

8. Essener Rhein-Herne-Kanal Marathon

Ergebnisse vom 03.04.2022

Ultramarathon 50Km

| | | | |
|----|-------------------|-----------------------------------|---------|
| 1. | Andreas Giersberg | FunVor Run Witten | 5:20:00 |
| 2. | Karl Roch | LC Duisburg / 100 MC / Fuffi Crew | 5:58:01 |
| 3. | Arno Müller | Die Ruhrpotts Dortmund | 7:20:53 |

Marathon 42,6Km

| | | | |
|-----|--------------------------|----------------------------------|---------|
| 1. | Danny Harsters | VfL Bergheide 1919 e.V. | 3:19:38 |
| 2. | Thomas Vockel | | 3:48:31 |
| 3. | Bernhard Rensmann | SV Bawinkel | 3:58:26 |
| 4. | Rob Froonhoff | 100 MC NL | 4:27:31 |
| 5. | Martin Goedecke | | 4:42:35 |
| 6. | Thomas Menkhaus | LT Wischlingen Dortmund | 4:44:10 |
| | Andreas Rösler | LG Ultralauf | 4:44:10 |
| 8. | Klaus-Peter Ulmschneider | 100 MC | 5:11:53 |
| 9. | Ralf Schuster | TC Kray 1892 e.V. | 5:17:57 |
| 10. | Jürgen Binias | LC Duisburg | 5:20:45 |
| 11. | Andreas Bremer | PVTG Witten / 100 MC | 5:45:51 |
| 12. | Werner Kerkenbusch | 100 MC / VfL Bergheide 1919 e.V. | 5:52:10 |
| 13. | Volkmar Henke | 100 MC | 6:13:25 |
| 14. | Michael Scheele | TUSEM Essen | 7:19:49 |
| | Mario Husmann | 6./s Pi Btl 140 | 7:19:49 |
| 16. | Bernd Neumann | 100 MC / LG Vellmar | 7:49:36 |

| | | | |
|----|----------------|-------------------|---------|
| 1. | Eva Gaszek | LSF Münster | 3:58:27 |
| 2. | Julia Suwelack | LSF Münster | 5:04:08 |
| 3. | Birgit Jahn | TC Kray 1892 e.V. | 5:17:57 |
| 4. | Anja Reddert | 100 MC | 6:02:49 |

Halbmarathon 21,3Km

| | | | |
|----|--------------------|--------------------------|---------|
| 1. | Robert Kempf | RWO Endurance Team | 1:36:47 |
| | Björn Esser | TRC Essen 1984 | 1:36:47 |
| 3. | Hanno Baehr | TUSEM Essen | 2:04:34 |
| 4. | Dennis Kerkenbusch | VfL Bergheide 1919 e.V | 2:05:09 |
| 5. | Roland Leroi | LC Duisburg | 2:33:08 |
| 6. | Michael Klein | | 2:40:35 |
| 7. | Werner Britz | 100 MC / Ultraostfriesen | 4:09:20 |

| | | | |
|----|------------------|--|---------|
| 1. | Mona Monadjem | | 2:21:20 |
| 2. | Irmgard Rensmann | SV Bawinkel | 2:24:26 |
| 3. | Sonja Knorr | Grend-Runner/Team Erdinger Alkoholfrei | 2:57:15 |
| 4. | Annegret Lange | Grend-Runner | 2:57:15 |
| 5. | Gudrun Stockmann | VfL Bergheide 1919 e.V | 3:04:59 |

Laufen 35,5 Km

| | | | |
|----|------------|----------------|---------|
| 1. | Udo Kliche | Laufen in Lüdo | 3:56:20 |
|----|------------|----------------|---------|

Laufen 14,2 Km

| | | | |
|----|------------------|-----------------|---------|
| 1. | Johannes Kruse | TUSEM Essen | 1:19:35 |
| 2. | Markus Uhlendahl | TUSEM Essen | 1:19:42 |
| 3. | Thomas Lembeck | Feuerwehr Essen | 1:21:34 |

| | | | |
|----|-------------------|------------------------|---------|
| 1. | Cathrin Uhlendahl | TUSEM Essen | 1:19:42 |
| 2. | Nicole Koy | | 1:19:46 |
| 3. | Susanne Abeck | Grend-Runner | 1:54:38 |
| 4. | Karin Kempmann | VfL Bergheide 1919 e.V | 2:03:57 |

Laufen 7,1 Km

| | | | |
|----|--------------------|------------------------|-------|
| 1. | Ulrich Bienen | VfL Bergheide 1919 e.V | 51:47 |
| | Duc Tri Nguyen | VfL Bergheide 1919 e.V | 51:47 |
| 3. | Gia-Huy-Jan Trinh | VfL Bergheide 1919 e.V | 53:04 |
| 4. | Reinhard Schlutius | VfL Bergheide 1919 e.V | 55:48 |

| | | | |
|----|--------------------|------------------------|-------|
| 1. | Nicole Günster | RWO Endurance Team | 44:04 |
| 2. | Birgit Bränder | RWO Endurance Team | 46:33 |
| 3. | Michelle Stockmann | VfL Bergheide 1919 e.V | 51:47 |
| 4. | Haoi Thu Trinh | VfL Bergheide 1919 e.V | 51:47 |

Walking 7,1 Km

| | | | |
|----|---------------|-------------|---------|
| 1. | Hanna Scheele | TUSEM Essen | 1:15:10 |
| 2. | Jutta Scheele | TUSEM Essen | 1:15:16 |

Finisher

8. Essener Rhein-Herne-Kanal Marathon

Statistik – Distanzen

| Distanz -- Finisher | männlich | weiblich |
|---------------------|----------|----------|
| Ultramarathon | 3 | ---- |
| Marathon | 16 | 4 |
| 35,5 Km | 1 | ---- |
| Halbmarathon | 7 | 5 |
| 14,2 Km | 3 | 4 |
| 7,1 Km | 4 | 4 |
| Walking | | |
| 7,1 Km | - | 2 |
| Gesamt | 34 | 19 |

53 Finisher

53 Teilnehmer