |
| 58 | 1350 | Gärtner, Dietmar | 55 | | *Bochum | 599 | 647 | 3:43:51 | 3:44:44 | 1:49:31 | 1:54:19 | 5:18 |
| 59 | 1772 | Trynogga, Thomas | 55 | | *Gelsenkirchen | 618 | 672 | 3:44:48 | 3:45:30 | 1:48:14 | 1:56:34 | 5:20 |
| 60 | 1677 | Seidel, Karl-Heinz | 57 | | Laufteam Wolfhagen | 621 | 675 | 3:45:05 | 3:46:00 | 1:48:29 | 1:56:35 | 5:20 |
| 61 | 781 | Geiermann, Klaus | 54 | | fc tönisheide | 637 | 693 | 3:45:44 | 3:46:14 | 1:44:26 | 2:01:17 | 5:21 |
| 62 | 1399 | Schneider, Stephan | 56 | | *Essen | 650 | 706 | 3:46:34 | 3:47:20 | 1:50:27 | 1:56:07 | 5:22 |
| 63 | 1920 | Gellißen, Karl-Heinz | 55 | | RP-Marathonteam | 653 | 709 | 3:46:49 | 3:47:54 | 1:47:23 | 1:59:26 | 5:23 |
| 64 | 1434 | Bechmann, Wilhelm | 57 | | EVONIK | 655 | 711 | 3:46:54 | 3:47:44 | 1:48:39 | 1:58:15 | 5:23 |
| 65 | 1376 | Leitner, Walter | 53 | | *Essen | 657 | 713 | 3:46:58 | 3:48:21 | 1:53:25 | 1:53:33 | 5:23 |
| 66 | 1596 | Sieburg, Mike | 57 | | EVONIK | 669 | 725 | 3:47:40 | 3:48:21 | 1:51:02 | 1:56:38 | 5:24 |
| 67 | 2515 | Hilje, Michael | 57 | | TuS Uentrop | 677 | 736 | 3:48:04 | 3:48:22 | 1:49:15 | 1:58:49 | 5:24 |
| 68 | 691 | Krämer, Rainer | 57 | | LG RWE Power | 680 | 739 | 3:48:17 | 3:49:04 | 1:51:03 | 1:57:13 | 5:25 |
| 69 | 1502 | Herting, Dr. Wolfgang | 55 | | EVONIK | 687 | 748 | 3:48:42 | 3:49:27 | 1:52:51 | 1:55:50 | 5:25 |
| 70 | 2516 | Schäfer, Thomas | 57 | | TUS Wellinghofen | 690 | 751 | 3:49:12 | 3:49:37 | 1:46:43 | 2:02:29 | 5:26 |
| 71 | 2200 | Blecher, Jürgen | 53 | | LT Haumannplatz Essen | 694 | 756 | 3:49:23 | 3:50:30 | 1:52:08 | 1:57:14 | 5:26 |

Klasse M50

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|------------------------|----|-----|------------------------------|-------|------|---------|---------|---------|---------|--------|
| 72 | 1151 | Nowark, Hans-Joachim | 55 | | *Gütersloh | 697 | 759 | 3:49:30 | 3:50:17 | 1:44:06 | 2:05:24 | 5:26 |
| 73 | 2195 | Witteler, Norbert | 53 | | LT Rhein Herne Kanal 1988 | 703 | 767 | 3:49:58 | 3:50:32 | 1:52:11 | 1:57:47 | 5:27 |
| 74 | 2027 | Philipp, Wolfgang | 57 | | DSD Düsseldorf | 707 | 772 | 3:50:12 | 3:50:51 | 1:48:46 | 2:01:26 | 5:27 |
| 75 | 1066 | Vogler, Klaus | 56 | | *Köln | 711 | 777 | 3:50:30 | 3:50:57 | 1:46:06 | 2:04:24 | 5:28 |
| 76 | 1374 | Dobring, Günter | 54 | | Viermätker Dortmund | 715 | 782 | 3:51:09 | 3:51:57 | 1:51:01 | 2:00:07 | 5:29 |
| 77 | 2189 | Mangelmann, Wolfgang | 54 | | *Grefrath | 722 | 789 | 3:51:45 | 3:52:57 | 1:57:54 | 1:53:50 | 5:30 |
| 78 | 575 | Patommel, Rüdiger | 56 | | MARS Süßwaren | 724 | 791 | 3:51:52 | 3:52:19 | 1:45:41 | 2:06:11 | 5:30 |
| 79 | 1025 | Jann, Horst | 55 | | Team Laufcampus | 726 | 793 | 3:51:56 | 3:52:13 | 1:40:50 | 2:11:06 | 5:30 |
| 80 | 2535 | Kirberich, Peter | 54 | | Dülkener SV | 728 | 796 | 3:52:03 | 3:52:45 | 1:50:55 | 2:01:07 | 5:30 |
| 81 | 1091 | Gruhn, Stefan | 56 | | SG Zons | 740 | 811 | 3:53:06 | 3:53:51 | 1:51:04 | 2:02:01 | 5:31 |
| 82 | 1811 | Kröber, Rainer | 53 | | TV Werne 03 | 742 | 813 | 3:53:18 | 3:54:03 | 1:51:11 | 2:02:06 | 5:32 |
| 83 | 1067 | Engler, Peter | 56 | | *Bochum | 744 | 817 | 3:53:31 | 3:53:58 | 1:46:33 | 2:06:58 | 5:32 |
| 84 | 1106 | Popp, Walter | 56 | | *Essen | 746 | 820 | 3:53:46 | 3:55:24 | 1:58:09 | 1:55:36 | 5:32 |
| 85 | 808 | Czerwonka, Udo | 54 | | LT-Union | 751 | 826 | 3:53:58 | 3:55:21 | 1:56:41 | 1:57:17 | 5:33 |
| 86 | 1840 | Weinberg, Klaus | 55 | | TSV Rot-Weiss Koerle | 757 | 834 | 3:54:09 | 3:54:57 | 1:48:38 | 2:05:30 | 5:33 |
| 87 | 507 | Vorberg, Klaus | 57 | | *Duisburg | 758 | 835 | 3:54:13 | 3:55:37 | 1:55:19 | 1:58:53 | 5:33 |
| 88 | 1947 | Hethy, Lutz | 55 | | Grashoppers Osnabrück | 759 | 836 | 3:54:14 | 3:55:08 | 1:51:01 | 2:03:13 | 5:33 |
| 89 | 782 | Fromm, Winfried | 56 | | BSG KZVK-Dortmund | 766 | 843 | 3:54:33 | 3:55:20 | 1:50:36 | 2:03:57 | 5:34 |
| 90 | 799 | Thoms, Dietmar | 53 | | *Gütersloh | 768 | 845 | 3:54:42 | 3:55:40 | 1:51:21 | 2:03:20 | 5:34 |
| 91 | 1603 | Spinner, Waldemar | 54 | | EVONIK | 769 | 846 | 3:54:43 | 3:56:05 | 1:56:32 | 1:58:10 | 5:34 |
| 92 | 1707 | Pfeiffer, Wolfgang | 54 | | Laufteam Wolfhagen | 771 | 848 | 3:54:43 | 3:56:05 | 1:58:33 | 1:56:10 | 5:34 |
| 93 | 546 | Eraßmy, Willes | 54 | | *Sinzig | 792 | 875 | 3:55:50 | 3:56:15 | 1:44:44 | 2:11:05 | 5:35 |
| 94 | 1021 | Lothmann, Martin | 53 | | VT Kempen 1859 | 800 | 886 | 3:56:17 | 3:57:25 | 1:57:31 | 1:58:46 | 5:36 |
| 95 | 1010 | Hosse, Georg | 54 | | Lauftreff Scherfede | 805 | 894 | 3:56:28 | 3:57:27 | 1:55:27 | 2:01:00 | 5:36 |
| 96 | 2028 | Wierling, Ewald | 57 | | Marathon Soest | 806 | 895 | 3:56:29 | 3:57:07 | 1:50:27 | 2:06:02 | 5:36 |
| 97 | 898 | Sperzel, Michael | 54 | | *Wuppertal | 808 | 897 | 3:56:33 | 3:57:14 | 1:54:03 | 2:02:30 | 5:36 |
| 98 | 556 | Steffens, Karl-Heinz | 54 | | Solinger LC | 809 | 898 | 3:56:34 | 3:57:49 | 1:57:40 | 1:58:53 | 5:36 |
| 99 | 2155 | Kalbreier, André | 57 | | LG RATHER Kirchplatz D' dorf | 810 | 899 | 3:56:35 | 3:57:43 | 1:57:48 | 1:58:47 | 5:36 |
| 100 | 1590 | Schneider, Georg | 54 | | EVONIK | 812 | 902 | 3:56:38 | 3:57:04 | 1:46:23 | 2:10:14 | 5:36 |
| 101 | 1540 | Marx, Matthias | 55 | | LTF Mauschbach | 814 | 904 | 3:56:40 | 3:57:55 | 1:57:40 | 1:58:59 | 5:37 |
| 102 | 2180 | Kempers, Uwe | 57 | | LTWischlingen | 820 | 911 | 3:57:02 | 3:58:52 | 1:53:19 | 2:03:42 | 5:37 |
| 103 | 1344 | Höfner, Norbert | 55 | | *Duisburg | 821 | 912 | 3:57:05 | 3:57:42 | 1:49:36 | 2:07:29 | 5:37 |
| 104 | 1798 | Thonemann, Willi | 54 | | LSF Münster | 827 | 920 | 3:57:22 | 3:57:58 | 1:48:35 | 2:08:46 | 5:38 |
| 105 | 817 | Lange, Volker | 57 | | bsv thyssenkrupp | 842 | 937 | 3:57:45 | 3:58:26 | 1:52:07 | 2:05:37 | 5:38 |
| 106 | 1391 | Feldmann, Klaus-Dieter | 55 | | TuRa 07 | 843 | 938 | 3:57:47 | 3:58:55 | 1:58:31 | 1:59:15 | 5:38 |
| 107 | 1915 | Leigemann, Thomas | 56 | | TV Einigkeit Burgaltendorf | 849 | 947 | 3:57:59 | 3:59:06 | 1:57:44 | 2:00:14 | 5:38 |
| 108 | 595 | Boß, Manfred | 54 | | *Grefrath | 870 | 970 | 3:58:29 | 3:59:43 | 1:54:55 | 2:03:34 | 5:39 |
| 109 | 2030 | Diesing, Karl-Heinz | 56 | | TV John Herne | 875 | 975 | 3:58:56 | 3:59:50 | 1:52:03 | 2:06:53 | 5:40 |
| 110 | 2072 | Haupt, Ronald | 57 | | VfL Buckeburg | 876 | 977 | 3:58:59 | 3:59:20 | 1:58:27 | 2:00:32 | 5:40 |
| 111 | 2009 | Bochniak, Andrzej | 57 | | *Hildesheim | 881 | 982 | 3:59:12 | 4:00:36 | 1:54:37 | 2:04:34 | 5:40 |
| 112 | 1570 | Priebe, Siegfried | 57 | | EVONIK | 883 | 984 | 3:59:13 | 4:00:23 | 1:56:02 | 2:03:11 | 5:40 |
| 113 | 591 | Orlikowski, Manfred | 54 | | *Remscheid | 891 | 993 | 3:59:43 | 4:00:23 | 1:55:27 | 2:04:16 | 5:41 |
| 114 | 520 | Friedrich, Jürgen | 57 | | MTG Horst Essen | 893 | 995 | 3:59:49 | 4:01:03 | 1:57:48 | 2:02:01 | 5:41 |
| 115 | 687 | Sprenger, Dieter | 55 | | *Essen | 900 | 1002 | 4:00:23 | 4:00:55 | 1:43:50 | 2:16:33 | 5:42 |
| 116 | 1560 | Nötzel, Hubert | 53 | | EVONIK | 901 | 1003 | 4:00:23 | 4:00:59 | 1:54:30 | 2:05:53 | 5:42 |
| 117 | 1237 | Polakovs, Horst | 54 | | *Herdecke | 911 | 1014 | 4:00:58 | 4:01:28 | 1:48:28 | 2:12:30 | 5:43 |
| 118 | 1809 | Berwinkel, Jürgen | 56 | | SV Spexard | 922 | 1028 | 4:02:02 | 4:03:16 | 1:52:30 | 2:09:32 | 5:44 |
| 119 | 2532 | Kotman, Gerhard | 56 | | FC Schüttorf 09 | 923 | 1029 | 4:02:06 | 4:02:48 | 1:52:36 | 2:09:30 | 5:44 |
| 120 | 1000 | Strasser, Herbert | 53 | AUT | TB Hückeswagen | 925 | 1031 | 4:02:23 | 4:03:29 | 1:58:41 | 2:03:41 | 5:45 |
| 121 | 1370 | Schluer, Thomas | 57 | | TUS Hillrup | 939 | 1049 | 4:03:35 | 4:05:09 | 1:58:16 | 2:05:19 | 5:46 |
| 122 | 1030 | Schumacher, Klaus | 57 | | Rheinische Kliniken Essen | 941 | 1051 | 4:03:48 | 4:04:47 | 1:56:46 | 2:07:02 | 5:47 |
| 123 | 1810 | Allenberg, Bernd | 53 | | *Soest | 944 | 1054 | 4:03:55 | 4:04:50 | 1:56:00 | 2:07:55 | 5:47 |
| 124 | 2118 | Leenen, Klaus | 54 | | *Kerken | 953 | 1065 | 4:04:39 | 4:05:30 | 1:51:00 | 2:13:39 | 5:48 |
| 125 | 961 | Sombetzki, Detlef | 54 | | LWT Ümminger See / Bochum | 979 | 1097 | 4:07:51 | 4:08:56 | 1:58:41 | 2:09:09 | 5:52 |
| 126 | 2523 | Meyendriesch, Burkard | 55 | | Team Laufrausch | 983 | 1102 | 4:08:05 | 4:09:17 | 1:58:05 | 2:10:00 | 5:53 |
| 127 | 344 | Schulze Lutum, Bernd | 54 | | Marathon Steinfurt | 984 | 1103 | 4:08:09 | 4:09:16 | 1:58:42 | 2:09:27 | 5:53 |
| 128 | 1465 | Dittrich, Dieter | 57 | | EVONIK | 1018 | 1143 | 4:11:06 | 4:11:19 | 1:54:27 | 2:16:39 | 5:57 |
| 129 | 588 | Siems, Ludger | 54 | | SuS Stadtlohn | 1034 | 1164 | 4:12:11 | 4:12:50 | 1:51:13 | 2:20:58 | 5:59 |
| 130 | 846 | Schubert, Detlef | 56 | | Ski-Club Wesel 1969 e.V. | 1035 | 1165 | 4:12:17 | 4:13:57 | 2:04:13 | 2:08:03 | 5:59 |
| 131 | 1322 | Maiworm, Thomas | 56 | | VfB Alemannia Pflzdorf | 1037 | 1169 | 4:12:22 | 4:12:58 | 1:51:18 | 2:21:03 | 5:59 |
| 132 | 2109 | Bungarten, Norbert | 53 | | *Dortmund | 1038 | 1170 | 4:12:29 | 4:13:21 | 1:54:29 | 2:18:00 | 5:59 |
| 133 | 1972 | Oerschkes, Norbert | 56 | | RRS Anrath | 1039 | 1171 | 4:12:34 | 4:14:04 | 2:01:40 | 2:10:54 | 5:59 |
| 134 | 1722 | Lamers, Manfred | 55 | | RRS Anrath | 1040 | 1172 | 4:12:35 | 4:14:04 | 2:01:41 | 2:10:54 | 5:59 |
| 135 | 2011 | Meurer, Karl-Peter | 55 | | *Essen | 1050 | 1184 | 4:13:50 | 4:13:58 | 2:02:13 | 2:11:37 | 6:01 |
| 136 | 973 | Hoffmeister, Rainer | 54 | | RW Essen | 1053 | 1190 | 4:14:22 | 4:15:31 | 1:52:23 | 2:21:58 | 6:02 |
| 137 | 1104 | Theede, Winfried | 54 | | *Aachen | 1058 | 1197 | 4:14:53 | 4:16:29 | 2:02:24 | 2:12:29 | 6:02 |
| 138 | 1508 | Josek, Detlef | 56 | | EVONIK | 1062 | 1201 | 4:15:18 | 4:16:29 | 1:58:35 | 2:16:42 | 6:03 |
| 139 | 681 | Mintgen, Dietmar | 54 | | Spvgg Nickenich | 1073 | 1213 | 4:16:45 | 4:17:27 | 1:58:11 | 2:18:33 | 6:05 |
| 140 | 1485 | Genesius, Edmund | 56 | | EVONIK | 1074 | 1214 | 4:16:48 | 4:18:12 | 1:56:18 | 2:20:29 | 6:05 |
| 141 | 2462 | Selle, Gregor | 56 | | *Velbert | 1082 | 1226 | 4:17:33 | 4:18:33 | 1:50:49 | 2:26:44 | 6:06 |
| 142 | 693 | Emonds, Gerd | 54 | | LG RWE Power | 1092 | 1238 | 4:18:26 | 4:19:56 | 2:06:29 | 2:11:56 | 6:07 |

Alterklassen

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Klasse M50

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|------------------------|----|-----|----------------------|-------|------|---------|---------|---------|---------|--------|
| 143 | 1304 | Pilger, Manfred | 55 | | *Grevenbroich | 1096 | 1242 | 4:18:49 | 4:19:15 | 1:46:46 | 2:32:02 | 6:08 |
| 144 | 1556 | Niecznik, Peter | 54 | | EVONIK | 1102 | 1252 | 4:19:22 | 4:20:37 | 2:03:46 | 2:15:36 | 6:09 |
| 145 | 1367 | Behnken, Herfried | 57 | | Drei Drunter | 1104 | 1255 | 4:19:40 | 4:20:27 | 2:05:01 | 2:14:38 | 6:09 |
| 146 | 1392 | Schulte, Raimund | 57 | | TV Werne 03 | 1110 | 1264 | 4:20:20 | 4:21:48 | 2:06:13 | 2:14:07 | 6:10 |
| 147 | 1242 | Reisch, Axel | 53 | | *Oberhausen | 1114 | 1268 | 4:20:32 | 4:22:25 | 2:09:30 | 2:11:02 | 6:10 |
| 148 | 922 | Steinbach, Jürgen | 56 | | LC Duisburg | 1131 | 1288 | 4:22:46 | 4:24:27 | 2:04:44 | 2:18:02 | 6:14 |
| 149 | 1981 | Baron, Willi | 56 | | *Herne | 1132 | 1289 | 4:22:50 | 4:24:40 | 2:09:37 | 2:13:13 | 6:14 |
| 150 | 1406 | Stirnat, Rolf | 55 | | TV Arnsberg | 1143 | 1302 | 4:24:03 | 4:24:47 | 1:57:18 | 2:26:45 | 6:15 |
| 151 | 1749 | Tatge, Thomas | 56 | | TUS Jahn Lindhorst | 1150 | 1310 | 4:25:37 | 4:26:36 | 2:03:11 | 2:22:26 | 6:18 |
| 152 | 2093 | Sinz, Peter | 55 | | ASC Mülheim | 1153 | 1314 | 4:25:58 | 4:27:28 | 2:08:10 | 2:17:47 | 6:18 |
| 153 | 1230 | Brand, Franjo | 55 | | TuS Nieder-Eschbach | 1161 | 1323 | 4:26:44 | 4:28:32 | 2:05:44 | 2:20:59 | 6:19 |
| 154 | 803 | Wittke, Achim | 54 | | TSG Sprockhövel | 1174 | 1336 | 4:27:40 | 4:29:17 | 2:04:24 | 2:23:16 | 6:21 |
| 155 | 1372 | Littwin, Rüdiger | 53 | | LT Lippehasen | 1182 | 1353 | 4:28:27 | 4:30:07 | 2:12:29 | 2:15:58 | 6:22 |
| 156 | 2116 | Mielke, Eckard | 55 | | *Bötersen | 1187 | 1361 | 4:29:00 | 4:30:02 | 2:05:29 | 2:23:31 | 6:23 |
| 157 | 2531 | Becker, Karl-Heinz | 55 | | EON Ruhrgas SG | 1194 | 1368 | 4:29:20 | 4:29:45 | 2:08:55 | 2:20:24 | 6:23 |
| 158 | 1437 | Benning, Detlef | 56 | | EVONIK | 1203 | 1377 | 4:29:41 | 4:31:21 | 2:04:35 | 2:25:05 | 6:23 |
| 159 | 1530 | Landeck, Hans | 53 | | EVONIK | 1213 | 1390 | 4:31:12 | 4:32:58 | 2:04:09 | 2:27:02 | 6:26 |
| 160 | 1676 | Wölfer, Gernot | 53 | | Gelbfüßler | 1216 | 1396 | 4:32:35 | 4:33:51 | 2:09:11 | 2:23:24 | 6:28 |
| 161 | 993 | Jochum, Dr. Claus | 54 | | dicke waden Hamm | 1237 | 1425 | 4:36:53 | 4:38:43 | 2:13:44 | 2:23:09 | 6:34 |
| 162 | 936 | Kortmann, Günter | 57 | | ems turbos warendorf | 1238 | 1426 | 4:37:01 | 4:38:45 | 2:14:16 | 2:22:45 | 6:34 |
| 163 | 1054 | Iseke, Norbert | 54 | | ASV Duisburg | 1251 | 1445 | 4:41:04 | 4:42:31 | 1:59:20 | 2:41:44 | 6:40 |
| 164 | 1666 | Niehenke, Josef | 53 | | *Hagen | 1253 | 1447 | 4:41:38 | 4:43:19 | 2:04:51 | 2:36:47 | 6:40 |
| 165 | 2044 | Reichardt, Helmut | 54 | | *Essen | 1254 | 1448 | 4:41:43 | 4:43:23 | 2:04:18 | 2:37:24 | 6:41 |
| 166 | 445 | Schröder, Martin | 53 | | Gerscheder SV Essen | 1258 | 1453 | 4:42:27 | 4:44:22 | 2:19:51 | 2:22:35 | 6:42 |
| 167 | 1111 | Metzelaars, Reinhold | 55 | | *Essen | 1273 | 1475 | 4:46:50 | 4:48:46 | 2:10:00 | 2:36:49 | 6:48 |
| 168 | 557 | Becker, Detlef | 54 | | Neenah Lahnstein | 1276 | 1479 | 4:48:02 | 4:49:56 | 2:09:42 | 2:38:19 | 6:50 |
| 169 | 717 | Schilke, Norbert | 56 | | MTG Horst Essen | 1284 | 1490 | 4:51:03 | 4:52:49 | 2:19:37 | 2:31:26 | 6:54 |
| 170 | 1764 | Seemann, Manfred | 56 | | *Dortmund | 1288 | 1497 | 4:52:31 | 4:53:49 | 2:18:07 | 2:34:23 | 6:56 |
| 171 | 1044 | Jäger, Klaus | 57 | | *Essen | 1296 | 1506 | 4:54:23 | 4:56:15 | 2:12:21 | 2:42:01 | 6:59 |
| 172 | 1504 | Ihnken, Karl-Heinz | 53 | | EVONIK | 1301 | 1514 | 4:56:25 | 4:57:19 | 2:12:37 | 2:43:47 | 7:02 |
| 173 | 709 | Schröder, Harald | 57 | | *Aachen | 1306 | 1520 | 4:58:10 | 5:00:01 | 2:13:53 | 2:44:16 | 7:04 |
| 174 | 2508 | Wessel-Linnemann, Ralf | 57 | | LT Elsen-Wewer | 1308 | 1522 | 4:58:44 | 4:59:12 | 2:21:17 | 2:37:26 | 7:05 |
| 175 | 1583 | Saes, Karl-Heinz | 53 | | EVONIK | 1321 | 1539 | 5:13:44 | 5:15:24 | 2:16:42 | 2:57:02 | 7:26 |

Klasse M55

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-------------------------|----|-----|---------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1735 | Laemmlein, Franz | 52 | | LLG St. Augustin | 32 | 34 | 2:55:03 | 2:55:07 | 1:26:06 | 1:28:56 | 4:09 |
| 2 | 1812 | Hentrich, Rainer | 52 | | Gerscheder SV Essen | 58 | 61 | 2:58:53 | 2:58:55 | 1:27:31 | 1:31:21 | 4:14 |
| 3 | 2041 | Lampert, Walter | 52 | | *Dortmund | 65 | 68 | 2:59:20 | 2:59:25 | 1:26:58 | 1:32:22 | 4:15 |
| 4 | 1688 | Praske, Klaus-Dieter | 52 | | SUS Schalke 96 | 104 | 108 | 3:05:46 | 3:05:59 | 1:31:51 | 1:33:55 | 4:24 |
| 5 | 1026 | Block, Theodor | 49 | | TuS Eintracht Minden | 110 | 114 | 3:06:21 | 3:06:32 | 1:30:07 | 1:36:14 | 4:25 |
| 6 | 1257 | Gieb, Willi | 52 | | LTV Kiel-Ost | 124 | 130 | 3:08:01 | 3:08:13 | 1:29:09 | 1:38:52 | 4:27 |
| 7 | 722 | Brinkmann, Wolfgang | 51 | | MTG Horst Essen | 146 | 153 | 3:10:39 | 3:10:56 | 1:33:40 | 1:36:59 | 4:31 |
| 8 | 1589 | Schmitt, Manfred | 52 | | EVONIK | 178 | 186 | 3:14:16 | 3:14:32 | 1:35:09 | 1:39:06 | 4:36 |
| 9 | 1818 | Probst, Matthias | 52 | | LC 92 Bad Salzuflen | 186 | 195 | 3:14:35 | 3:14:49 | 1:37:04 | 1:37:31 | 4:37 |
| 10 | 1373 | Heukemes, Achim | 51 | | SC Roth | 193 | 202 | 3:15:43 | 3:15:48 | 1:33:17 | 1:42:26 | 4:38 |
| 11 | 1717 | Sensen, Alexander | 52 | | Lauftreff Dürerstraße | 208 | 218 | 3:17:25 | 3:17:47 | 1:37:49 | 1:39:36 | 4:41 |
| 12 | 569 | Adler, Dr. Michael | 50 | | DJK Herdorf | 235 | 251 | 3:20:16 | 3:20:31 | 1:35:07 | 1:45:09 | 4:45 |
| 13 | 1910 | Millanowski, Reinhard | 50 | | LGO Bochum | 243 | 259 | 3:20:45 | 3:21:05 | 1:39:06 | 1:41:38 | 4:45 |
| 14 | 1872 | Kube, Joachim | 50 | | LG Kreis Ahrweiler | 254 | 271 | 3:21:26 | 3:21:28 | 1:38:48 | 1:42:38 | 4:46 |
| 15 | 2437 | Hörmeyer, Dr. Heinrich | 52 | | *Essen | 276 | 294 | 3:23:09 | 3:23:13 | 1:38:28 | 1:44:40 | 4:49 |
| 16 | 1077 | Schmidt, Werner | 51 | | LC Duisburg | 286 | 304 | 3:24:00 | 3:24:15 | 1:37:05 | 1:46:55 | 4:50 |
| 17 | 1147 | Geurts, Hans-Peter | 49 | | LN Nütterden | 308 | 328 | 3:25:41 | 3:25:48 | 1:37:44 | 1:47:57 | 4:52 |
| 18 | 1874 | Ostermann, Rudi | 52 | | TSVE 1890 Bielefeld | 320 | 341 | 3:26:17 | 3:26:40 | 1:40:46 | 1:45:31 | 4:53 |
| 19 | 755 | Kaßner, Ludger | 52 | | Schommläufer Waldniel | 338 | 360 | 3:27:57 | 3:28:26 | 1:43:54 | 1:44:03 | 4:56 |
| 20 | 2108 | Glasmeyer, Gerhard | 51 | | Marathon-Club Menden | 354 | 378 | 3:28:49 | 3:29:18 | 1:42:49 | 1:46:00 | 4:57 |
| 21 | 1193 | Alt, Rudi | 49 | | TRJ Ducks Dorsten | 393 | 423 | 3:30:52 | 3:31:21 | 1:42:56 | 1:47:55 | 5:00 |
| 22 | 2111 | Pruss, Ulrich | 52 | | TUS Haren | 397 | 427 | 3:31:01 | 3:31:13 | 1:35:44 | 1:55:16 | 5:00 |
| 23 | 1447 | Boller-Künne, Manfred | 51 | | LT Guido Alt Marl | 417 | 448 | 3:32:40 | 3:33:08 | 1:44:12 | 1:48:28 | 5:02 |
| 24 | 1693 | Aengenheister, Gerd | 49 | | LN Nütterden | 455 | 491 | 3:35:56 | 3:36:03 | 1:42:25 | 1:53:31 | 5:07 |
| 25 | 2043 | Slaaf, Sjoerd | 52 | NLD | 100 Marathon Club | 477 | 514 | 3:37:36 | 3:37:39 | 1:43:49 | 1:53:46 | 5:09 |
| 26 | 1967 | Zimmer, Heinrich | 51 | | LT Sümmern | 480 | 518 | 3:37:47 | 3:37:55 | 1:37:13 | 2:00:33 | 5:10 |
| 27 | 2192 | Kirchhof, Hartmut | 50 | | Marathon Soest | 497 | 535 | 3:38:35 | 3:39:34 | 1:49:05 | 1:49:29 | 5:11 |
| 28 | 1833 | Foik, Stefan | 49 | | SV Langendreer 04 | 498 | 536 | 3:38:36 | 3:38:58 | 1:46:56 | 1:51:39 | 5:11 |
| 29 | 2104 | Anhalt, Bernd | 52 | | *Münster | 532 | 573 | 3:40:09 | 3:40:42 | 1:38:26 | 2:01:43 | 5:13 |
| 30 | 1718 | Scholten, Karl-Heinz | 51 | | LLG Kevelaer | 578 | 625 | 3:42:58 | 3:43:21 | 1:48:08 | 1:54:49 | 5:17 |
| 31 | 1883 | Püster, Friedhelm | 48 | | Currimus Schlangen | 602 | 653 | 3:44:16 | 3:44:40 | 1:46:02 | 1:58:13 | 5:19 |
| 32 | 1660 | Heyde, Harald | 48 | | TV 03 Breitenbach | 606 | 657 | 3:44:19 | 3:45:14 | 1:50:56 | 1:53:23 | 5:19 |
| 33 | 1892 | Dück, Peter | 52 | | Titan-Runners | 681 | 740 | 3:48:19 | 3:48:38 | 1:47:52 | 2:00:27 | 5:25 |
| 34 | 774 | Hermkens, Fred | 50 | | *Krefeld | 709 | 774 | 3:50:24 | 3:50:59 | 1:45:26 | 2:04:58 | 5:28 |
| 35 | 2404 | Verrieth, Heinz-Willy | 48 | | SV Rindern | 727 | 795 | 3:52:01 | 3:52:53 | 1:54:23 | 1:57:38 | 5:30 |
| 36 | 1284 | Schouren, Raimund | 48 | | *Krefeld | 738 | 808 | 3:52:51 | 3:53:33 | 1:51:06 | 2:01:45 | 5:31 |
| 37 | 642 | Vulf, Simon | 50 | | Lauffreunde Bönen | 785 | 867 | 3:55:27 | 3:56:04 | 1:50:45 | 2:04:42 | 5:35 |
| 38 | 2518 | Laese, Christian | 51 | | LKD Düsseldorf | 796 | 881 | 3:56:07 | 3:56:33 | 1:53:44 | 2:02:23 | 5:36 |
| 39 | 1460 | Collins, Frank-Harry | 50 | | EVONIK | 811 | 901 | 3:56:37 | 3:57:45 | 1:58:39 | 1:57:57 | 5:36 |
| 40 | 802 | Maurer, Helmut | 51 | | Görres-Gymnasium | 852 | 950 | 3:58:02 | 3:59:04 | 1:51:21 | 2:06:41 | 5:38 |
| 41 | 1310 | Bister, Heinrich | 52 | | *Rheinberg | 855 | 953 | 3:58:09 | 3:59:15 | 1:56:38 | 2:01:30 | 5:39 |
| 42 | 531 | Drewitz, Piet | 48 | | *Essen | 874 | 974 | 3:58:56 | 4:00:13 | 1:53:15 | 2:05:40 | 5:40 |
| 43 | 783 | Wagner, Norbert | 50 | | AS Neukirchen-Vluyn | 915 | 1018 | 4:01:05 | 4:01:36 | 1:45:57 | 2:15:08 | 5:43 |
| 44 | 1083 | Müller, Wolf-Rüdiger | 48 | | LT TuS Mondorf | 924 | 1030 | 4:02:07 | 4:03:16 | 1:58:57 | 2:03:09 | 5:44 |
| 45 | 1477 | Förster, Klaus | 52 | | TVE Bismarck 01 | 932 | 1039 | 4:02:42 | 4:03:55 | 1:58:34 | 2:04:08 | 5:45 |
| 46 | 1698 | Pietzka, Armin | 51 | | LT Guido-Heiland Marl | 964 | 1078 | 4:06:18 | 4:07:25 | 1:58:42 | 2:07:36 | 5:50 |
| 47 | 836 | Senkowski, Helmut | 52 | | *Oer-Erkenschwick | 976 | 1093 | 4:07:37 | 4:08:32 | 1:56:10 | 2:11:27 | 5:52 |
| 48 | 1213 | Petrovic, Drago | 49 | | Homberger TV | 981 | 1099 | 4:08:02 | 4:09:11 | 1:58:39 | 2:09:23 | 5:53 |
| 49 | 1215 | Gräser, Axel | 48 | | *Meerbusch | 986 | 1105 | 4:08:25 | 4:09:36 | 1:56:27 | 2:11:57 | 5:53 |
| 50 | 2048 | Artz, Richard | 48 | | TV Witzhelden | 1001 | 1122 | 4:09:24 | 4:10:54 | 2:04:29 | 2:04:55 | 5:55 |
| 51 | 657 | Litzbarski, Roman | 50 | | Wülfrath | 1003 | 1125 | 4:09:28 | 4:09:39 | 1:55:38 | 2:13:50 | 5:55 |
| 52 | 1862 | Minarek, Erwin | 51 | | LWT Ümminger See / Bochum | 1005 | 1127 | 4:09:33 | 4:10:38 | 1:58:43 | 2:10:49 | 5:55 |
| 53 | 1968 | Huhn-Gathmann, Michael | 52 | | *Oberhausen | 1032 | 1161 | 4:11:56 | 4:13:14 | 2:02:34 | 2:09:22 | 5:58 |
| 54 | 1381 | Gruner, Jürgen | 50 | | Krefelder Kanu Klub | 1056 | 1193 | 4:14:38 | 4:16:09 | 2:06:13 | 2:08:25 | 6:02 |
| 55 | 1326 | Gudenkauf, Alwin | 50 | | SV Beeckenwerth | 1060 | 1199 | 4:15:17 | 4:16:29 | 1:58:26 | 2:16:50 | 6:03 |
| 56 | 2159 | Florczak, Heinrich | 51 | | *Essen | 1085 | 1229 | 4:17:51 | 4:18:54 | 1:53:25 | 2:24:26 | 6:07 |
| 57 | 1628 | Wenda, Herbert | 48 | | EVONIK | 1111 | 1265 | 4:20:25 | 4:21:44 | 2:01:52 | 2:18:33 | 6:10 |
| 58 | 2077 | Calcada, José | 49 | | B+M Leuchten | 1129 | 1286 | 4:22:34 | 4:23:52 | 2:02:34 | 2:19:59 | 6:13 |
| 59 | 1197 | Gass, Franz | 51 | | *Würselen | 1130 | 1287 | 4:22:37 | 4:24:15 | 2:04:45 | 2:17:52 | 6:13 |
| 60 | 2466 | Overhamm, Karl-Heinz | 51 | | *Bad Arolsen | 1134 | 1292 | 4:22:58 | 4:23:33 | 2:03:41 | 2:19:16 | 6:14 |
| 61 | 1911 | Moser, Rolf | 52 | | *Holzwickede | 1137 | 1295 | 4:23:30 | 4:24:41 | 2:02:00 | 2:21:29 | 6:15 |
| 62 | 639 | Müller, Wolfgang-Ulrich | 48 | | *Essen | 1139 | 1297 | 4:23:37 | 4:24:58 | 1:58:50 | 2:24:47 | 6:15 |
| 63 | 1800 | Schaller, Ralf | 51 | | LV Plauen | 1146 | 1306 | 4:24:54 | 4:26:24 | 2:04:41 | 2:20:12 | 6:17 |
| 64 | 1935 | Hartung, Klaus | 52 | | Lippehasen | 1181 | 1351 | 4:28:25 | 4:30:04 | 2:12:29 | 2:15:55 | 6:22 |
| 65 | 1341 | Seitz, Heinz | 52 | | SUS LT KALKAR | 1183 | 1356 | 4:28:37 | 4:29:44 | 1:59:38 | 2:28:59 | 6:22 |
| 66 | 2121 | Bartz, Uwe | 52 | | *Oberhausen | 1188 | 1362 | 4:29:04 | 4:30:41 | 2:05:35 | 2:23:29 | 6:23 |
| 67 | 1622 | van Eerd, Hans | 52 | | EVONIK | 1198 | 1372 | 4:29:28 | 4:30:51 | 2:05:14 | 2:24:13 | 6:23 |
| 68 | 514 | Therolf, Udo | 49 | | LF Ehberg 02 | 1223 | 1406 | 4:34:17 | 4:35:13 | 2:07:41 | 2:26:35 | 6:30 |
| 69 | 539 | Unger, Joachim | 50 | | *Aachen | 1226 | 1410 | 4:35:14 | 4:36:25 | 2:04:24 | 2:30:49 | 6:31 |
| 70 | 1923 | Schlüter, Ralf | 52 | | EVONIK | 1227 | 1412 | 4:35:18 | 4:36:54 | 2:04:25 | 2:30:52 | 6:31 |
| 71 | 2477 | Drewes, Bernhard | 51 | | VfH Grafenwald | 1235 | 1422 | 4:36:32 | 4:36:34 | 2:13:31 | 2:23:01 | 6:33 |

Alterklassen

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Klasse M55

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------------|----|-----|-------------------------|-------|------|---------|---------|---------|---------|--------|
| 72 | 2172 | Schmadel, Winfried | 48 | | LC Euskirchen | 1255 | 1449 | 4:41:43 | 4:43:40 | 2:21:37 | 2:20:06 | 6:41 |
| 73 | 2103 | Braun, Helmut | 51 | | 100 MC Grüne Handschuhe | 1286 | 1493 | 4:51:19 | 4:53:19 | 2:16:15 | 2:35:03 | 6:54 |
| 74 | 1671 | Kopania, Rolf | 52 | | Gelsenwasser | 1293 | 1502 | 4:53:56 | 4:55:45 | 2:13:50 | 2:40:06 | 6:58 |
| 75 | 1746 | Göhing, Edwin | 49 | | *Berlin | 1298 | 1508 | 4:55:36 | 4:57:31 | 2:16:21 | 2:39:14 | 7:00 |
| 76 | 1301 | Schremmer, Hans | 50 | | Flora Runners | 1304 | 1518 | 4:57:25 | 4:58:40 | 2:11:51 | 2:45:33 | 7:03 |
| 77 | 1264 | Klute, Franz | 51 | | *Dinslaken | 1309 | 1523 | 4:58:45 | 4:59:25 | 2:08:57 | 2:49:48 | 7:05 |
| 78 | 847 | Brülls, Albert | 51 | | B.V. Teutonia Lanstrop | 1310 | 1524 | 4:59:57 | 5:01:49 | 2:13:42 | 2:46:14 | 7:07 |
| 79 | 1776 | Göbeler, Heinz | 50 | | *Witten | 1318 | 1534 | 5:08:40 | 5:10:37 | 2:29:35 | 2:39:05 | 7:19 |
| 80 | 884 | Kedrzycki, Leszek-Marian | 51 | POL | *Hagen | 1330 | 1548 | 5:25:47 | 5:25:59 | 2:24:05 | 3:01:42 | 7:43 |

Klasse M60

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-----------------------------|----|-----|-------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1939 | Klaus, Harald | 47 | | LAV Essen | 78 | 81 | 3:00:32 | 3:00:42 | 1:28:53 | 1:31:39 | 4:17 |
| 2 | 1103 | Fischer, Helmuth | 46 | | AS Neukirchen-Vluyn | 272 | 290 | 3:22:52 | 3:23:09 | 1:37:03 | 1:45:48 | 4:48 |
| 3 | 1298 | Pellen, Ferdi | 45 | | LN Nütterden | 292 | 311 | 3:24:17 | 3:24:24 | 1:37:33 | 1:46:44 | 4:50 |
| 4 | 1068 | Fröde, Volker | 45 | | TuS Hamborn-Neumühl | 360 | 384 | 3:28:59 | 3:29:28 | 1:44:19 | 1:44:39 | 4:57 |
| 5 | 818 | Ehm, Friedhelm | 47 | | TV Einigkeit Mülheim 06 | 361 | 385 | 3:29:00 | 3:29:16 | 1:39:18 | 1:49:41 | 4:57 |
| 6 | 2094 | Gürtler, Hans | 44 | | SV Lembeck | 381 | 410 | 3:29:44 | 3:29:59 | 1:37:36 | 1:52:07 | 4:58 |
| 7 | 1450 | Boshammer, Bernhard | 47 | | DJK Werne-Langern | 383 | 413 | 3:29:50 | 3:30:19 | 1:44:24 | 1:45:25 | 4:58 |
| 8 | 2073 | Scharf, Karl-Heinz | 44 | | VfL Bückeberg | 440 | 475 | 3:34:39 | 3:34:58 | 1:44:05 | 1:50:34 | 5:05 |
| 9 | 1300 | Gudelius, Klaus Werner | 46 | | Berufskolleg West Essen | 450 | 486 | 3:35:27 | 3:35:44 | 1:43:41 | 1:51:45 | 5:06 |
| 10 | 1926 | Kramer, Joachim | 43 | | *Essen | 562 | 607 | 3:42:13 | 3:42:56 | 1:51:05 | 1:51:08 | 5:16 |
| 11 | 2142 | Schroth, Gunter | 46 | | PSV Karateteam | 575 | 622 | 3:42:56 | 3:43:21 | 1:44:08 | 1:58:48 | 5:17 |
| 12 | 1235 | Hagemann, Fritz | 43 | | TV Arnsberg | 592 | 639 | 3:43:41 | 3:44:02 | 1:46:31 | 1:57:10 | 5:18 |
| 13 | 2085 | Jasch, Ingolf | 46 | | *Solingen | 617 | 671 | 3:44:42 | 3:45:24 | 1:48:14 | 1:56:28 | 5:20 |
| 14 | 1667 | Kerkenbusch, Werner | 47 | | VfL Bergheide | 695 | 757 | 3:49:26 | 3:49:38 | 1:50:25 | 1:59:01 | 5:26 |
| 15 | 1929 | Skowronek, Jürgen | 45 | | Adler Langlauf Bottrop | 714 | 781 | 3:51:06 | 3:51:47 | 1:52:23 | 1:58:42 | 5:29 |
| 16 | 2112 | Seebacher, Wolfgang | 47 | | TVA DO-Wickede | 733 | 801 | 3:52:14 | 3:52:40 | 1:46:46 | 2:05:27 | 5:30 |
| 17 | 1775 | KUFNER, Peter | 45 | | TV Jahn Bad Driburg | 756 | 831 | 3:54:06 | 3:54:53 | 1:53:25 | 2:00:40 | 5:33 |
| 18 | 625 | Nink, Detlef | 45 | | LT Mertesdorf | 786 | 868 | 3:55:35 | 3:56:43 | 1:53:33 | 2:02:02 | 5:35 |
| 19 | 1824 | Hantke, Paul | 43 | | TV Gronau | 836 | 931 | 3:57:30 | 3:58:27 | 1:53:16 | 2:04:14 | 5:38 |
| 20 | 1140 | Prokosch, Torolv | 47 | | *Lippstadt | 841 | 936 | 3:57:45 | 3:58:14 | 1:55:00 | 2:02:44 | 5:38 |
| 21 | 2474 | Dralmeyer, Hans-Jürgen | 43 | | *Köln | 845 | 941 | 3:57:49 | 3:59:10 | 1:58:36 | 1:59:13 | 5:38 |
| 22 | 1535 | Ley, Helmut | 46 | | EVONIK | 868 | 968 | 3:58:27 | 3:59:34 | 1:58:39 | 1:59:48 | 5:39 |
| 23 | 1951 | Weil, Karl-Heinz | 44 | | SV Staufenberg | 885 | 986 | 3:59:18 | 3:59:36 | 1:47:41 | 2:11:37 | 5:40 |
| 24 | 1110 | Schumacher, Jakob | 43 | | LT Lorsch | 905 | 1007 | 4:00:33 | 4:01:30 | 1:55:35 | 2:04:58 | 5:42 |
| 25 | 1585 | Schal, Manfred | 46 | | EVONIK | 919 | 1025 | 4:01:49 | 4:02:46 | 1:57:53 | 2:03:56 | 5:44 |
| 26 | 1881 | Nöldemann, Dieter | 43 | | *Essen | 955 | 1067 | 4:04:57 | 4:06:04 | 1:58:40 | 2:06:17 | 5:48 |
| 27 | 1154 | Sannemann, Peter | 45 | | *Remscheid | 972 | 1088 | 4:07:15 | 4:08:29 | 1:52:08 | 2:15:07 | 5:52 |
| 28 | 574 | Wieneke, Peter | 46 | | 100 Marathon Club | 995 | 1116 | 4:09:04 | 4:10:16 | 2:04:01 | 2:05:03 | 5:54 |
| 29 | 930 | Woyt, Albert | 44 | | FC.Nordkirchen | 1030 | 1159 | 4:11:52 | 4:12:39 | 1:53:02 | 2:18:50 | 5:58 |
| 30 | 1163 | Souvignier-Kammerer, Walter | 43 | | Germania Dürwiss | 1078 | 1221 | 4:17:18 | 4:18:48 | 2:00:57 | 2:16:21 | 6:06 |
| 31 | 1989 | von der Heide, Bernd | 44 | | *Essen | 1079 | 1223 | 4:17:22 | 4:18:33 | 1:57:41 | 2:19:40 | 6:06 |
| 32 | 1879 | Lübbering, Heinz | 45 | | *Borken | 1109 | 1262 | 4:20:16 | 4:21:10 | 1:59:38 | 2:20:38 | 6:10 |
| 33 | 1575 | Rauch, Hans-Wolfgang | 44 | | EVONIK | 1141 | 1299 | 4:23:50 | 4:25:19 | 2:06:22 | 2:17:27 | 6:15 |
| 34 | 1379 | Ziemons, Dr. Manfred | 47 | | *Aachen | 1147 | 1307 | 4:25:03 | 4:26:40 | 2:04:41 | 2:20:22 | 6:17 |
| 35 | 1308 | Burghardt, Günter | 46 | | *Kassel | 1160 | 1322 | 4:26:33 | 4:27:51 | 2:07:45 | 2:18:48 | 6:19 |
| 36 | 1497 | Heising, Gerd | 46 | | TV Werne 03 | 1200 | 1374 | 4:29:30 | 4:31:19 | 2:13:49 | 2:15:41 | 6:23 |
| 37 | 661 | Kirschner, Erich-Peter | 47 | | LT-Baar | 1297 | 1507 | 4:54:36 | 4:56:31 | 2:19:49 | 2:34:46 | 6:59 |
| 38 | 1912 | Berka, Volker | 43 | | DJK Ochtendung | 1333 | 1555 | 5:40:19 | 5:42:16 | 2:46:39 | 2:53:40 | 8:04 |

Alterklassen

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Klasse M65

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-----------------------------|----|-----|--------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1036 | Strott, Juergen | 41 | | Passtschon98 | 352 | 376 | 3:28:45 | 3:29:06 | 1:41:44 | 1:47:01 | 4:57 |
| 2 | 1164 | Johann auf der Heide, Bernd | 41 | | TUS Eintracht Bielefeld | 399 | 429 | 3:31:03 | 3:31:25 | 1:41:31 | 1:49:32 | 5:00 |
| 3 | 2507 | Ziermann, Heinz | 40 | | DU Wernheimer Kanu Gilde | 511 | 550 | 3:39:09 | 3:39:35 | 1:46:52 | 1:52:16 | 5:12 |
| 4 | 2102 | Steen, Hans-Albert | 38 | | LC Paderborn | 517 | 556 | 3:39:21 | 3:39:51 | 1:48:03 | 1:51:18 | 5:12 |
| 5 | 2055 | Spieker, Johann | 39 | | 100 Marathon Club | 839 | 934 | 3:57:40 | 3:59:11 | 2:00:47 | 1:56:52 | 5:38 |
| 6 | 2114 | Fotschki, Walter | 38 | | TVA Dortmund Wickede | 865 | 965 | 3:58:23 | 3:58:54 | 1:52:49 | 2:05:34 | 5:39 |
| 7 | 1196 | Blum, Gerd | 40 | | SV Gladbeck 13 | 882 | 983 | 3:59:13 | 4:00:23 | 1:56:01 | 2:03:11 | 5:40 |
| 8 | 1153 | Interthal, Hans Jörg | 39 | | *Remscheid | 971 | 1087 | 4:07:14 | 4:08:28 | 1:58:35 | 2:08:39 | 5:52 |
| 9 | 1748 | Malle, Bernd | 38 | | Spiridon Frankfurt | 977 | 1095 | 4:07:40 | 4:08:50 | 1:59:59 | 2:07:41 | 5:52 |
| 10 | 682 | Scheer, Willi | 42 | | LT Bittermark Dortmund | 1006 | 1129 | 4:09:39 | 4:10:51 | 1:58:39 | 2:11:00 | 5:55 |
| 11 | 962 | Fiebach, Wolfgang | 41 | | LT Bittermark Dortmund | 1007 | 1130 | 4:09:40 | 4:10:51 | 1:50:38 | 2:19:02 | 5:55 |
| 12 | 1431 | Balzer, Manfred | 41 | | EVONIK | 1061 | 1200 | 4:15:17 | 4:16:29 | 1:58:34 | 2:16:42 | 6:03 |
| 13 | 2191 | Stumpfenhausen, Jürgen | 40 | | Marathon Soest | 1121 | 1275 | 4:21:34 | 4:22:35 | 1:56:56 | 2:24:38 | 6:12 |
| 14 | 708 | Obst, Dieter | 39 | | LLG-Hamm | 1270 | 1471 | 4:46:09 | 4:47:27 | 2:19:19 | 2:26:50 | 6:47 |
| 15 | 1069 | Walter, Bernd | 42 | | Turngemeinde Lage | 1315 | 1530 | 5:04:51 | 5:06:34 | 2:20:01 | 2:44:49 | 7:13 |
| 16 | 2082 | Brendemühl, Dieter | 39 | | *Lontzen | 1319 | 1535 | 5:08:51 | 5:10:47 | 2:20:34 | 2:48:17 | 7:19 |
| 17 | 805 | Puchalski, Konrad | 42 | | Veteranen Essen | 1320 | 1538 | 5:12:43 | 5:14:36 | 2:24:27 | 2:48:16 | 7:25 |

Klasse M70

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|---------------------|----|-----|---------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1822 | Sontowski, Willi | 37 | | LG Herne | 242 | 258 | 3:20:42 | 3:20:48 | 1:39:24 | 1:41:18 | 4:45 |
| 2 | 2050 | Horst, Ehler Hans | 34 | | LT Wischlingen Dortmund | 705 | 769 | 3:50:08 | 3:50:49 | 1:51:44 | 1:58:24 | 5:27 |
| 3 | 2147 | Rühl, Heinz | 37 | | TSV Viktoria Mülheim | 713 | 780 | 3:51:02 | 3:51:20 | 1:51:43 | 1:59:19 | 5:29 |
| 4 | 1963 | Capelle, Heinrich | 35 | | LG Lippe Süd | 763 | 840 | 3:54:22 | 3:55:11 | 1:51:02 | 2:03:20 | 5:33 |
| 5 | 1378 | Rudzinski, Gerhard | 33 | | *Bochum | 933 | 1040 | 4:02:48 | 4:03:56 | 1:58:42 | 2:04:06 | 5:45 |
| 6 | 1726 | Mertesdorf, Richard | 36 | | LAC Vellins Hochsauerland | 1065 | 1204 | 4:15:29 | 4:16:51 | 2:04:53 | 2:10:36 | 6:03 |
| 7 | 1753 | Kowalsky, Paul | 35 | | Gerscheder SV Essen | 1158 | 1320 | 4:26:20 | 4:27:42 | 2:06:53 | 2:19:26 | 6:19 |
| 8 | 1737 | Macke, Herbert | 36 | | Adler Langlauf Bottrop | 1162 | 1324 | 4:26:44 | 4:28:25 | 2:10:01 | 2:16:43 | 6:19 |
| 9 | 1953 | Eipper, Götz W. | 34 | | 100 Marathon Club | 1214 | 1393 | 4:32:19 | 4:34:00 | 2:08:35 | 2:23:43 | 6:27 |
| 10 | 501 | Preisler, Horst | 35 | | LAV Hamburg-Nord | 1317 | 1532 | 5:06:40 | 5:08:24 | 2:24:00 | 2:42:40 | 7:16 |

Klasse M75

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------|----|-----|----------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 1302 | Storz, Werner | 28 | | TV Mülheim | 907 | 1010 | 4:00:44 | 4:01:50 | 1:58:59 | 2:01:45 | 5:42 |
| 2 | 2071 | Maghon, Helmut | 29 | | TSV Viktoria Mülheim | 1077 | 1220 | 4:17:15 | 4:18:56 | 2:07:10 | 2:10:05 | 6:06 |

Klasse MJG

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-----------------------|----|-----|------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 2428 | Ratsch, Thomas | 88 | | *Herne | 307 | 327 | 3:25:34 | 3:26:08 | 1:45:10 | 1:40:24 | 4:52 |
| 2 | 1786 | Boshoff, Oliver André | 88 | | TSV 1863 Herdecke e.V. | 461 | 497 | 3:36:25 | 3:36:52 | 1:40:04 | 1:56:21 | 5:08 |
| 3 | 2460 | Von Preetzmann, Marc | 88 | | *Castrop-Rauxel | 762 | 839 | 3:54:20 | 3:56:10 | 1:53:18 | 2:01:02 | 5:33 |
| 4 | 1263 | Klute, Timm | 88 | | *Voerde | 764 | 841 | 3:54:23 | 3:55:03 | 1:56:49 | 1:57:34 | 5:33 |
| 5 | 675 | Wissing, Philipp | 88 | | Djk TuS Stenern | 826 | 918 | 3:57:10 | 3:58:20 | 1:53:51 | 2:03:19 | 5:37 |
| 6 | 1295 | Panzer, Timo | 88 | | *Oberhausen | 1264 | 1461 | 4:44:13 | 4:45:47 | 2:11:15 | 2:32:58 | 6:44 |

Alterklassen

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Klasse W20

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------|----|-----|-------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 8 | Spitzmüller, Romy | 81 | | LAZ Leipzig | 1 | 13 | 2:41:49 | 2:41:49 | 1:18:15 | 1:23:32 | 3:50 |
| 2 | 248 | Optekamp, Silke | 78 | | *Mönchengladbach | 9 | 187 | 3:14:24 | 3:14:39 | 1:36:03 | 1:38:20 | 4:36 |
| 3 | 281 | Bredow, Dorothee | 84 | | EVONIK | 11 | 221 | 3:17:35 | 3:17:49 | 1:40:14 | 1:37:20 | 4:41 |
| 4 | 274 | Hans, Jacqueline | 81 | | LG Gummersbach | 29 | 404 | 3:29:31 | 3:30:07 | 1:46:57 | 1:42:33 | 4:58 |
| 5 | 71 | Wittkop, Steffi | 87 | | *Bochum | 51 | 652 | 3:44:15 | 3:44:57 | 1:51:07 | 1:53:08 | 5:19 |
| 6 | 168 | van Huet, Fabienne | 84 | | *Düsseldorf | 66 | 776 | 3:50:27 | 3:51:37 | 1:56:34 | 1:53:53 | 5:28 |
| 7 | 182 | Hartje, Alexandra | 86 | | *Bonn | 87 | 887 | 3:56:18 | 3:56:43 | 1:56:18 | 2:00:00 | 5:36 |
| 8 | 79 | Redekop, Larissa | 82 | | LG Orsingen | 88 | 889 | 3:56:23 | 3:57:14 | 1:58:56 | 1:57:27 | 5:36 |
| 9 | 270 | Pipper, Jasmin | 84 | | TV Roetgen | 119 | 1100 | 4:08:05 | 4:09:20 | 1:58:37 | 2:09:27 | 5:53 |
| 10 | 76 | Senkowski, Linda | 78 | | *Oer-Erkenschwick | 129 | 1158 | 4:11:52 | 4:12:46 | 1:56:10 | 2:15:41 | 5:58 |
| 11 | 93 | Leufgen, Joelle | 79 | | *Essen | 131 | 1166 | 4:12:17 | 4:13:50 | 1:58:24 | 2:13:52 | 5:59 |
| 12 | 140 | Muth-Köhne, Elke | 78 | | *Bochum | 144 | 1222 | 4:17:19 | 4:19:08 | 2:04:35 | 2:12:43 | 6:06 |
| 13 | 50 | van Luijn, Alwine | 79 | | *Blomberg | 150 | 1250 | 4:19:18 | 4:20:08 | 2:04:34 | 2:14:43 | 6:09 |
| 14 | 96 | Hakulinen, Annukka | 79 | FIN | *Düsseldorf | 164 | 1338 | 4:27:54 | 4:29:32 | 2:07:43 | 2:20:10 | 6:21 |
| 15 | 86 | Sapendowski, Diana | 78 | | *Duisburg | 169 | 1345 | 4:28:12 | 4:29:15 | 2:11:45 | 2:16:26 | 6:21 |
| 16 | 183 | Röhrig, Nadine | 85 | | *Wupertal | 176 | 1383 | 4:30:27 | 4:31:41 | 2:08:23 | 2:22:04 | 6:25 |
| 17 | 184 | Röhrig, Carolin | 83 | | *Edertal | 188 | 1424 | 4:36:48 | 4:38:03 | 2:08:23 | 2:28:25 | 6:34 |
| 18 | 224 | Wycisłok, Verena | 79 | | EVONIK | 208 | 1494 | 4:51:50 | 4:53:22 | 2:12:31 | 2:39:19 | 6:55 |
| 19 | 207 | Parizek, Janina | 82 | | EVONIK | 209 | 1495 | 4:51:51 | 4:53:23 | 2:12:31 | 2:39:19 | 6:55 |

Klasse W30

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|---------------------------|----|-----|---------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 6 | Pfeiffer, Ilona | 75 | | LC Solbad Ravensberg | 2 | 23 | 2:48:42 | 2:48:43 | 1:21:54 | 1:26:48 | 4:00 |
| 2 | 2432 | Gayk, Svenja | 74 | | *Mülheim | 3 | 53 | 2:58:34 | 2:58:36 | 1:29:29 | 1:29:04 | 4:14 |
| 3 | 9 | Willcox-Heidner, Victoria | 73 | | LG Wilhelmshaven | 7 | 150 | 3:10:15 | 3:10:16 | 1:26:56 | 1:43:18 | 4:31 |
| 4 | 141 | Schiesewitz, Petra | 74 | | Melpomene Bonn | 20 | 315 | 3:24:47 | 3:25:12 | 1:43:21 | 1:41:26 | 4:51 |
| 5 | 132 | Heyer, Silke | 73 | | SC Bayer 05 Uerdingen | 22 | 347 | 3:27:03 | 3:27:24 | 1:40:55 | 1:46:07 | 4:54 |
| 6 | 102 | Kochel, Mirka | 74 | | *Wetter | 30 | 412 | 3:29:49 | 3:30:03 | 1:41:54 | 1:47:55 | 4:58 |
| 7 | 179 | Monning, Melanie | 73 | | Ausdauerschule Bunert | 40 | 558 | 3:39:27 | 3:40:01 | 1:46:32 | 1:52:55 | 5:12 |
| 8 | 245 | Deters, Heidrun | 77 | | *Osnabrück | 59 | 732 | 3:47:51 | 3:48:23 | 1:46:09 | 2:01:42 | 5:24 |
| 9 | 249 | Schilling, Sabine | 77 | | LGO Bochum | 67 | 779 | 3:50:45 | 3:51:54 | 1:58:14 | 1:52:30 | 5:28 |
| 10 | 104 | Knauf, Melanie | 73 | | Laufteam Wolfhagen | 73 | 815 | 3:53:25 | 3:54:21 | 1:51:31 | 2:01:54 | 5:32 |
| 11 | 180 | Kruse, Daniela | 77 | | LG Polizei Altenessen | 74 | 819 | 3:53:46 | 3:54:39 | 1:51:35 | 2:02:10 | 5:32 |
| 12 | 47 | Kiefer, Tanja | 75 | | *Essen | 80 | 855 | 3:54:55 | 3:55:26 | 1:47:12 | 2:07:42 | 5:34 |
| 13 | 115 | Eisenberg, Martina | 74 | | LT Turnerbund Frintrop 03 | 82 | 859 | 3:55:07 | 3:55:43 | 1:54:51 | 2:00:16 | 5:34 |
| 14 | 2063 | Lauber, Birgit | 75 | | TV-Bueschergrund | 86 | 885 | 3:56:15 | 3:56:33 | 1:53:52 | 2:02:23 | 5:36 |
| 15 | 95 | Anyango-Schlaug, Judith | 77 | | DJK Teutonia Gaustadt | 92 | 913 | 3:57:05 | 3:58:08 | 1:51:44 | 2:05:20 | 5:37 |
| 16 | 186 | Peters, Diana | 76 | | TV Arnsberg | 111 | 1055 | 4:04:09 | 4:05:30 | 1:59:16 | 2:04:52 | 5:47 |
| 17 | 25 | Urbansky, Carola | 73 | | *Bochum | 140 | 1212 | 4:16:35 | 4:18:08 | 2:04:55 | 2:11:39 | 6:05 |
| 18 | 176 | Mettlach, Birgit | 73 | | RWE Starlight Team Essen | 158 | 1290 | 4:22:50 | 4:23:05 | 2:01:45 | 2:21:05 | 6:14 |
| 19 | 265 | Rohmann, Daniela | 77 | | SC Bayer 05 Uerdingen | 166 | 1340 | 4:27:59 | 4:29:08 | 2:02:49 | 2:25:10 | 6:21 |
| 20 | 55 | Hansmeier, Claudia | 76 | | *essen | 194 | 1443 | 4:40:59 | 4:42:39 | 2:05:25 | 2:35:34 | 6:40 |
| 21 | 67 | Schwarzer, Isabella | 77 | | *Dortmund | 214 | 1517 | 4:57:15 | 4:59:07 | 2:13:44 | 2:43:31 | 7:03 |

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Klasse W35

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------------------|----|-----|----------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 185 | Tillmann, Sabine | 72 | | TV Arnsberg | 4 | 102 | 3:04:33 | 3:04:46 | 1:28:52 | 1:35:40 | 4:22 |
| 2 | 2148 | Gabriel, Andrea | 69 | | LSF Werne | 5 | 116 | 3:06:26 | 3:06:37 | 1:30:16 | 1:36:10 | 4:25 |
| 3 | 261 | Wunderlich, Ines | 72 | | LuT Aschaffenburg | 6 | 122 | 3:07:13 | 3:07:19 | 1:32:44 | 1:34:28 | 4:26 |
| 4 | 2087 | Busenius, Stefanie | 71 | | Turbo-Schnecken Lüdenschke | 12 | 231 | 3:18:14 | 3:18:21 | 1:35:25 | 1:42:48 | 4:42 |
| 5 | 213 | Resche, Heike | 68 | | EVONIK | 13 | 232 | 3:18:17 | 3:18:39 | 1:37:00 | 1:41:17 | 4:42 |
| 6 | 144 | Tünnermann, Ina | 69 | | SV Brackwede | 15 | 247 | 3:19:50 | 3:20:05 | 1:37:34 | 1:42:15 | 4:44 |
| 7 | 161 | Miedtank, Anja | 71 | | *Iserlohn-Rheinen | 17 | 267 | 3:21:10 | 3:21:32 | 1:40:36 | 1:40:34 | 4:46 |
| 8 | 159 | Volkmann, Gundula | 69 | | *Düsseldorf | 24 | 368 | 3:28:30 | 3:28:59 | 1:44:02 | 1:44:28 | 4:56 |
| 9 | 109 | Reute, Christiane | 70 | | TSV Bayer 04 Lev Triathlon | 37 | 511 | 3:37:19 | 3:37:46 | 1:44:22 | 1:52:57 | 5:09 |
| 10 | 192 | Fieker, Sabine | 72 | | Homberger TV | 38 | 515 | 3:37:37 | 3:38:21 | 1:47:35 | 1:50:02 | 5:09 |
| 11 | 278 | Branz, Stephanie | 71 | | SG E.ON Ruhrgas | 43 | 578 | 3:40:27 | 3:41:00 | 1:43:30 | 1:56:56 | 5:13 |
| 12 | 232 | Krepp, Margret | 68 | | TSV Weeze | 45 | 601 | 3:42:02 | 3:42:53 | 1:47:39 | 1:54:22 | 5:16 |
| 13 | 145 | Baumgärtel, Simone | 71 | | TSG Helberhausen | 47 | 614 | 3:42:33 | 3:43:10 | 1:49:34 | 1:52:58 | 5:16 |
| 14 | 40 | Lerch, Dörthe | 71 | | *Herne | 49 | 649 | 3:43:55 | 3:44:47 | 1:50:56 | 1:52:58 | 5:18 |
| 15 | 171 | Peichler, Susanne | 70 | AUT | *Hamminkeln | 56 | 689 | 3:45:24 | 3:45:31 | 1:47:11 | 1:58:13 | 5:21 |
| 16 | 131 | Watzlaw, Tanja | 70 | | *Herzogenrath | 57 | 728 | 3:47:48 | 3:47:55 | 1:46:28 | 2:01:19 | 5:24 |
| 17 | 148 | Pohl, Daniela | 68 | | FC Stoppenberg LT | 58 | 731 | 3:47:51 | 3:48:31 | 1:50:43 | 1:57:07 | 5:24 |
| 18 | 262 | nowak, melanie | 72 | | Trinimators voerde | 64 | 765 | 3:49:41 | 3:50:30 | 1:53:08 | 1:56:33 | 5:27 |
| 19 | 162 | Schramm, Alexandra | 69 | | Marketing Runners | 71 | 810 | 3:53:05 | 3:54:08 | 1:53:24 | 1:59:41 | 5:31 |
| 20 | 146 | Menn, Annette | 71 | | TSG Helberhausen | 78 | 849 | 3:54:50 | 3:55:27 | 1:49:35 | 2:05:14 | 5:34 |
| 21 | 2095 | Burghard, Sabine | 69 | | LTV Lippstadt | 81 | 857 | 3:54:58 | 3:55:50 | 1:55:19 | 1:59:38 | 5:34 |
| 22 | 117 | Wendler, Judith | 71 | | RWE Starlight Team Essen | 83 | 870 | 3:55:36 | 3:56:31 | 1:54:15 | 2:01:21 | 5:35 |
| 23 | 78 | Wolters, Nina | 72 | | Waltroper LC 06 | 84 | 876 | 3:55:53 | 3:57:27 | 1:57:44 | 1:58:09 | 5:35 |
| 24 | 46 | Thorwesten, Simone | 70 | | Waltroper LC 06 | 85 | 878 | 3:55:55 | 3:57:28 | 1:57:44 | 1:58:10 | 5:35 |
| 25 | 152 | Henrichs, Renate | 69 | | LT Neuenkirchen | 89 | 893 | 3:56:28 | 3:56:47 | 1:53:01 | 2:03:27 | 5:36 |
| 26 | 2459 | Mevissen, Iris | 72 | | *Nettetal | 94 | 925 | 3:57:25 | 3:58:54 | 1:58:20 | 1:59:05 | 5:38 |
| 27 | 114 | Keller, Sabine | 70 | | WSU Warendorf | 99 | 958 | 3:58:13 | 3:58:54 | 1:53:29 | 2:04:43 | 5:39 |
| 28 | 44 | Marl, Yvonne | 68 | | *Friedrichsdorf | 110 | 1048 | 4:03:34 | 4:04:27 | 1:53:37 | 2:09:56 | 5:46 |
| 29 | 37 | Roberz, Johanna | 69 | | *Wachtendonk | 132 | 1167 | 4:12:19 | 4:13:54 | 2:01:45 | 2:10:34 | 5:59 |
| 30 | 247 | Nienhaus, Sonja | 72 | | SV Westf. Gemen | 137 | 1189 | 4:14:18 | 4:16:00 | 2:04:21 | 2:09:57 | 6:02 |
| 31 | 177 | Dürr-Brünsing, Anke | 72 | | Krefelder Kanu Klub | 138 | 1194 | 4:14:38 | 4:16:09 | 2:06:13 | 2:08:25 | 6:02 |
| 32 | 2007 | Haake, Jeannette | 69 | | TSV Sibbesse | 146 | 1233 | 4:18:10 | 4:19:26 | 2:00:12 | 2:17:57 | 6:07 |
| 33 | 24 | Düsenberg, Susanne | 69 | | *Düsseldorf | 149 | 1249 | 4:19:13 | 4:20:29 | 2:00:38 | 2:18:34 | 6:09 |
| 34 | 2461 | Heßmann, Susanne | 69 | | *Gelsenkirchen | 154 | 1263 | 4:20:17 | 4:21:57 | 2:05:28 | 2:14:48 | 6:10 |
| 35 | 259 | Wiedau-Ringelkamp, Jutta | 69 | | FC Nordkirchen | 157 | 1281 | 4:21:51 | 4:22:59 | 2:06:55 | 2:14:56 | 6:12 |
| 36 | 172 | Hagenkötter-Börste, Andrea | 71 | | Tv Werne 03 | 160 | 1303 | 4:24:14 | 4:25:42 | 2:06:03 | 2:18:11 | 6:16 |
| 37 | 2008 | Schäfer, Diane | 70 | | BSG WAZ Essen | 177 | 1385 | 4:30:44 | 4:32:22 | 2:08:44 | 2:22:00 | 6:25 |
| 38 | 255 | Federsel, Beate | 69 | | *Aachen | 178 | 1391 | 4:32:09 | 4:32:54 | 2:06:18 | 2:25:50 | 6:27 |
| 39 | 156 | Weeske, Kerstin | 68 | | *Essen | 182 | 1402 | 4:34:07 | 4:35:58 | 2:13:44 | 2:20:23 | 6:30 |
| 40 | 166 | Quinkenstein, Simone | 68 | | Waltroper LC 06 | 195 | 1450 | 4:41:56 | 4:43:48 | 2:16:29 | 2:25:26 | 6:41 |
| 41 | 191 | Cavaleiro, Dr. Claudia | 70 | | OSC Waldniel | 205 | 1487 | 4:50:35 | 4:52:21 | 2:21:46 | 2:28:49 | 6:53 |
| 42 | 97 | Michalak, Corinna | 69 | | LT Mengede | 220 | 1551 | 5:27:43 | 5:29:44 | 2:34:42 | 2:53:00 | 7:46 |

Klasse W40

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|-------------------------|----|-----|------------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 2540 | Lappe, Mechthild | 65 | | VfB Salzkotten | 8 | 157 | 3:11:40 | 3:11:50 | 1:31:00 | 1:40:40 | 4:33 |
| 2 | 205 | Nachtwey, Claudia | 67 | | EVONIK | 16 | 250 | 3:20:13 | 3:20:32 | 1:38:31 | 1:41:41 | 4:45 |
| 3 | 2037 | Schlegel, Ilona | 66 | | Melpomene Bonn e.V. | 18 | 278 | 3:21:56 | 3:22:20 | 1:43:22 | 1:38:33 | 4:47 |
| 4 | 2036 | Melzer, Elke | 63 | | Melpomene Bonn | 21 | 337 | 3:26:09 | 3:26:34 | 1:43:25 | 1:42:43 | 4:53 |
| 5 | 2005 | Stöcker, Kathrin | 67 | | LAZ Puma Troisdorf | 23 | 366 | 3:28:23 | 3:28:55 | 1:44:16 | 1:44:06 | 4:56 |
| 6 | 241 | Rosentreter, Beate | 66 | | SG Generalvikariat Paderborn | 26 | 387 | 3:29:03 | 3:29:31 | 1:40:14 | 1:48:49 | 4:57 |
| 7 | 85 | Berndt, Suliko | 63 | | Lauf Team Unna | 28 | 391 | 3:29:09 | 3:29:30 | 1:44:13 | 1:44:55 | 4:57 |
| 8 | 2070 | Fernholz, Britta | 66 | | SG Wenden | 32 | 455 | 3:33:01 | 3:33:16 | 1:39:28 | 1:53:33 | 5:03 |
| 9 | 277 | Gabriel, Angelika | 67 | | *Herne | 33 | 464 | 3:33:35 | 3:34:00 | 1:39:54 | 1:53:41 | 5:04 |
| 10 | 254 | Hamel, Jasmin | 65 | | RTC Frankfurt | 36 | 481 | 3:35:01 | 3:36:23 | 1:47:50 | 1:47:10 | 5:06 |
| 11 | 41 | Köster-Heck, Barbara | 67 | | BSG Aon Jauch & Hübener | 39 | 544 | 3:39:00 | 3:39:32 | 1:43:35 | 1:55:25 | 5:11 |
| 12 | 121 | Breuer, Sabine | 66 | | LC Duisburg | 42 | 574 | 3:40:12 | 3:40:42 | 1:46:08 | 1:54:04 | 5:13 |
| 13 | 2445 | Götz, Christiane | 63 | | *Heiligenhaus | 46 | 612 | 3:42:31 | 3:42:39 | 1:44:46 | 1:57:44 | 5:16 |
| 14 | 170 | Seitz, Anne | 66 | | *Bedburg-Hau | 52 | 658 | 3:44:23 | 3:45:16 | 1:51:13 | 1:53:09 | 5:19 |
| 15 | 2121 | Pocervina-Koenig, Liane | 67 | LUX | Walter Huesen | 53 | 665 | 3:44:29 | 3:44:51 | 1:50:24 | 1:54:05 | 5:19 |
| 16 | 2184 | Casimir, Sabine | 65 | | Am Neukirchen-Vluyn | 54 | 670 | 3:44:35 | 3:45:06 | 1:46:01 | 1:58:33 | 5:19 |
| 17 | 193 | Fitzlaff, Dorothea | 64 | | EVONIK | 68 | 794 | 3:52:00 | 3:53:28 | 1:56:16 | 1:55:44 | 5:30 |
| 18 | 120 | Kebbedies, Elisabeth | 66 | | TV Werne 03 | 69 | 804 | 3:52:45 | 3:53:04 | 1:40:28 | 2:12:16 | 5:31 |
| 19 | 164 | Weinreich, Claudia | 66 | | *Herdecke | 72 | 814 | 3:53:22 | 3:54:35 | 1:54:16 | 1:59:05 | 5:32 |
| 20 | 118 | Mack, Helga | 63 | | Lauftreff Emst | 75 | 824 | 3:53:50 | 3:55:02 | 1:54:31 | 1:59:19 | 5:33 |
| 21 | 267 | Grohmann, Gabriele | 65 | | Troisdorfer LG M.U.T. | 76 | 832 | 3:54:09 | 3:55:20 | 1:58:34 | 1:55:34 | 5:33 |
| 22 | 2431 | Stümgens, Shirley | 63 | | *Essen | 77 | 833 | 3:54:09 | 3:55:05 | 1:50:20 | 2:03:49 | 5:33 |
| 23 | 2156 | Kalbreier, Stefanie | 66 | | LG RATHER Kirchplatz D' dorf | 90 | 900 | 3:56:35 | 3:57:43 | 1:57:48 | 1:58:47 | 5:36 |
| 24 | 204 | Munkes, Andrea | 66 | | LTF Mausbach | 91 | 905 | 3:56:40 | 3:57:55 | 1:57:40 | 1:58:59 | 5:37 |
| 25 | 149 | Gunia, Birgit | 65 | | Renntiere Marl | 93 | 919 | 3:57:21 | 3:58:38 | 1:58:33 | 1:58:47 | 5:38 |
| 26 | 31 | Schneider, Bernadette | 63 | | TV Jahn 06 Kapellen | 95 | 926 | 3:57:26 | 3:57:55 | 1:57:30 | 1:59:55 | 5:38 |
| 27 | 155 | Klarholz, Meike | 65 | | DVV Coburg | 96 | 940 | 3:57:47 | 3:57:52 | 1:55:24 | 2:02:23 | 5:38 |
| 28 | 256 | Huge, Barbel | 67 | | Marathon Steinfurt | 97 | 942 | 3:57:52 | 3:58:59 | 1:57:47 | 2:00:05 | 5:38 |
| 29 | 228 | Wenzel, Regina | 66 | | TV 03 Breitenbach | 100 | 962 | 3:58:19 | 3:59:14 | 1:48:53 | 2:09:26 | 5:39 |
| 30 | 2435 | Hülzmann, Cornelia | 66 | | LSF Werne | 101 | 976 | 3:58:59 | 3:59:10 | 1:53:11 | 2:05:47 | 5:40 |
| 31 | 91 | Klement, Birgit | 64 | | *Düsseldorf | 103 | 1008 | 4:00:35 | 4:01:19 | 1:53:17 | 2:07:18 | 5:42 |
| 32 | 2010 | Mölders, Angelika | 65 | | LLG Kevelaer | 105 | 1023 | 4:01:37 | 4:02:31 | 1:54:21 | 2:07:15 | 5:44 |
| 33 | 196 | Grabowski, Cornelia | 67 | | EVONIK | 109 | 1047 | 4:03:20 | 4:04:14 | 1:58:40 | 2:04:39 | 5:46 |
| 34 | 2002 | Rathai, Susanne | 67 | | Krefelder Kanu Klub | 113 | 1069 | 4:05:32 | 4:06:29 | 1:52:09 | 2:13:22 | 5:49 |
| 35 | 107 | Kleinschmidt, Gabi | 67 | | SC Aquarius | 117 | 1092 | 4:07:25 | 4:08:57 | 1:59:05 | 2:08:20 | 5:52 |
| 36 | 68 | Chomik, Ewa | 63 | | Lauftreff MG-Volksgarten | 120 | 1109 | 4:08:33 | 4:10:07 | 2:04:20 | 2:04:12 | 5:53 |
| 37 | 250 | Tillmann, Ina | 67 | | BSG Sparkasse Essen | 121 | 1114 | 4:08:56 | 4:10:33 | 2:04:13 | 2:04:43 | 5:54 |
| 38 | 87 | Schiefelbein, Gabriele | 67 | | BSG Sparkasse Essen | 122 | 1124 | 4:09:27 | 4:11:14 | 2:02:04 | 2:07:22 | 5:55 |
| 39 | 2092 | Göbel, Carina | 65 | | *Wuppertal | 124 | 1131 | 4:09:47 | 4:11:21 | 2:01:08 | 2:08:39 | 5:55 |
| 40 | 260 | Rubbert, Susanne | 64 | | LG Lust am Laufen e.V. | 126 | 1147 | 4:11:20 | 4:12:41 | 2:04:58 | 2:06:22 | 5:57 |
| 41 | 263 | hovemann, sabine | 65 | | Ig lust am laufen | 127 | 1148 | 4:11:20 | 4:12:41 | 2:04:58 | 2:06:22 | 5:57 |
| 42 | 129 | Fürderer, Antje | 65 | | Adler Langlauf Bottrop | 128 | 1157 | 4:11:51 | 4:13:29 | 2:04:14 | 2:07:36 | 5:58 |
| 43 | 413 | Jöhring, Jutta | 67 | | TuSEM Essen | 133 | 1175 | 4:12:52 | 4:14:28 | 2:04:37 | 2:08:15 | 6:00 |
| 44 | 2084 | Jägers, Regine | 65 | | *Bonn | 134 | 1183 | 4:13:49 | 4:15:29 | 2:04:27 | 2:09:22 | 6:01 |
| 45 | 251 | Aurich, Angela | 67 | | LuT Aschaffenburg | 135 | 1185 | 4:14:03 | 4:14:11 | 2:01:44 | 2:12:19 | 6:01 |
| 46 | 100 | Kleinlanghorst, Carola | 65 | | SGE Exter | 141 | 1215 | 4:16:50 | 4:18:22 | 2:07:31 | 2:09:19 | 6:05 |
| 47 | 138 | Ennigkeit, Heike | 65 | | *Sonsbeck | 143 | 1218 | 4:17:05 | 4:17:42 | 1:56:08 | 2:20:57 | 6:06 |
| 48 | 2062 | Zacher, Susi | 67 | | Adler Langlauf Bottrop | 147 | 1247 | 4:19:11 | 4:20:31 | 2:04:58 | 2:14:12 | 6:09 |
| 49 | 209 | Puth, Andrea | 65 | | EVONIK | 148 | 1248 | 4:19:13 | 4:20:27 | 2:05:10 | 2:14:02 | 6:09 |
| 50 | 272 | Ditz, Petra | 66 | | Total Chaos Runners | 152 | 1258 | 4:19:57 | 4:21:34 | 2:10:32 | 2:09:24 | 6:10 |
| 51 | 123 | Plaga, Daniela | 66 | | *Mülheim an der Ruhr | 155 | 1277 | 4:21:46 | 4:23:02 | 2:02:54 | 2:18:51 | 6:12 |
| 52 | 92 | Bellmann, Dagmar | 65 | | *Dortmund | 156 | 1279 | 4:21:50 | 4:23:14 | 2:09:28 | 2:12:22 | 6:12 |
| 53 | 2089 | Hollwitz, Petra | 63 | | LC Duisburg | 159 | 1300 | 4:23:54 | 4:25:23 | 2:04:44 | 2:19:09 | 6:15 |
| 54 | 151 | Willms, Silke | 65 | | *Duisburg | 161 | 1311 | 4:25:40 | 4:27:19 | 2:07:08 | 2:18:31 | 6:18 |
| 55 | 110 | Golz, Ute | 64 | | TV Wanne 1885 | 163 | 1337 | 4:27:45 | 4:28:00 | 2:05:46 | 2:21:59 | 6:21 |
| 56 | 83 | Schubach, Sabine | 65 | | 3R-RemscheiderRöntgenRunner | 165 | 1339 | 4:27:56 | 4:29:49 | 2:13:39 | 2:14:17 | 6:21 |
| 57 | 258 | Kaiser, Silvia | 63 | AUT | *Krefeld | 168 | 1344 | 4:28:12 | 4:30:07 | 2:13:52 | 2:14:19 | 6:21 |
| 58 | 27 | Faßbender, Heidi | 65 | | *Eschweiler | 180 | 1394 | 4:32:23 | 4:34:19 | 2:10:51 | 2:21:32 | 6:27 |
| 59 | 242 | Pluemer, Heike | 64 | | Tus Jahn Lindhorst | 183 | 1404 | 4:34:11 | 4:35:10 | 2:03:11 | 2:31:00 | 6:30 |
| 60 | 128 | rother, anja | 67 | | *kronshagen | 189 | 1427 | 4:37:06 | 4:38:43 | 2:15:10 | 2:21:55 | 6:34 |
| 61 | 280 | Heidenreich, Susanne | 64 | | LC Duisburg | 191 | 1435 | 4:39:47 | 4:41:29 | 2:13:39 | 2:26:08 | 6:38 |
| 62 | 58 | Winter, Heidrun | 64 | | TG Lage | 193 | 1439 | 4:40:08 | 4:41:52 | 2:19:40 | 2:20:27 | 6:38 |
| 63 | 187 | Mönnichs, Barbara | 66 | | *Münster | 198 | 1462 | 4:44:16 | 4:46:07 | 2:14:36 | 2:29:40 | 6:44 |
| 64 | 227 | Banatzki, Ilka | 63 | | DJK Preussen 1911 Bochum | 199 | 1467 | 4:45:38 | 4:47:04 | 2:11:59 | 2:33:38 | 6:46 |
| 65 | 279 | Becker, Heike | 67 | | *Bochum | 204 | 1480 | 4:48:25 | 4:50:15 | 2:11:27 | 2:36:58 | 6:50 |
| 66 | 23 | May, Erika | 67 | | *Solingen | 210 | 1505 | 4:54:14 | 4:55:50 | 2:20:33 | 2:33:40 | 6:58 |
| 67 | 244 | Möllenbeck, Diana | 66 | | Lauffreunde Rhede | 216 | 1533 | 5:07:57 | 5:09:49 | 2:23:42 | 2:44:15 | 7:18 |
| 68 | 116 | Teune, Michaela | 65 | | VfL Ahaus | 218 | 1537 | 5:12:42 | 5:14:39 | 2:21:26 | 2:51:16 | 7:25 |

Klasse W45

| Platz | St-Nr. | Name | JG | NAT | Verein*/Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------------------|----|-----|---------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 2188 | Niemeyer, Claudia | 62 | | RSV | 10 | 213 | 3:16:56 | 3:17:01 | 1:35:32 | 1:41:24 | 4:40 |
| 2 | 264 | Weber, Claudia | 62 | | Team Erdinger Alkoholfrei | 25 | 386 | 3:29:01 | 3:29:11 | 1:42:25 | 1:46:35 | 4:57 |
| 3 | 257 | Hein-Hofmann, Christel | 62 | | SC - Falke Saerbeck | 27 | 389 | 3:29:05 | 3:29:15 | 1:38:58 | 1:50:07 | 4:57 |
| 4 | 206 | Olschewski, Claudia-Sabine | 58 | | SuS Oberaden | 31 | 445 | 3:32:19 | 3:32:33 | 1:45:14 | 1:47:05 | 5:02 |
| 5 | 153 | Blondin, Prof. Juliane | 59 | | SC Bayer 05 Uerdingen | 44 | 591 | 3:41:05 | 3:41:30 | 1:44:00 | 1:57:05 | 5:14 |
| 6 | 154 | Trösken-Stiepermann, Inge | 61 | | *Dortmund | 50 | 651 | 3:44:11 | 3:44:58 | 1:50:36 | 1:53:35 | 5:19 |
| 7 | 226 | Weinhold, Jutta | 58 | | SV Viktoria Goch | 61 | 744 | 3:48:34 | 3:49:21 | 1:52:26 | 1:56:08 | 5:25 |
| 8 | 268 | Posdorfer, Monika | 60 | | SV Spexard | 65 | 771 | 3:50:11 | 3:51:25 | 1:52:30 | 1:57:41 | 5:27 |
| 9 | 106 | Nawroth, Margret | 61 | | *Bergisch Gladbach | 70 | 806 | 3:52:49 | 3:53:35 | 1:55:01 | 1:57:48 | 5:31 |
| 10 | 173 | Großheim, Dagmar | 62 | | Viersener TV | 102 | 991 | 3:59:41 | 4:00:18 | 1:54:27 | 2:05:13 | 5:41 |
| 11 | 195 | Gottschling, Ricarda | 62 | | EVONIK | 107 | 1036 | 4:02:35 | 4:03:02 | 1:56:49 | 2:05:46 | 5:45 |
| 12 | 229 | Gerlach, Martina | 59 | | SC Falke Saerbeck | 108 | 1043 | 4:02:54 | 4:04:03 | 1:58:14 | 2:04:40 | 5:45 |
| 13 | 233 | Weyenberg, Barbara | 58 | | TSV Weeze | 115 | 1081 | 4:06:38 | 4:08:08 | 1:57:36 | 2:09:01 | 5:51 |
| 14 | 236 | Schulz, Rita | 58 | | SC Bottrop | 118 | 1094 | 4:07:39 | 4:08:30 | 2:00:44 | 2:06:55 | 5:52 |
| 15 | 2051 | Aulbach, Sisko | 59 | | *Remscheid | 123 | 1128 | 4:09:35 | 4:11:20 | 2:04:12 | 2:05:22 | 5:55 |
| 16 | 99 | Mayer, Marlene | 62 | | LG Stolberg | 125 | 1140 | 4:11:03 | 4:11:48 | 1:56:31 | 2:14:31 | 5:57 |
| 17 | 2013 | Salwarda, Martina | 61 | | Marathon-Dinslaken | 130 | 1163 | 4:12:06 | 4:13:23 | 2:02:57 | 2:09:08 | 5:58 |
| 18 | 61 | Nicklaus, Dagmar | 58 | | KLB2000 | 142 | 1216 | 4:16:53 | 4:18:12 | 2:04:50 | 2:12:02 | 6:05 |
| 19 | 222 | van Eerd, Astrid | 58 | | EVONIK | 151 | 1253 | 4:19:23 | 4:20:37 | 2:05:23 | 2:13:59 | 6:09 |
| 20 | 283 | Littwin, Gabi | 58 | | LT Lippehasen | 171 | 1352 | 4:28:26 | 4:30:06 | 2:12:29 | 2:15:57 | 6:22 |
| 21 | 2113 | Mielke, Marion | 59 | | *Böttersen | 172 | 1354 | 4:28:33 | 4:29:35 | 2:05:28 | 2:23:05 | 6:22 |
| 22 | 51 | Weidenmüller, Gudrun | 59 | | LC Duisburg | 175 | 1378 | 4:29:48 | 4:31:29 | 2:09:07 | 2:20:41 | 6:24 |
| 23 | 157 | Baur, Birgit | 59 | | LC Duisburg | 179 | 1392 | 4:32:11 | 4:34:02 | 2:13:41 | 2:18:30 | 6:27 |
| 24 | 22 | Watermann, Ilka | 62 | | LF Ehberg 02 | 184 | 1407 | 4:34:17 | 4:35:13 | 2:07:41 | 2:26:35 | 6:30 |
| 25 | 178 | Hilbertz, Susanne | 61 | | *Kleve | 185 | 1411 | 4:35:16 | 4:37:03 | 2:11:36 | 2:23:39 | 6:31 |
| 26 | 214 | Riechers, Jasmine | 58 | | SuS Oberaden | 186 | 1415 | 4:35:36 | 4:36:29 | 2:15:36 | 2:20:00 | 6:32 |
| 27 | 444 | Bullig, Cornelia | 59 | | LG Nord Berlin | 196 | 1455 | 4:42:27 | 4:44:22 | 2:19:49 | 2:22:37 | 6:42 |
| 28 | 137 | Breidenbach, Elisabeth | 62 | | LSG Menden | 201 | 1470 | 4:45:55 | 4:47:20 | 2:14:17 | 2:31:37 | 6:47 |
| 29 | 29 | Eis, Jutta R. | 61 | | *Hannover | 202 | 1473 | 4:46:32 | 4:47:24 | 2:08:53 | 2:37:39 | 6:47 |
| 30 | 56 | Schilling, Angelika | 59 | | LG Hamm | 203 | 1477 | 4:47:30 | 4:48:09 | 2:00:53 | 2:46:37 | 6:49 |
| 31 | 221 | Tobias, Gertrud | 59 | | EVONIK | 206 | 1488 | 4:50:35 | 4:52:21 | 2:21:46 | 2:28:49 | 6:53 |
| 32 | 165 | Schreiber, Bettina | 62 | | Lauffreff Haumannplatz | 207 | 1491 | 4:51:03 | 4:52:49 | 2:19:39 | 2:31:24 | 6:54 |
| 33 | 42 | Kluthe, Gabriele | 58 | | ART Düsseldorf | 212 | 1510 | 4:56:02 | 4:56:21 | 2:24:27 | 2:31:35 | 7:01 |
| 34 | 201 | Künne, Renate | 59 | | JBC Marl | 217 | 1536 | 5:11:58 | 5:13:16 | 2:20:14 | 2:51:44 | 7:24 |
| 35 | 147 | Naubereit, Birgit | 60 | | LT Mengede | 219 | 1550 | 5:27:43 | 5:29:44 | 2:34:42 | 2:53:00 | 7:46 |
| 36 | 212 | Renner, Charlotte | 59 | | EVONIK | 221 | 1553 | 5:32:45 | 5:34:46 | 2:29:21 | 3:03:24 | 7:53 |
| 37 | 94 | Schröder, Beate | 61 | | LC Duisburg | 222 | 1554 | 5:37:44 | 5:39:41 | 2:32:45 | 3:04:58 | 8:00 |

Klasse W50

| Platz | St-Nr. | Name | JG | NAT | Verein*/Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------------|----|-----|---------------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 90 | Pilgram, Bettina | 55 | | *Oberhausen | 19 | 306 | 3:24:11 | 3:24:33 | 1:37:02 | 1:47:08 | 4:50 |
| 2 | 181 | Niemann, Marianne | 53 | | LC Solbad Ravensberg | 34 | 467 | 3:33:57 | 3:34:20 | 1:44:10 | 1:49:46 | 5:04 |
| 3 | 275 | Bendhiba, Irene | 56 | | TV Refrath | 35 | 473 | 3:34:16 | 3:34:26 | 1:45:36 | 1:48:39 | 5:05 |
| 4 | 160 | Thoms, Petra | 55 | | LTV Kiel-Ost | 41 | 562 | 3:39:40 | 3:40:13 | 1:46:55 | 1:52:44 | 5:12 |
| 5 | 167 | Grubing, Mechthild | 54 | | LC Duisburg | 55 | 683 | 3:45:16 | 3:46:06 | 1:50:34 | 1:54:42 | 5:20 |
| 6 | 49 | Sult, Barbara | 53 | | TC Kray 1892 | 60 | 741 | 3:48:20 | 3:48:44 | 1:46:41 | 2:01:38 | 5:25 |
| 7 | 238 | Rohe, Mechthild | 53 | | TV Flerke | 62 | 755 | 3:49:22 | 3:49:59 | 1:48:53 | 2:00:28 | 5:26 |
| 8 | 139 | Christ, Daniela | 56 | | DVV Coburg | 63 | 764 | 3:49:33 | 3:49:37 | 1:48:37 | 2:00:56 | 5:26 |
| 9 | 243 | Heck, Ruth | 56 | BEL | Sc Bütgenbach | 79 | 852 | 3:54:52 | 3:55:35 | 1:51:07 | 2:03:45 | 5:34 |
| 10 | 269 | Fels, Helma | 56 | | *Korschenbroich | 98 | 946 | 3:57:57 | 3:59:04 | 1:58:39 | 1:59:18 | 5:38 |
| 11 | 234 | Derksen, Christa | 55 | | TSV Weeze | 104 | 1022 | 4:01:27 | 4:02:55 | 1:57:38 | 2:03:48 | 5:43 |
| 12 | 2017 | Rodies, Ursula | 55 | | LC Duisburg | 114 | 1072 | 4:05:42 | 4:07:11 | 2:02:22 | 2:03:19 | 5:49 |
| 13 | 89 | Mumm, Inge | 55 | | TSVE 1860 Bielefeld | 116 | 1083 | 4:06:44 | 4:07:52 | 1:59:31 | 2:07:13 | 5:51 |
| 14 | 54 | Neitzel, Luise | 57 | | Kempener TV | 139 | 1196 | 4:14:49 | 4:16:36 | 2:08:40 | 2:06:08 | 6:02 |
| 15 | 73 | Seidl, Brigitte | 57 | | *Bochum | 145 | 1230 | 4:17:55 | 4:18:41 | 2:00:46 | 2:17:08 | 6:07 |
| 16 | 45 | Strack, Eva | 57 | | *Tönisvorst | 162 | 1317 | 4:26:11 | 4:27:11 | 2:09:39 | 2:16:31 | 6:19 |
| 17 | 70 | Czerwonka, Gabriele | 57 | | LT-Union | 167 | 1343 | 4:28:10 | 4:29:38 | 2:14:05 | 2:14:04 | 6:21 |
| 18 | 428 | Hertz, Gisela | 55 | | Marathon Steinfurt | 170 | 1349 | 4:28:18 | 4:30:08 | 2:13:45 | 2:14:32 | 6:22 |
| 19 | 53 | Biedebach, Ute | 54 | | LC Duisburg | 173 | 1355 | 4:28:37 | 4:30:18 | 2:09:06 | 2:19:30 | 6:22 |
| 20 | 74 | Jagemann, Elisabeth | 55 | | *Essen | 174 | 1359 | 4:28:54 | 4:30:05 | 2:03:19 | 2:25:34 | 6:22 |
| 21 | 271 | Gramadies, Elke | 54 | | BSG Team EVAG | 181 | 1397 | 4:32:49 | 4:34:33 | 2:09:20 | 2:23:28 | 6:28 |
| 22 | 20 | Schiefer, Petra | 55 | | OTV Osterather Turnverein | 187 | 1416 | 4:35:39 | 4:35:58 | 2:15:16 | 2:20:22 | 6:32 |
| 23 | 59 | Deter, Marion | 55 | | TG Lage | 192 | 1437 | 4:39:50 | 4:41:33 | 2:11:10 | 2:28:39 | 6:38 |
| 24 | 2045 | Ortega Perez, Rosa Maria | 55 | | *Essen | 197 | 1460 | 4:44:07 | 4:45:46 | 2:08:35 | 2:35:31 | 6:44 |
| 25 | 239 | Koenen-Sliwka, Elfriede | 57 | | ems turbos warendorf | 200 | 1469 | 4:45:48 | 4:47:32 | 2:14:16 | 2:31:32 | 6:46 |
| 26 | 240 | Tschentscher, Brigitte | 57 | | *Herne | 211 | 1509 | 4:55:51 | 4:57:13 | 2:20:02 | 2:35:48 | 7:01 |

Alterklassen

14. Oktober 2007

edrukt 14.10.2007 16:41:31

Klasse W55

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------|----|-----|-------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 119 | Horst, Hannelore | 49 | | LSF Münster | 14 | 239 | 3:18:56 | 3:19:00 | 1:35:19 | 1:43:37 | 4:43 |
| 2 | 252 | Waschulewski, Rosi | 51 | | LuT Aschaffenburg | 135 | 1186 | 4:14:03 | 4:14:11 | 2:01:44 | 2:12:19 | 6:01 |
| 3 | 2101 | Intorp, Annette | 50 | | Athletik Waldniel | 153 | 1261 | 4:20:04 | 4:21:50 | 2:09:41 | 2:10:23 | 6:10 |
| 4 | 158 | Grundmann, Lisa | 49 | | TSV Raesfeld | 215 | 1526 | 5:00:57 | 5:01:37 | 2:13:47 | 2:47:09 | 7:08 |

Klasse W60

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|--------------------|----|-----|----------------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 142 | Zakharova, Nadezda | 45 | RUS | Angerland TL Lintorf | 48 | 640 | 3:43:43 | 3:44:00 | 1:46:30 | 1:57:12 | 5:18 |
| 2 | 216 | Schal, Anita | 47 | | EVONIK | 106 | 1024 | 4:01:48 | 4:02:46 | 1:57:52 | 2:03:56 | 5:44 |
| 3 | 126 | Haupt, Margot | 43 | | BSV AOK Leipzig | 112 | 1063 | 4:04:34 | 4:05:45 | 1:58:59 | 2:05:34 | 5:48 |
| 4 | 60 | Stiefelhagen, Doro | 47 | | *Sankt Augustin | 190 | 1433 | 4:39:23 | 4:41:09 | 2:08:41 | 2:30:42 | 6:37 |

Klasse W65

| Platz | St-Nr. | Name | JG | NAT | Verein/*Ort | Total | Pos | Netto | Brutto | 1.HM | 2.HM | Min/km |
|-------|--------|----------------|----|-----|-------------|-------|------|---------|---------|---------|---------|--------|
| 1 | 174 | Dahlhaus, Inge | 42 | | LG Hünxe | 213 | 1511 | 4:56:08 | 4:57:54 | 2:19:02 | 2:37:05 | 7:01 |